

Mother's Peace Day

Anna Jarvis is often credited with founding the first Mother's Day, in 1908, but it was poet and abolitionist Julia Ward Howe who made the first Mother's Day Proclamation for Peace, in 1870. Howe was already well known for authoring "The Battle Hymn of the Republic," and her fame lent greater weight to her advocacy for peace.

As a nurse during the American Civil War, Howe had seen firsthand the ravages of war. When she saw the specter of war rising yet again at the onset of the Franco-Prussian War, she spoke out for an international Mother's Day where mothers from all over the world would give counsel on how to achieve peace. She wrote: "Arise, then, women of this day! Arise all women who have hearts, whether our baptism be that of water or of tears!"

Indeed, Anna Jarvis' mother had worked with Julia Ward Howe, a relationship that inspired Jarvis' Mother's Day.

Leadership Team

Cherie Long
Executive Director

Erin Baumann
Concierge – Extended

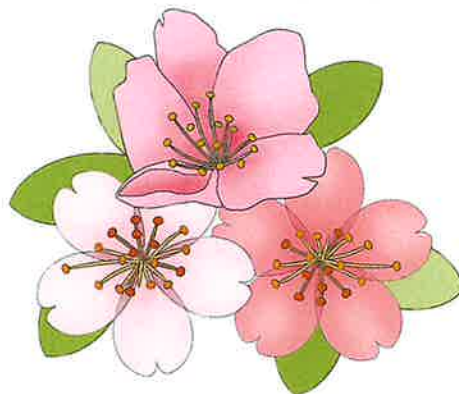
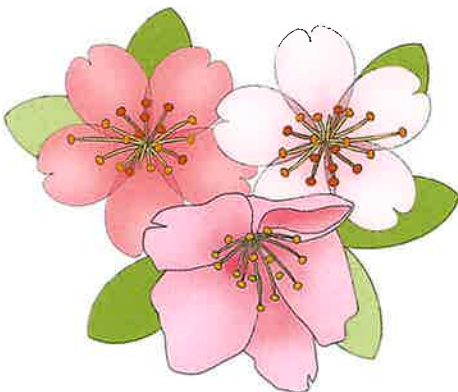
Britny Loehr, LPN
Wellness Director

Cari Mautlsby
Community Relations
Director

Denise Bradbury
Dining Services Director

Rita Frazier
Life Enrichment Director

Poet Hobbs
Plant Operations Director



Upcoming Events

(Sign-up required for all outings)

Outing: Lunch at Ta Ra Rin

Wednesday, May 3rd at 11:30

Cinco de Mayo Celebration

Friday, May 5th at 3pm

Outing: Emerald Lanes

Wednesday, May 10th at 1:30

Mother's Day Tea

Sunday, May 14th at 2pm

Gus Russell on Piano

Wednesday, May 17th at 2:00

Outing: Picc-A-Dilly Flea Market

Sunday, May 21st at 1pm

Very Little Theater Readers

Wednesday, May 24th at 2:30

Outing: Florence, Casino & Lunch in Old Town

Wednesday, May 31st at 1:00

FETCH Therapy Dog Visit

Sunday, May 28th at 4pm

The Activity Planning Meeting for June is May 1st, the first Monday of the month. This is your opportunity to share activities and events you are interested in. Join us in the lounge at 2pm!

Life Enrichment for All

"You are never too old to set another goal or to dream a new dream." - C.S. Lewis

I've heard a few say that they are done with their goals. The above quote reminds us that we can still hope and dream. So, maybe the goals are simpler or different than they used to be, but they are what gives us purpose.

I have a challenge for you: set a new goal this May. Maybe it's doing something different, like taking a leisurely walk outside. Or bring a smile to someone's face by telling them a genuine compliment. You can write a note to someone you care about. Of course, there's always a new activity you can try!

Whatever goal you set be sure to speak it, because you'll be more likely to follow through.

-Rita



It was a grey, muddy day at the Tulip Festival



Regular Events

Monthly Birthday Celebration

Last Monday of the month

Shopping Outings

Monday mornings
(sign-up required)

Resident Council

Last Monday of the month

Food Council

Last Tuesday of the month

Activity Planning Meeting

First Monday of the month

New Resident Meet & Greet

First Monday of the month

Evening Television

Documentary: Sunday 6pm

Movie: Tuesday 6pm

Series: Thursday 6pm

Doctor Transport

Tuesday from Noon to 4:00pm &

Thursday from 8:00am to Noon

(sign-up required)

Van Outings Policy



To assure effective time use and planning, **ALL** outings with the van to events, shopping, drives, etc. will require residents to sign up in advance.

Three residents are the minimum number of passengers for any outing, so if there are not at least 3 people interested in each outing, the event will be cancelled.



Hi!

I am Cari and I am the new Community Relations Director here at Emerald Valley. I have a long history in sales and marketing and my role here will be to add more residents to our wonderful community. My office is located right next to the laundry room, so please stop by and say hello!

I was born and raised in Springfield, just up the McKenzie River. I graduated from Marist High School (go Spartans) and have 2 beautiful son's, Drew age 37 and Tyler age 35. I am expecting not one but *TWO* grandchildren this year and could not be happier! In my spare time, I enjoy crocheting, entertaining friends and family and spending as much time as possible with my Yorkie named Georgia.

I look forward to meeting you all!

- Cari

Hello!

I have several years' experience in Maintenance, and I enjoy helping people so working as the Plant Operations Director at Emerald Valley seems to be the perfect fit! I also enjoy being outdoors, fishing, camping, snowboarding and riding my horse.

I have a creative side which I express through making metal artwork and furniture, I spent a couple years traveling around Oregon selling my art at various festivals and events. As a result, I'm a big believer of supporting local artists and crafters.

I have an extremely supportive wife who is also my best friend and a 26-year-old son in the Army. I also have 3 horses, 3 dogs and 1 cat.

- Poet

May is the fifth month of the year and one of seven months with 31 days. There are several theories about how May got its name. The most widely accepted explanation is that it was named for Maia, the Greek goddess of fertility, spring, and growth. The name Maia also means "mother" in Greek. The Roman poet Ovid, however, provides a second etymology in which he says that May is named for the maiores, Latin for "elders" or "ancestors," who were celebrated during this month.





Safety Talk with Eugene's Community Engagement Specialist
Janina Rager



Paper airplane fun!

ONE DAY AT A TIME

By JoAnn Reed

There are days that I love to remember and tell to others because they are so special. They are like jewels that I take out of the box and admire when something jogs my memory. There are feelings that come as well.

Pat was enjoying telling his Easter Sunday story to Rita as they sat in the bus on Monday waiting for the other shoppers to return. I could tell when I returned to the bus that the memory of that day was a jewel to Pat so I asked him if I could interview him later and write his story, he agreed.

The story he was telling on Monday was about a gathering of family hosted by his ex-wife Lori in the house on the acreage near Cheshire handed down from her grandfather. The setting was beautiful. From the top of the hill the ground fell away to show a view to the north of the valley clear to Fern Ridge Lake in the distance.

The group included Cameron and his wife Whitney with their two-year-old and a new baby, there was also Rene, Lori's sister who is a minister, her husband Tim and Pat's son Nick. It had been a while since they had all been together and there were stories to tell, photos and memories to share. Adults had put out a hundred eggs for two-year-old Braelyn to find and she and all the others were delighted by her first Easter egg hunt. Her parents had news; they had purchased a fifth wheel RV and would be leaving soon for a new life-style move in a different state.

When Pat and I met a week later, it soon became clear that his memory of the day was beginning to fade. He remembered the family, said the relationships were complicated and names hard to remember, he smiled to think of the little girl and her delight. I saw pain in his eyes as he tried to remember details. We began to talk of other things.

He told me about playing ping-pong with his father. Learning from him until he was good enough to win then carrying on the same process with his son who learned to beat him. He remembered the fun of being Santa at Christmas. I began to get an understanding of his memory. The old memories are still there but last week fades away.

I saw his days like a summer night's meteorite shower that explodes with brilliance then begins to fade. I learned that losing short-term memory can create a person who successfully lives in the present. This is what Pat is doing; experiencing each day as it happens. The warm feelings of family support stay, but the words fade.

Here at Emerald Valley, we have a sign "Heroes work Here" which is true, but it is also true that Heroes live here. They are our neighbors who celebrate each day, each hour of their life as it is now.

JoAnn has been writing for over twenty years. She is fascinated by the life stories of the people she meets and would be delighted to write yours. You'll see her at various outings, activities, in the dining room and at happy ½ hour – be sure to say hi!



Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied towards their rent.



**FOR MORE INFORMATION,
PLEASE CALL
541-345-9668**

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

How it Works...

When a resident or family member refers a new potential resident to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$2,500 credit, applied to their base rent.

In order to qualify as a new potential resident, the person being referred must not already be on our contact list.

To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry of the tour.



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