

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Happy Valentine's Day



North Shore

Birthdays!
Lillian M 2/20
Ed Mayers 2/21

1
9:30 Coffee Chat
10:00 **Scenic Drive**
1:30 Reminiscent Table
2:15 Ever Fit with Don
3:30 Afternoon Walk
(Weather Permitting) / Beach
Ball Tossing Name Game

2
9:30 Coffee Chat
10:00 Ever Fit with Don / Join
with South Shore
1:30 Easy Trivia
2:00 **Timothy Patrick (AL
Dining Room)**
3:30 Afternoon Walk
(Weather Permitting)
Groundhog Day

3
9:30 Coffee Chat
10:00 **Music and singing
Jeff**
1:30 Valentine Craft
2:15 Ever Fit with Don
3:00 Shake a Memory
Game
3:30 Outdoor Walk

4
9:30 Coffee Chat
10:00 Morning Stretches
11:00 Daily Chronicle
1:30 Saturday Matinee
Popcorn and Drinks
2:30 **Sing a-long with
Robin at South Shore**
3:30 Outdoor Walk

5
9:30 Coffee Chat
10:00 Painting Craft
1:30 **Sing a-long at South
Shore with Robin**
2:30 Ice Cream Social
3:30 Puzzle Club
4:00 Walk before Dinner

6
9:30 Coffee Chat
10:00 **Julie Singing**
1:30 EZ Dose It Trivia
2:15 Ever Fit with Don
3:30 **Piano with Robin**
4:00 More about the Great
Northwest

7
9:30 Coffee Chat
10:00 Finish the Phrase
1:30 Mix and Match Game
2:15 Ever Fit with Don
3:30 Color Blending
4:00 Walk before Dinner
(Weather Permitting)

8
9:30 Coffee Chat
10:00 **Scenic Drive**
1:30 Puzzle and Word
Search
2:15 Ever Fit with Don
3:30 Candy Bingo

9
9:30 Coffee Chat
10:00 Finish the Phrase
1:30 Easy Trivia
2:15 Ever Fit with Don
3:00 **3:00 Pani's Therapy
Dance (Delta Room)**
4:00 Walk before Dinner
(Weather Permitting) /
Beach Ball Toss & Name
Game

10
9:30 Coffee Chat
10:00 Ever Fit with Don with
South Shore Friends
1:30 Reminiscent table
2:00 **Gary Battles
Performs (AL Dining Room)**
3:30 Puzzle Club

11
9:30 Coffee Chat
10:00 Morning Stretches
Katie
1:30 Saturday Matinee
Popcorn and Drinks
2:30 **Sing a-long with
Robin at South Shore**
3:30 Outdoor Walk

12
9:30 Coffee Chat
10:00 Fun Facts Trivia and
Circle Kick Ball
1:30 **Sing a-long at South
Shore with Robin**
2:30 Making Valentines
3:30 Wild North Pacific
4:00 Walk before Dinner

13
9:30 Coffee Chat
10:00 Morning Walk and
Puzzle Club
1:30 Decorating Valentine
Hearts
2:15 Ever Fit with Don
3:30 Who am I Trivia
4:00 Planet Earth

14
9:30 Coffee Chat
10:00 Ever Fit with Don with
South Shore Friends
1:30 **Lydia Lord Piano**
2:15 Valentine Trivia
3:30 Walk Before Dinner
(Weather Permitting)
Valentine's Day

15
9:30 Coffee Chat
10:00 **Scenic Drive**
1:30 Reminiscent Table
2:15 Ever Fit with Don
3:30 More about the Great
Northwest

16
9:30 Coffee Chat
10:00 American Trivia
1:30 Movie Time: The
Villain (Comedy Spoof)
2:15 Ever Fit with Don
3:30 Afternoon Walk (Look
for Signs of Spring) /
Weather Permitting

17
9:30 Coffee Chat
10:00 Watercolors on
Canvas
1:30 Tapple 10 Game
2:15 Ever Fit with Don
3:30 Outdoor Walk

18
9:30 Coffee Chat
10:00 Morning Stretches
1:30 Saturday Matinee
Popcorn and Drinks
2:30 **Sing a-long with
Robin at South Shore**
3:30 Outdoor Walk

19
9:30 Coffee Chat
10:00 Candy Bingo
1:30 **Entertainment with
Timothy Patrick**
2:30 Root beer Social
3:30 Cornhole
4:00 Walk before Dinner

20
9:30 Coffee Chat
10:00 Splash Tile Painting
1:30 Reminiscent Table
2:15 Ever Fit with Don
2:45 **Gus Russell on Piano
(AL Dining Room)**
4:00 Scenic Wilderness of
Of the World
Presidents' Day

21
9:30 Coffee Chat
10:00 Morning Walk
(Weather Permitting)
1:30 **Lydia Lord Piano (SS)**
2:15 Ever Fit with Don
3:30 Green Punch Social
(with South Shore)
Mardi Gras

22
9:30 Coffee Chat
10:00 **Scenic Drive**
1:30 Puzzle and Word
Search
2:15 Ever Fit with Don
3:30 Afternoon Walk
(Weather Permitting) /
Beach Ball Tossing Name
Game
Ash Wednesday

23
9:30 Coffee Chat
10:00 Ever Fit with Don /
Join our South Shore
Friends
1:30 Name the States
2:00 **Julie's Singing (AL
Dining Room)**
3:30 Walk before Dinner
(Weather Permitting) /
Beach Ball Tossing Name

24
9:30 Coffee Chat
10:00 Color Pencil Blending
1:30 **Sing a-long with
Robin**
2:15 Ever Fit with Don
3:30 Scenic Wilderness of
Of the World

25
9:30 Coffee Chat
10:00 Morning Stretches
Katie
1:30 Saturday Matinee
Popcorn and Drinks
2:30 **Sing a-long with
Robin at South Shore**
3:30 Outdoor Walk

26
9:30 Coffee Chat
10:00 Who Am I Trivia
1:30 **Sing a-long at South
Shore with Robin**
2:30 Cornhole
3:30 Candy Bingo
4:00 Walk before Dinner

27
9:30 Coffee Chat
10:00 Morning Walks
1:30 Finish the Phrase
2:15 Ever Fit with Don
3:30 What Am I Trivia
4:00 Wild Kingdom

28
9:30 Coffee Chat
10:00 American Trivia
1:30 Movie Time: Oklahoma
(with South Shore)
2:15 Ever Fit with Don
3:30 Afternoon Walk
(Weather Permitting) / Beach
Ball Tossing Name Game

February 2023

North Shore