

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday



(THR) = Theater
(BST) = Bistro
(DTA) = Delta
(YT) = YouTube
(DR) = Dining Room
(BTY) = Bentley
(LBY) = Lobby
(NF) = Netflix

Pink = Intellectual Activities
Rust = Resident Mtgs
Purple = Continuous Learning
Yellow = Physical Activities
Orange = Spiritual Activities
Blue = Creative Activities
Green = Games
Red = Outings
Black = General Interest
Dark Green = Quarterly

Change Your Password Day 1
Celebration of Chocolate Mon
9am & 11am EverFit with Don
9am – Vital Sign Clinic (BST)
11:15am – YouTube Beginning Chair Yoga (thr)
1:30pm – Color Pencil Demo
2:45pm – Bunco (DTA)
5:30pm – Alzheimer’s Support Group (THR)

Groundhog Day 2
Barbara Streisand Tops Charts
9am & 11am: EverFit with Don
10:15am – YouTube Beginning Chair Yoga (THR)
10:30am: Bible Study (THR)
2:00pm: Timothy Patrick (DR)
3:15pm: Video & Discussion: The Green Comet (THR)
6:30pm: The Way We Were (YT)
Groundhog Day

Nat’l Wear Red Day! Paper Money Day! 3
9am & 11am: EverFit with Don
10:15am – Shopping: Fred Meyer and St. Vincent De Paul (DR)
1:30pm: Louis Faro – Piano (DR)
4:00pm: Happy Hour (BST)
6:30pm It’s A Mad, Mad...World (yt)

USO is Founded 4
Homemade Soup Day
10:30am: Doc – United Service Organization – Wherever They Go – The Big Picture (YT)
1:30pm: Oregon History with Tim (DTA)
2:45pm: Bingo! (DTA)
6:30pm: The Villain (Spoof-Comedy) (YT)

Monarch Butterfly Day 5
Hank Aaron Birthday
Mary Jane Day
Red Buttons Day (AKA...Aaron Chwatt)
10:30am: Worship with Grace Community Fellowship (THR)
2:00pm: Color Blending
3:15pm: Bingo! (DTA)
6:30pm: Born Yesterday (1950) (YT)

Make Believe Monday 6
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (THR)
11:00am – Donna on Piano
1:30pm – The Activities Forum
2:45pm – Bingo! (DTA)
4:00pm – Relaxation Hour (THR) Unwind with Music.
6:30pm – Movie: To Sir with Love (YT)

Swinging on a Star Day 7
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (thr)
1:30pm – World Historical Disc with Tim (DTA)
2:45pm – Crafting with Terri
6:30pm – Movie: Never Say Goodbye (YT)

Laugh and Grow Rich Day 8
9am & 11am: EverFit w/ Don
11:15am YouTube Beginning Chair Yoga (thr)
1:30pm – Resident Council
2:45pm – Ageility’s Monthly Chat (THR)
6:30pm – Movie: The Second Time Around (YT)

Snail Mail Day 9
Chocolate Kiss Day
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (THR)
10:30am – Bible Study (THR)
1:30pm – Current Events: Has Our Freedom of Speech Been Limited or Liberated?
2:45pm – Pente Game (dta)
6:30pm – Movie: Back to the Future

Story Telling Day 10
Broadway Play Day
9am & 11am: EverFit w/ Don
10:15am – Phase 10 Cards (dta)
1:30pm – Shopping: Walmart
2:00pm – Gary Battles (DR)
2:45pm – **Cooking but UnBaked with Beth (DTA)**
4:00pm: Happy Hour (BST)
6:30pm – Movie: Apache Rifles (YT)

Inventors Day 11
Peppermint Patty Day
9:30am: Breakfast at Elmers
10:15am – YouTube Beginning Chair Yoga (thr)
1:30pm: Oregon History with Tim (dta)
2:45pm: Bingo! (dta)
6:30pm: The Long Way Home (yt)

Random Acts of Kindness Week 12
10:30am: Worship with Grace Community Fellowship (THR)
1:30pm: Wow with John in Classic Vintage (Theater)
3:00pm: NFL Superbowl Sunday (Theater)
3:15pm: Bingo! (DTA)
6:30pm: Young Mr. Lincoln (YT)

Post Office Day 14
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (thr)
10:15am – Valentine’s Tea Party
1:30pm – World Historical Discussion with Tim (DTA)
2:45pm – Crafting with Terri
6:30pm – Movie: The Big Country (YT)
Valentine’s Day

Flag Day (Canada) 15
National Hippo Day
Happy Birthday Jane Seymour
9am & 11am: EverFit w/ Don
11:15am- YouTube Beginning Chair Yoga (thr)
1:30pm – Chef’s Corner
2:45pm – Rummikub (dta)
5:30pm – Alzheimer’s Support Group (THR)

Pony Express Day 16
9am & 11am: EverFit w/ Don
10:15am – Holly’s Jewelry
10:15am – YouTube Beginning Chair Yoga (THR)
10:30am – Bible Study (THR)
1:30pm – Current Events: Are Our Rights Limited Toward Alternative Medicine?
2:45pm – Color Blending (dta)
6:30pm – Movie: My Man Godfrey (YT)

Healthy Hearts Day 17
Back-Yard Bird Watching Day
9am & 11am: EverFit w/ Don
10:15am – Crochet 101
1:30pm – Shopping: Bi-Mart / Grocery Outlet
2:00pm – Soo Hyun (DR)
4:00pm: Happy Hour (BST)
6:30pm – Movie: Support Your Local Gunfighter (YT)

Unique Mammals Day 18
Happy Birthday John Travolta
Planet Pluto Day
9:30am: Outing to Omzi
10:15am – YouTube Beginning Chair Yoga (THR)
2:45pm: Bingo! (dta)
6:30pm: Twins (NF)

Pisces the Fish Day 19
NBA All Star Game Day
Nascar Day
10:30am: Worship with Grace Community Fellowship (THR)
2:00pm: Group Impromptu Prose (THR)
3:15pm: Bingo! (DTA)
6:30pm: Support Your Local Sherriff (YT)

Love Your Pet Day 20
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (THR)
11:00am – Donna on Piano
2:00pm – Gus Russell / Piano
2:45pm – Bingo! (DTA)
4:00pm – Relaxation Hour (THR) Unwind with Music
6:30pm – Movie: Oklahoma (dvd)

Pancake Tuesday 21
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (thr)
1:30pm – World Historical Discussion (DTA)
2:45pm – Mardi Gras Party with Family Social
6:30pm – Movie: Kiss Me Kate (dvd)
Mardi Gras

Ash Wednesday 22
Worst Broadway Play Day
Margarita Day
9am & 11am: EverFit w/ Don
11:15am – YouTube Beginning Chair Yoga (thr)
1:30pm – Open House (BST)
2:45pm – Crafting with Terri
6:30pm – Movie: The Legend of Zorro (NF)
Ash Wednesday

Flag Raising on Iwo Jima Anniversary 23
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (THR)
10:30am – Bible Study (THR)
2:00pm – Julie’s Singing Again
3:15pm – Current Events: How Far do you Think we’ll go with Cryptocurrency?
6:30pm – Movie: Red River (YT)

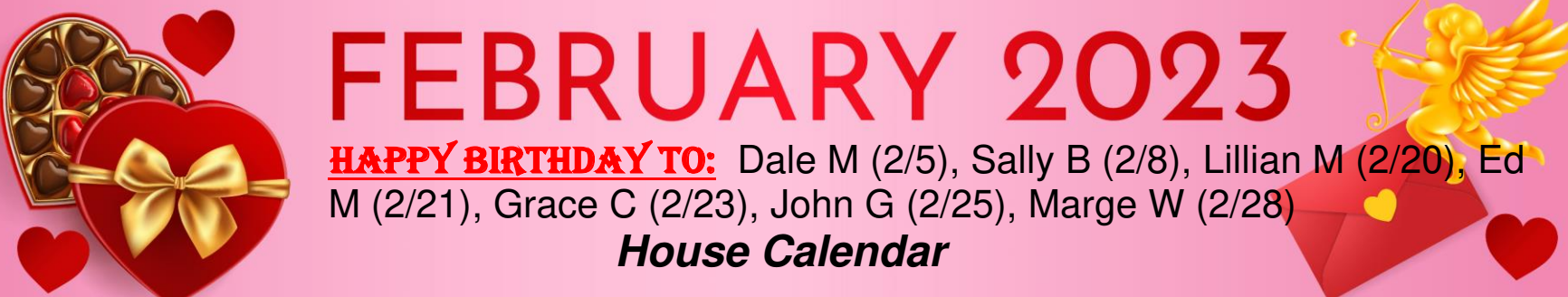
Once Upon A Time Day 24
Can It Day
9am & 11am: EverFit w/ Don
10:15am – Shopping: Delta Oaks Shopping Center
10:30am – Beginning Crochet
1:30pm – **The Veteran’s League**
2:00pm The Reader Theater (DTA)
4:00pm: Happy Hour (BST)
6:30pm – Movie: Dog Gone (NF)

Chocolate Covered Nuts Day 25
10:15am – YouTube Beginning Chair Yoga (THR)
10:30am: Scenic Drive
1:30pm: Oregon History with Tim (DTA)
2:45pm: Bingo! (DTA)
6:30pm: 2 Hearts (NF)

Johnny Cash Day 26
10:30am: Worship with Grace Community Fellowship (THR)
1:30pm: Wow with John in Classic Vintage
2:45pm: Craft Demo with Terri
3:15pm: Bingo! (DTA)
6:30pm: The Three Musketeers (YT)

No-Brainer Day 27
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (THR)
11:00am – Donna on Piano
1:30pm – Phase 10 Card Game
2:45pm – Bingo! (DTA)
4:00pm – Relaxation Hour (THR) Unwind with Music
6:30pm – Movie: Seven Years in Tibet

Sunny Side Day 28
Chocolate Souffle Day
9am & 11am: EverFit w/ Don
10:15am – YouTube Beginning Chair Yoga (thr)
1:30pm – World Historical Discussion (DTA)
2:45pm – Crafting with Terri
6:30pm – Movie: The State Fair (dvd)



FEBRUARY 2023

HAPPY BIRTHDAY TO: Dale M (2/5), Sally B (2/8), Lillian M (2/20), Ed M (2/21), Grace C (2/23), John G (2/25), Marge W (2/28)

House Calendar