

## **Ashley Gardens of Mount Vernon Hosts Dementia Caregiver Support Group**

**MT. VERNON**— Ashley Gardens of Mount Vernon, a memory care community at 3807 College Way, hosts a support every third Monday of the month. The next meeting will be held on Monday, July 21, at 2 p.m. at Trinity Lutheran Church, 301 S. 18th St.

The group provides a forum to share information, resources and coping techniques for persons with dementia, their caregivers, family and friends. For more information, please call Helen Fisher at 360- 419-9422 or visit the Web site at [www.cascadeliving.com](http://www.cascadeliving.com)  
<<http://www.cascadeliving.com/>> .