

Management Team

Misty Nicholas-Liceaga- Associate Executive Director

Jacqui Michuda RN - RN Oversight

Jessica Burke RN- Wellness Director

Nicole Marquez- Resident Care Coordinator

Julie Gibbons RN- Memory Care Wellness Director

Beverly Lakey- Memory Care Resident Care Coordinator

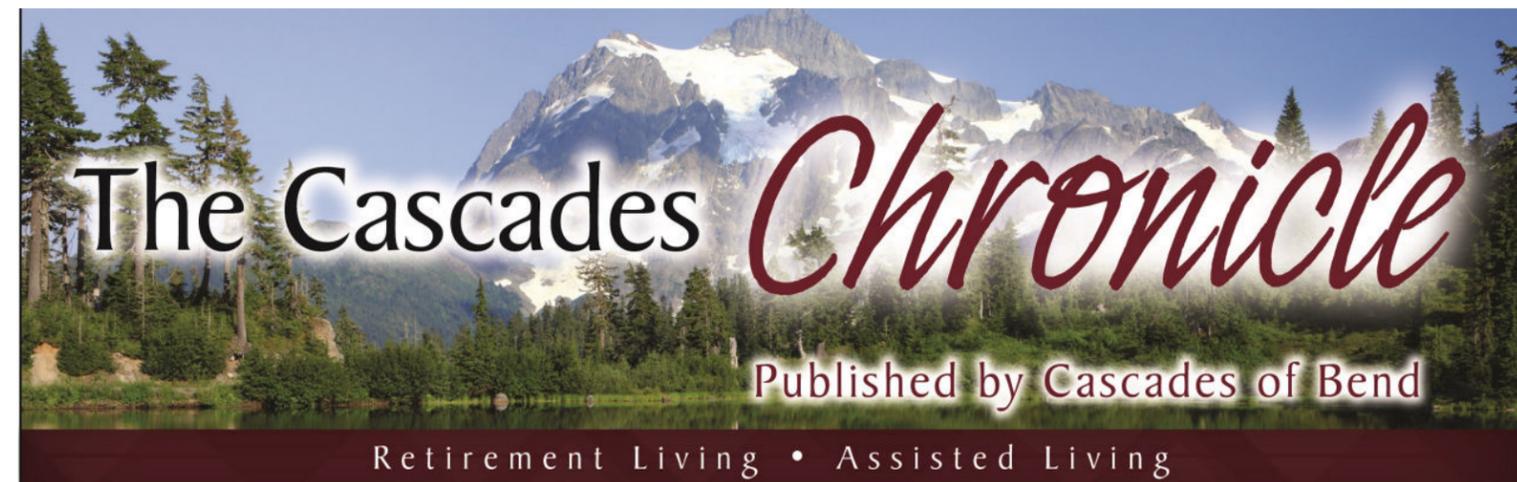
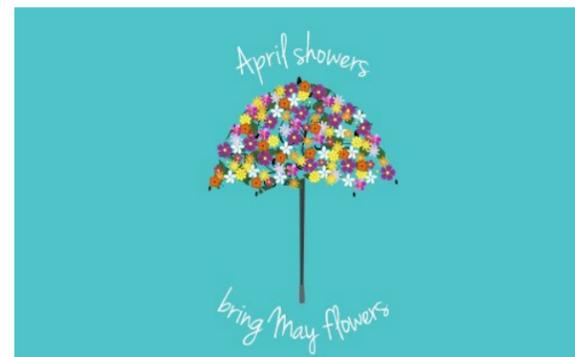
Mike Miller- Community Relations Director

Kelly Graves - Life Enrichment Director

Meghan Payne - Dining Services Director

M. Langston - Plant Operations Director

*Articles and Photos Provided by Activity Connection



Celebrating April

Jazz Appreciation Month

Poetry Month

Kite Month

April Fools' Day

April 1

International Pillow

Fight Day

April 2

Scrabble Day

April 13

Passover

April 15-23

Easter

April 9

Earth Day

April 22

Arbor Day

April 29

Party Time

April 3 is World Party Day, which provides humankind with an opportunity to coordinate our efforts to throw a worldwide simultaneous celebration. The idea of a global celebration originated in the book *Flight*, by Vanna Bonta, which ends with the entire world counting down to a worldwide party on April 3, 2000. Readers were so inspired by her vision that they could not wait until the year 2000. Instead, they organized the first World Party Day on April 3, 1996.

What is it about humans and their need to throw a good party? Anthropologist and evolutionary psychologist Robin Dunbar believes that partying is a primal human instinct that we have been compelled to satisfy for millennia. What sets the human species apart from other animals is its massive brain volume. Evolutionarily speaking, our large brains demand lots of attention. Brains require a massive amount of energy, and so we need to fuel them with food. Once they are fueled, our brains allow us to manage incredible social complexities and build massive social communities. Mr. Dunbar argues that as group size increases, it becomes harder and harder to establish and maintain social cohesion and relationships. Partying is our species' unique solution to this problem.

Social practices associated with parties—eating, laughter, singing, and dancing—stimulate the release of endorphins in our brains, reinforcing good feelings and promoting community. Dunbar even goes as far as suggesting that music and dancing in particular are still more likely to take place in the evening, corresponding to another instinctual drive to gather, sing, and dance around fires.

As a species primed and ready to party, World Party Day on April 3 seems like a no-brainer. With a variety of social media applications ready to spread communication across the globe in mere seconds, all it takes is the click of a button to send out an invite to the world.

SPRING BREAK

U U V A F J Q T J E M F Z D L I Y R G X
 Y T E V M R Z S K H D X T S N I H X J C
 U U T B L O S S O M S H W W Q L R N Z N
 T X S Q E E N T U L I P S S L M O Q J X
 M U L T E H Z I E E S B U S H R A T B T
 C S U N S H I N E X A E B P U D D L E S
 W K A N K X M R R U I M B G O P T D I I
 L S A E L J P X C A R O D Q J E R S U O
 J Q R C D Y Y J R E P D J K S A I G B N
 R A I N B O O T S T L X A W K W P I M S
 D U G K D B G V A C A T I O N D H H A Y
 B G A M E S K N B J N A L I R P H X H O
 H U H V B W B C J F E C D X B T C P E W
 J W J M Z Y S T F R D U F S Y P P A E J
 O S L E E P I N G I N W J P F C P C M R
 H A V P L Y M D H E M X B R E H F O Q Z
 Y N Q T L H C V X N Y I F I N R M J T M
 A N Z V L T E Y W D C W S N E B V L L M
 W T N H F C V C P S Y K I G C O K M D R
 C A I O Q S E B I P E Z N O P Y O F Q F



SUNSHINE
 VACATION
 RAIN BOOTS
 ROAD TRIP

AIRPLANE
 SLEEPING IN
 FRIENDS
 SPRING

BLOSSOMS
 GAMES
 PUDDLES
 TULIPS



The Almighty Dollar

The U.S. dollar is one of the strongest and most traded currencies on the planet, and its symbol \$ is instantly recognizable. It was invented by accident by Oliver Pollack on April 1, 1778. Pollack was an Irish merchant living in New Orleans when the Revolutionary War began. War was expensive. As a British colony in revolt, America could not use British currency, so the Spanish peso became the preferred method of payment. Luckily for Pollack, he had built his fortune in Spanish pesos through illegal trading in the Spanish Caribbean. Pollock lent the Americans 300,000 Spanish pesos, equivalent to one billion of today's dollars, and kept detailed records of his transactions. In a ledger dated April 1, 1778, Pollack scribbled "ps," short for Spanish *peso*, in a way that looked like the dollar sign \$. In 1797, founding father Robert Morris adopted the strange symbol for America's new currency.

Joke Of The Month

Why Do Bees Have Sticky Hair?

Because They Use Honeycombs!

Resident Birthdays

Larry W 04/05 Millie T. 04/30
 Louise G. 04/06
 Peggy S. 04/18
 Leota D. 04/29

April Horoscopes & Famous Birthdays

In astrology, those born from April 1-19 are Rams of Aries, the first sign of the zodiac. Rams are unafraid to forge ahead with passion, zeal, and confidence. Full of optimism and hope, they are both eager to get the job done and unafraid to confront problems head-on. Those born from April 20-30 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work and dedicate themselves to the tasks at hand. Their steadfast nature makes them reliable.

Marvin Gaye (singer) - April 2, 1939
 Eddie Murphy (comedian) - April 3, 1961
 Sterling K. Brown (actor) - April 5, 1976
 Jackie Chan (actor) - April 7, 1954
 Julie Christie (actress) - April 14, 1940
 Charlotte Brontë (writer) - April 21, 1816
 Barbra Streisand (entertainer) - April 24, 1942
 Ella Fitzgerald (singer) - April 25, 1917
 Willie Nelson (musician) - April 29, 1933



Snack Cake Super Stardom

James Dewar started working at Illinois' Continental Baking Company in the 1920s as a delivery boy, hawking pastries from a horse-drawn cart. By 1930, he had risen to plant manager, and on April 6 of that year, he created the most famous snack cake the world has ever known, the Twinkie. Before the cakes were called Twinkies, they were Little Shortcake Fingers, pre-packaged strawberry-filled shortcakes that were available only during the short strawberry-harvest season. The idle factory equipment drove Dewar to invent a new, still nameless, yellow sponge cake filled with banana crème. While on his way to a marketing meeting, Dewar passed a billboard advertising Twinkle Toe Shoes. He had found the Twinkies name, and the rest is snack cake history.