

# 2022

**\*\*Activities are subject to change\*\***

**Please Check the Weekly for any updates**







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February</h1>						
<p><b>National Healthy Heart Month</b></p>		<p><b>1</b> <b>Welcome to February Day</b></p> <p>9:30 Light &amp; Lively Exercise  <u>10:00 Bingo Buck Store</u>  <u>11:00 Bingo Buck Store</u>  <u>1:00 Errand Run</u>            2:30 Bingo</p>	<p><b>2</b> <b>Groundhog Day</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicles            1:30 Popcorn  <u>2:30 Art &amp; A Cup of Coffee</u></p>	<p><b>3</b> <b>Carrot Cake Day</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicles            10:30 Be EverFit Exercise Class  <u>11:00 Crafts</u>            1:30 Devotion/Bible Study            3:00 Happy Hour</p>	<p><b>4</b> <b>Wear Red Day</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicle            11:00 Flyswatter Volleyball            11:00-1:00 Billiards  <u>1:00 Movie</u>            2:30 Bingo</p> <p><b>Winter Olympics Begin</b></p>	<p><b>5</b></p> <p>9:30 Light &amp; Lively Exercise  <u>10:00 Saturday Coffee Crew</u>  <u>1:00 Wii Games</u>            1:30 Root Beer Float            2:30 Bingo</p>
<p><b>6</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Church Services            1:30 Sunday Sundaes  <u>3:00 Sunday Movie:</u></p>	<p><b>7</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicles  <u>10:00 Scenic Drive</u>            11:00 Wii Games  <u>2:30 Cup of Coffee &amp; Muffins w/ Brain &amp; Word Teasers</u></p>	<p><b>8</b> <b>Potato Lovers Day</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicles            10:30 Be EverFit Exercise Class  <u>1:00 Errand Run</u>  <u>1:30 Healthy You! w/Leanne</u>            2:30 Bingo</p>	<p><b>9</b> <b>National Pizza Day</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicles            11:00-1:00 Billiards            11:00 Flyswatter Volleyball            1:30 Popcorn  <u>2:30 Art &amp; A Cup of Tea</u></p>	<p><b>10</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicles            10:30 Be EverFit Exercise Class  <u>11:00 Crafts</u>            1:30 Devotion/Bible Study            3:00 Happy Hour  <u>3:00 All About Hearing</u></p>	<p><b>11</b> <b>Peppermint Pattie Day</b></p> <p>9:30 Light &amp; Lively Exercise            10:00 Daily Chronicle            11:00 Flyswatter Volleyball            11:00-1:00 Billiards            2:30 Bingo</p>	<p><b>12</b> <b>Jell-O Day</b></p> <p>9:30 Light &amp; Lively Exercise  <u>10:00 Saturday Coffee Crew</u>  <u>1:00 Wii Games</u>            1:30 Root Beer Float            2:30 Bingo</p>

# February 2022

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The Difference Between Living and Living Well

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>13</b></p> <p><b>Super Bowl Sunday</b></p>  <p>9:30 Light &amp; Lively Exercise 10:00 Church Services 1:30 Sunday Sundaes <b>3:00 Sunday Movie</b> <b>3:30 Super Bowl</b></p>	<p><b>14</b></p> <p><b>Valentine's Day</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles <b>10:00 Scenic Drive</b> 1:00 Wii Games <b>2:00 Music: Lee Howard</b> <b>3:30 Cup of Coffee &amp; Muffins w/Brain &amp; Word Teasers</b></p>	<p><b>15</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles 10:30 Be EverFit Exercise Class <b>1:00 Errand Run</b> <b>1:30 Healthy You! w/Leanne</b> 2:30 Bingo</p>	<p><b>16</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles 11:00-1:00 Billiards 11:00 Flyswatter Volleyball <b>1:30 Popcorn</b> <b>2:30 Art &amp; A Cup of Tea</b></p>	<p><b>17</b></p> <p><b>Healthy Hearts Day</b></p> <p><b>9:30 Foot Nurse</b> 9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles <b>10:00 Healthy Heart Talk</b> <b>11:00 Crafts</b> 1:30 Devotion/Bible Study 3:00 Happy Hour</p> 	<p><b>18</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicle 11:00 Flyswatter Volleyball 11:00-1:00 Billiards <b>1:00 Movie</b> 2:30 Bingo</p>	<p><b>19</b></p> <p><b>Blonde Brownie Day</b></p> <p>9:30 Light &amp; Lively Exercise <b>10:00 Saturday Coffee Crew</b> <b>1:00 Wii Games</b> 1:30 Root Beer Float 2:30 Bingo</p>
<p><b>20</b></p> <p><b>NBA All-Star Game</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Church Services 1:30 Sunday Sundaes <b>3:00 Sunday Movie</b> <b>5:00 NBA All-Star Game</b></p> 	<p><b>21</b></p> <p><b>President's Day</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Church Services 1:30 Sunday Sundaes <b>3:00 Sunday Movie</b> <b>5:00 NBA All-Star Game</b></p> <p><b>10:00 Scenic Drive</b> 1:00 Wii Games 2:30 Cup of Coffee and Muffins w/ Brain &amp; Word Teasers</p> <p><b>Cherry Pie Day!</b></p>	<p><b>22</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles 10:30 Be EverFit Exercise Class <b>1:00 Errand Run</b> <b>1:30 Healthy You! w/Leanne</b> 2:30 Bingo</p>	<p><b>23</b></p> <p><b>It Happened One Night</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles 11:00 Flyswatter Volleyball 11:00-1:00 Billiards <b>1:00 Movie: It Happened One Night</b> <b>1:30 Popcorn</b> <b>2:30 Art &amp; A Cup of Tea</b></p>	<p><b>24</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicles 10:30 Be EverFit Exercise Class <b>11:00 Crafts</b> 1:30 Devotion/Bible Study <b>3:00 Happy Hour</b></p>	<p><b>25</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Daily Chronicle 11:00 Flyswatter Volleyball 11:00-1:00 Billiards <b>1:00 Movie</b> 2:30 Bingo</p>	<p><b>26</b></p> <p>9:30 Light &amp; Lively Exercise <b>10:00 Saturday Coffee Crew</b> <b>1:00 Wii Games</b> 1:30 Root Beer Float 2:30 Bingo</p> 
<p><b>27</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Church Services 1:30 Sunday Sundaes <b>3:00 Sunday Movie</b></p>	<p><b>28</b></p> <p>9:30 Light &amp; Lively Exercise 10:00 Church Services 1:30 Sunday Sundaes <b>3:00 Sunday Movie</b></p> <p><b>10:00 Scenic Drive</b> <b>1:00 Wii Games</b> <b>2:30 Cup of Coffee and Muffins w/ Brain &amp; Word Teasers</b></p>	