

## Ashley Gardens of Mount Vernon Hosts Support Group

**MT. VERNON**—Ashley Gardens of Mount Vernon, a memory care community located at 3807 College Way, hosts a monthly support group that is open to the public every third Monday of the month. The next meeting will be held on Monday, Jan. 19, at 2 p.m. at Trinity Lutheran Church, 301 S. 18th St.

The meeting is a forum to share information, resources and coping techniques for caregivers. For more information, please call Helen Fisher at 360-419-9422.