

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2022

## Sierra Del Sol Lodge

<p>9:00 Virtual Non-Denominational Church Service 10:00 Sunday Morning Football 10:30 Morning Snack/Daily Chronicle 11:45 Namaste 1:30 Christmas Tree Decorating Party 3:00 Meet Me at the Movies w/ Popcorn</p>	<p>9:45 Communion 10:00 Current Events/ Daily Chronicle and Coffee 11:00 Categories 11:45 Namaste 1:30 Everfit Exercise 2:00 Sewing &amp; Such 2:30 Snack Social 3:00 Sing Along</p>	<p>9:30 Everfit Exercise 10:45 Morning Snack/Daily Chronicle 11:00 Noodle Ball 11:45 Namaste 1:30 Bingo 2:30 Snack Social 3:00 Making Christmas Cards 3:30 Reminisce</p>	<p>9:30 Everfit Exercise 10:00 Flower Arranging 10:30 Morning Snack 10:45 Hangman w/ Old Time Saying 11:45 Namaste 1:30 Christmas Vinyl Café 2:30 Sing Along w/ Linda Updike 3:00 Puzzle Group 6:30 Wheel of Fortune</p>	<p><b>National Pie Day</b> 9:30 Morning Stretch 10:00 Daily Chronicle 10:30 Morning Snack 11:00 Craft- Christmas Wreath 11:45 Namaste 1:30 Bingo 3:00 Pie Social 3:30 Meet Me at the Movies</p>	<p>9:00 Baking Homemade Bread 9:30 Everfit Exercise 10:00 Lodge Spa 10:30 Morning Snack 11:00 Sun Sound Reader 1:30 Beanbag Twister 2:30 Snack Social 3:00 Holiday Fun w/ Wild Bill 4:30 Jeopardy</p>	<p>9:30 Morning Stretch 10:00 Morning Snack/ Daily Chronicle 10:30 Bingo! 11:45 Namaste 1:30 Noodle Ball 2:30 Snack Social 3:00 Expoza Travel to Germany</p>
<p>9:00 Virtual Non-Denominational Church Service 10:00 Sunday Morning Football 10:30 Morning Snack/Daily Chronicle 11:45 Namaste 1:30 Balloon Volleyball 3:00 Meet Me at the Movies w/ Popcorn</p>	<p><b>National Gingerbread House Day</b> 9:45 Communion 10:00 Build a Gingerbread House 11:00 Categories 11:45 Namaste 1:30 Everfit Exercise 2:00 Cardio Drumming w/ Shannon 2:30 Snack Social 3:00 Sing Along</p>	<p>9:30 Everfit Exercise 10:30 Morning Snack/ Daily Chronicle 11:00 Noodle Ball 11:45 Namaste 1:30 Bingo 2:30 Chair Zumba w/ Liz 3:00 Uno</p>	<p>9:30 Everfit Exercise 10:00 Flower Arranging 10:30 Morning Snack 10:45 Scrapbooking 11:45 Namaste 1:30 What's Cooking? 2:30 Christmas Sing Along w/ Craig Plotner 6:30 Wheel of Fortune</p>	<p>9:30 Morning Stretch 10:00 Daily Chronicle 10:30 Morning Snack 11:00 Christmas Vinyl Cafe 11:45 Namaste 1:30 Bingo 3:00 Christmas Mocktails Social 3:30 Meet Me at the Movies</p>	<p>9:00 Baking Homemade Bread 9:30 Everfit Exercise 10:00 Lodge Spa 10:30 Morning Snack 11:00 Sun Sound Reader 1:30 Beanbag Twister 2:30 Snack Social 3:00 Banjo Doug 4:30 Jeopardy</p>	<p>9:30 Morning Stretch 10:00 Morning Snack/ Daily Chronicle 10:30 Bingo! 11:45 Namaste 1:30 Noodle Ball 3:00 Rick Steves European Christmas</p>
<p>9:00 Virtual Non-Denominational Church Service 10:00 Sunday Morning Football 10:30 Morning Snack/Daily Chronicle 11:45 Namaste 12:00 Christmas Lunch Celebrations 1:30 Balloon Volleyball 3:00 Meet Me at the Movies w/ Popcorn</p>	<p>9:45 Communion 10:00 Craft- Christmas Snowmen 11:00 Categories 11:45 Namaste 1:30 Everfit Exercise 2:00 Sewing &amp; Such 2:30 Snack Social 3:00 Sing Along</p>	<p>9:30 Everfit Exercise 10:00 Christmas Carols w/ The Croyle Family 11:00 Morning Snack/ Daily Chronicle 11:45 Namaste 1:30 Bingo 2:30 Snack Social 3:00 Christmas Reminisce</p>	<p>9:30 Everfit Exercise 10:00 Flower Arranging 10:30 Morning Snack 10:45 Hangman W/ Old Time Sayings 11:45 Namaste 1:30 Christmas Vinyl Café 2:30 Snack Social 3:00 Resident Christmas Caroling 6:30 Wheel of Fortune</p>	<p>9:30 Morning Stretch 10:00 Daily Chronicle 10:30 Morning Snack 11:00 Scenic Bus Ride 11:45 Namaste 1:30 Bingo 3:00 Eggnog Social 3:30 Meet Me at the Movies w/ Popcorn</p>	<p>9:00 Baking Homemade Bread 9:30 Everfit Exercise 10:00 Lodge Spa 10:30 Morning Snack 11:00 Sun Sound Reader 1:30 Clay Christmas Ornaments 2:30 Snack Social 3:00 Christmas Sing Alongs 4:30 Jeopardy</p>	<p>9:30 Morning Stretch 10:00 Bible Study &amp; Coffee 10:30 Bingo! 11:45 Namaste 1:30 Noodle Ball 2:30 Snack Social 3:00 Christmas Cookies &amp; Visit from Santa!</p>
<p>9:00 Virtual Non-Denominational Church Service 10:00 Disney Magical Christmas Day Parade 11:45 Namaste 2:00 It's a Wonderful Life w/ Christmas Cookies &amp; Hot Cocoa</p>	<p>9:45 Communion 10:00 Current Events/ Daily Chronicle and Coffee 11:00 Categories 11:45 Namaste 1:30 Everfit Exercise 2:00 Cardio Drumming w/ Shannon 2:30 Snack Social 3:00 Sing Along</p>	<p><b>National Fruit Cake Day</b> 9:30 Everfit Exercise 10:30 Morning Snack/ Daily Chronicle 11:00 Noodle Ball 11:45 Namaste 1:30 Bingo 2:30 Chair Zumba w/ Liz 2:30 Snack Social 3:00 Fruitcake Social w/ Coffee</p>	<p>9:30 Everfit Exercise 10:00 Flower Arranging 10:30 Morning Snack 10:45 Scrapbooking 11:45 Namaste 1:30 What's Cooking? 2:30 Snack Social 3:00 Puzzle Group</p>	<p>9:30 Morning Stretch 10:00 Daily Chronicle 10:30 Morning Snack 11:00 Craft New Year's Eve Party Hats 11:45 Namaste 1:30 Bingo 3:00 Ice Cream Sundae Social 3:30 Meet Me at the Movies</p>	<p>9:00 Baking Homemade Bread 9:30 Everfit Exercise 10:00 Lodge Spa 10:30 Morning Snack 11:00 Sun Sound Reader 1:30 Beanbag Twister 2:30 Snack Social 4:30 Jeopardy 5:00 New Year's Eve Celebrations w/ Jazz Singer Rene Taylor</p>	<p>9:30 Morning Stretch 10:00 Morning Snack/ Daily Chronicle 10:30 Bingo! 11:45 Namaste 1:30 Noodle Ball 3:00 Expoza Travel to Hawaiian Islands 6:00 New Years at Times Square</p>

Schedule subject to change, for the most up to date information please see the Daily. Sierra Del Sol Senior Living 8151 E Speedway Blvd. Tucson, AZ