

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Who's Thirsty? 10:30 Chair Exercise 1:30 Rose City Singers (AL) 2:30 Snack Time 3:00 Hand Pampering 5:30 Night at the Cinema 6:30 Before Bed Snack May Day	10:00 Mid-Morning Fuel 10:30 Let's Stretch 1:00 Crafts 2:30 Snack & Chat 3:00 Pictionary 5:30 Tonight's Film 6:30 Time for Munchies	9:30 Music w/Lisa 10:00 Mornin' Tea 10:30 Exercise 1:00 Sing-a-Long 2:30 May Day Social 3:00 Who Am I? 5:30 Friends & Flix 6:30 Bites & Drinks	10:00 Cuppa' Joe 10:30 Time to Move 1:00 Let's Reminisce 2:30 A Song & Snack 3:00 Name 10 5:30 Evening Video 6:30 Swigs & Vittles	10:00 Morning Brew 10:30 Chair Tai Chi 1:00 Devotions 2:30 Ole Ole Snack 3:00 Armchair Travel 5:30 Evening Movie 6:30 Nibbles & Sips Cinco de Mayo	10:00 Liquid Refreshment 10:30 Musical Moments: Country 1:00 Regency Park Derby 2:30 Kentucky Derby Doc & Sweet Berry Pie 3:30 Kentucky Derby 5:30 Movie "Seabiscuit" 6:30 Early Evening Nosh
9:00 Morning Worship 10:00 Let's Hydrate 10:30 Beach Ball Toss 1:00 Sunday Matinee 2:30 Refreshments 3:00 Inspirational Quotes 5:30 Documentary 6:30 Before Bed Snack	10:00 Who's Thirsty? 10:30 Chair Exercise 1:00 Documentary 2:30 Snack Time 3:00 Hand Pampering 5:30 Night at the Cinema 6:30 Time for Munchies	10:00 Mid-Morning Fuel 10:30 Let's Stretch 1:00 Color My World 2:30 Snack & Chat 3:00 Trivia 5:30 Tonight's Film 6:30 Bites & Drinks	10:00 Mornin' Tea 10:30 Exercise 1:00 Name that Tune 2:30 Cookies & Milk Social 3:00 What Am I? 5:30 Friends & Flix 6:30 Swigs & Vittles	9:20 Love on a Leash 10:00 Cuppa' Joe 10:30 Time to Move 1:00 Chair Bowling 2:30 Fun News & a Snack 3:00 Mystery Word 5:30 Evening Video 6:30 Nibbles & Sips	10:00 Morning Brew 10:30 Chair Tai Chi 1:00 Devotions 2:30 Let's Share a Snack 3:00 Armchair Travel 5:30 Evening Movie 6:30 Early Evening Nosh	10:00 Liquid Refreshment 10:30 Musical Moments: The Sixties 1:00 Happy News 2:30 Snack & Chat 2:30 Gardening with Kaili 3:00 Jokes & Puns 5:30 Saturday Movie 6:30 Before Bed Snack
9:00 Morning Worship 10:00 Let's Hydrate 11:00 Mother's Day Bruch 1:00 Sunday Matinee 3:00 Lee & Diane (AL) 5:30 Documentary 6:30 Time for Munchies Mother's Day National Skilled Nursing Care Week	10:00 Who's Thirsty? 10:30 Chair Exercise 1:00 Documentary 2:30 Snack Time 3:00 Hand Pampering 5:30 Night at the Cinema 6:30 Bites & Drinks	10:00 Mid-Morning Fuel 10:30 Let's Stretch 1:00 Art Time 2:30 Snack & Chat 3:00 Poetry Corner 5:30 Tonight's Film 6:30 Swigs & Vittles	9:30 Music w/Lisa 10:00 Mornin' Tea 10:30 Exercise 1:00 Sing-a-Long 2:30 Spring Social 3:00 21 Questions 5:30 Friends & Flix 6:30 Nibbles & Sips	10:00 Cuppa' Joe 10:30 Time to Move 1:00 Would You Rather 2:00 Bill Beach (AL) 2:30 A Joke & a Snack 5:30 Evening Video 6:30 Early Evening Nosh	10:00 Morning Brew 10:30 Chair Tai Chi 1:00 Devotions 2:30 Let's Share a Snack 3:00 Armchair Travel 5:30 Evening Movie 6:30 Before Bed Snack	10:00 Liquid Refreshment 10:30 Musical Moments: Jim Nabors 1:00 Happy News 2:30 Snack & Chat 3:00 Riddles & Rhymes 5:30 Saturday Movie 6:30 Time for Munchies Armed Forces Day
9:00 Morning Worship 10:00 Let's Hydrate 10:30 Beach Ball Toss 1:00 Sunday Matinee 2:30 Refreshments 3:00 Inspirational Quotes 5:30 Documentary 6:30 Bites & Drinks	10:00 Who's Thirsty? 10:30 Chair Exercise 1:00 Documentary 2:30 Snack Time 3:00 Hand Pampering 5:30 Night at the Cinema 6:30 Swigs & Vittles Victoria Day (Canada)	10:00 Mid-Morning Fuel 10:30 Let's Stretch 1:00 Paper Bag Art 2:30 Snack & Chat 3:00 Pictionary 5:30 Tonight's Film 6:30 Nibbles & Sips	10:00 Mornin' Tea 10:30 Exercise 1:00 Name that Tune 2:30 Ice Cream Social 3:00 Shaymus Hanlin (AL) 3:00 Trivia 5:30 Friends & Flix 6:30 Early Evening Nosh	9:20 Love on a Leash 10:00 Time to Move 1:00 Chair Bowling 2:30 Music & a Snack 3:00 Where Am I? 5:30 Evening Video 6:30 Before Bed Snack Shavuot Begins	10:00 Morning Brew 10:30 Chair Tai Chi 1:00 Devotions 2:30 Let's Share a Snack 3:00 Armchair Travel 5:30 Evening Movie 6:30 Time for Munchies	10:00 Liquid Refreshment 10:30 Musical Moments: Big Band 1:00 Happy News 2:30 Snack & Chat 2:30 Gardening with Kaili 3:00 Jokes & Puns 5:30 Saturday Movie 6:30 Bites & Drinks
9:00 Morning Worship 10:00 Let's Hydrate 10:30 Beach Ball Toss 1:00 Sunday Matinee 2:30 Refreshments 3:00 Inspirational Quotes 5:30 Documentary 6:30 Swigs & Vittles	10:00 Who's Thirsty? 10:30 Chair Exercise 1:00 Documentary 2:30 Snack Time 3:00 Hand Pampering 5:30 Night at the Cinema 6:30 Nibbles & Bites Memorial Day	10:00 Mid-Morning Fuel 10:30 Let's Stretch 1:00 Color My World 2:30 Snack & Chat 3:00 Come Boogie with Charles & The Angels (AL) 5:30 Tonight's Film 6:30 Early Evening Nosh	10:00 Mornin' Tea 10:30 Exercise 1:00 Sing-a-Long 2:30 Popcorn Social 3:00 21 Questions 5:30 Friends & Flix 6:30 Before Bed Snack	<h1>May 2023</h1> <h2>Regency Park Memory Care</h2>		

ALL ACTIVITIES SUBJECT TO CHANGE