

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
HAPPY NEW YEAR!!! 1 1:05 Game Day <i>Seahawks vs Jets</i> New Year's Day	2 9:30 Body Joint Exercise FC 10:00 Coffee Social B 10:00 Cribbage B 11:00 Yoga Stretch FC 1:00 Casino 6:00 Mexican Train L	3 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Strength & Balance FC 1:00 Pool and Darts SL 1:00 Wheaton Way shopping 3:00 Bunco GL 6:00 Mexican Train L	4 9:30 Body Joint Exercise FC 10:15 Bible Study TH 11:00 Yoga Stretch FC 1:00 Wii Bowling TH 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL 3:00 Happy Hour/Fun Singers DR 6:15 Movie TH	5 9:30 Body Joint Exercise FC 10:00 Blood Pressure Check B 10:00 Tech Support PR 11:00 Strength & Balance FC 1:00 Bean Bag Baseball TH 2:00 Phase 10 GL 3:00 Crafts PR 6:00 Mexican Train L	6 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 <i>Walk the Halls w/ Wendy</i> 1:00 Bingo GL 1:00 Wii Bowling TH 3:00 Social Hour GL 6:15 Movie TH	7 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 Adult coloring/Paint by number GL 1:00 PUZZLES! FL 2:00 Mexican Train L 4:00 Dinner Outing 6:15 Movie TH		
8 9:00 Church Runs 10:00 Wii Bowling 1:00 Silverdale Shopping 1:00 Mexican Train L 3:00 Memory Lane PR 6:15 Movie and Popcorn TH	9 9:30 Body Joint Exercise FC 10:00 Coffee Social B 10:00 Cribbage B 11:00 Yoga Stretch FC 11:15 Lunch and Bug Museum 6:00 Mexican Train L	10 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Strength & Balance FC 1:00 Corn Hole Th 1:00 Wheaton Way Shopping 3:00 Blackjack GL 6:00 Mexican Train L	11 9:30 Body Joint Exercise FC 10:15 Bible Study TH 11:00 Yoga Stretch FC 1:00 Wii Bowling TH 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL 3:00 Happy Hour/Karaoke DR 6:15 Movie TH	12 9:30 Body Joint Exercise FC 10:00 Blood Pressure Check B 10:00 Tech Support PR 11:00 Strength & Balance FC 1:00 Bean Bag Baseball TH 2:00 Phase 10 GL 2:00 Ageility Health talk & Walker clinic TH 3:00 Crafts PR 6:00 Mexican Train L	13 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 <i>Walk the Halls w/ Wendy</i> 1:00 Bingo GL 1:00 Wii Bowling TH 3:00 Social Hour 6:15 Movie TH	14 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 Adult coloring/Paint by number GL 1:00 TRIVIA! TH 2:00 Mexican Train L 6:15 Movie TH		
15 9:00 Church Runs 10:00 Wii Bowling 1:00 Recipe Club PR 1:00 Mexican Train L 3:00 Painting on Canvas PR 6:15 Movie and Popcorn TH	Martin Luther King Jr. 16 9:00 Foot Care TH 9:30 Body Joint Exercise FC 10:00 Coffee Social B 11:00 Yoga Stretch FC 1:00 Casino 6:00 Mexican Train L Martin Luther King Jr. Day	17 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Strength & Balance FC 1:00 Pool and Darts SL 1:00 Wheaton Way shopping 3:00 Poker GL 6:00 Mexican Train L	18 9:30 Body Joint Exercise FC 10:15 Bible Study TH 11:00 Yoga Stretch FC 1:00 Wii Bowling TH 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL 2:00 Town Hall 3:00 Happy Hour/Old time Fiddlers DR 6:15 Movie TH	19 9:30 Body Joint Exercise FC 10:00 Blood Pressure Check B 10:00 Tech Support PR 11:00 Strength & Balance FC 1:00 Bean Bag Baseball TH 1:00 Bank/Post Office/Library 2:00 Phase 10 GL 3:00 Chef Talk TH 6:00 Mexican Train L	20 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 <i>Walk the Halls w/ Wendy</i> 1:00 Bingo GL 1:00 Wii Bowling TH 3:00 Social Hour 6:15 Movie TH	21 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 10:30 Breakfast Outing 11:00 Adult coloring/Paint by number GL 1:00 Wii Bowling TH 2:00 Mexican Train L 3:00 Crafts PR 6:15 Movie TH		
22 9:00 Church Runs 10:00 Wii Bowling *Time TBA*: Outing to the Movie Theatre 1:00 Mexican Train L 6:15 Movie and Popcorn TH Chinese New Year (Year of the Rabbit)	23 9:30 Body Joint Exercise FC 10:00 Coffee Social B 10:00 Welcome Committee L 11:00 Yoga Stretch FC 11:15 Lunch outing and Museum of Flight 6:00 Mexican Train L Activity Professionals Week	24 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Strength & Balance FC 1:00 Corn Hole TH 1:00 Wheaton Way Shopping 3:00 Farkle GL 6:00 Mexican Train L	25 9:30 Body Joint Exercise FC 10:00 Eyeglass Clinic B 10:15 Bible Study TH 11:00 Yoga Stretch FC 1:00 Wii Bowling TH 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL 1:00 Book Club L 3:00 Happy Hour/Marty DR 6:15 Movie TH	26 9:30 Body Joint Exercise FC 10:00 Blood Pressure Check B 10:00 Tech Support PR 11:00 Strength & Balance FC 1:00 Bean Bag Baseball TH 2:00 Phase 10 GL 3:00 Birthday/Welcome Party DR 6:00 Mexican Train L Australia Day (observed)	27 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 <i>Walk the Halls w/ Wendy</i> 1:00 Bingo GL 1:00 Wii Bowling TH 3:00 Social Hour 6:15 Movie TH	28 9:30 Body Joint Exercise FC 9:45 Meditation FC 10:00 Wii Bowling TH 11:00 Adult coloring/Paint by number GL 1:00 Baking PR 2:00 Mexican Train L 3:00 Crafts PR 6:15 Movie TH		
29 9:00 Church Runs 10:00 Wii Bowling 1:00 Scenic Drive 1:00 Mexican Train L 3:00 Painting on Canvas PR 6:15 Movie and Popcorn TH	30 9:30 Body Joint Exercise FC 10:00 Coffee Social B 10:00 Cribbage B 11:00 Yoga Stretch FC 1:00 Casino 6:00 Mexican Train L	31 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Strength & Balance FC 1:00 Pool and Darts SL 1:00 Wheaton Way Shopping 3:00 Blackjack GL 6:00 Mexican Train L						

FC=Fitness Center ● B=Bistro ● TH=Town Hall ● PR=Project Room ● GL=Game Lounge ● SL=Sports Lounge ● FL= Fireside Lounge L=Library DR=Dining Room