






















May-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays</p> <p>Roy R.—5/12</p> 	<p>1</p> <p>9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 Remembering Television and Favorite Shows 1:00 Raylan the Therapy Dog 1:30 Courtyard Cruising 2:00 Music: Finish The Song Lyric 2:30 Snacks and a Chat 3:00 BINGO! 4:15 Aroma Therapy 6:00 Caregiver's Choice</p> 	<p>2</p> <p>9:30 Moving With Music 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Courtyard Stroll 2:00 Creativity Class 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic-Channel 43</p>	<p>3</p> <p>9:30 A Visit with Yuki and Christine 10:30 Namaste Nail Care 1:00 Courtyard Stroll 1:30 Brain Games 2:00 BINGO! 3:00 Documentary 3:00 Stories with Valarie "The Driving Lesson" 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p> 	<p>4</p> <p>9:45 Movie Matinee—SC 10:30 Catholic Mass—GR 10:30 Communion 1:00 Courtyard Stroll 2:00 BINGO! 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic - Channel 43</p>	<p>5</p> <p>9:30 Moving With Music 10:00 Daily Chronicle and News 10:15 Namaste Nail Care 1:00 Music Appreciation 2:00 Pinata Party! 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p>  	<p>6 The Kentucky Derby</p> <p>9:30 Daily Chronicle and News 10:00 What Am I? 10:15 Noodle Ball 10:45 Namaste 1:30 Afternoon Stroll 2:00 BINGO! 3:00 Horse Sense Game 3:30 The Kentucky Derby—Channel 4 4:15 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p> 
<p>7</p> <p>9:30 Daily Chronicle and News 9:45 Bible Study 10:00 Noodle Ball 10:30 Brain Games 1:30 Movie Matinee and Snack Bar 3:00 BINGO! 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>	<p>8</p> <p>9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 May IQ Trivia 1:00 Raylan the Therapy Dog 1:30 Courtyard Cruising 2:00 Music: Barbra Streisand— One Voice Concert 2:30 Snacks and a Chat 3:00 BINGO! 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>	<p>9</p> <p>9:30 Moving With Music 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Mothers Day Crafts With Kaylee 2:00 Courtyard Stroll 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic-Channel 43</p> 	<p>10 Hostess Cupcake Day</p> <p>9:30 A Visit with Yuki and Christine 10:30 Namaste Nail Care 1:00 Courtyard Stroll 1:30 Brain Games 2:00 BINGO! 3:00 Documentary 3:00 Stories with Valarie "The Golden Prince" 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p>	<p>11</p> <p>9:45 Movie Matinee-SC 10:30 Communion 1:00 Courtyard Stroll 2:00 BINGO! 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic - Channel 43</p> 	<p>12</p> <p>9:30 Moving With Music 10:00 Daily Chronicle and News 10:15 Namaste Nail Care 1:00 Courtyard Stroll 1:30 Science Lab 2:00 BINGO! 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p>	<p>13</p> <p>9:30 Daily Chronicle and News 10:00 Who Am I? 10:15 Noodle Ball 10:30 Namaste 1:30 Afternoon Stroll 2:00 Remembering Songs About Mothers and Motherhood 2:30 Snack Along With The Music 3:00 BINGO! 4:15 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p>
<p>14 <i>HAPPY Mother's Day</i></p> <p>9:30 Daily Chronicle and News 9:45 Bible Study 10:00 Noodle Ball 10:30 Brain Games 1:30 Mother's Day Party 2:30 Mother of All Humor 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>  	<p>15 Chocolate Chip Day</p> <p>9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 May EZ Does It Trivia 1:00 Raylan the Therapy Dog 1:30 Courtyard Cruising 2:00 Music: Sing Along with Susie Q 2:30 Snacks and a Chat 3:00 BINGO! 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>	<p>The Lodge</p>  <p>May</p> 				<p>Abbreviations Key:</p> <p>ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema</p>

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May-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Birthdays</u></p> <p>Roy R.—5/12</p> 	<p><u>Abbreviations Key:</u></p> <p>ARS- Aerobic Studio</p> <p>AS- Art Studio</p> <p>CC- Conference Center</p> <p>FC- Fireside Club</p> <p>GR- Great Room</p> <p>LN- Living Room North</p> <p>LS- Living Room South</p> <p>SC- Sundance Cinema</p>	<p>16</p> <p>9:30 Moving With Music</p> <p>10:00 Daily Chronicle and News</p> <p>10:15 BINGO!</p> <p>1:00 Courtyard Stroll</p> <p>2:00 Mocktails and Snacks with Victoria</p> <p>3:00 Armchair Traveler</p> <p>4:15 Aroma Therapy</p> <p>6:00 National Geographic-Channel 43</p>	<p>17</p> <p>9:30 A Visit with Yuki and Christine</p> <p>10:30 Namaste Nail Care</p> <p>1:00 Courtyard Stroll</p> <p>1:30 Brain Games</p> <p>2:00 Documentary</p> <p>3:00 Stories with Valarie</p> <p>“Spring Scavenger Hunt”</p> <p>4:15 Aroma Therapy</p> <p>6:00 Animal Planet—Channel 39</p>	<p>18</p> <p>9:45 Movie Matinee—SC</p> <p>10:30 Communion</p> <p>1:00 Courtyard Stroll</p> <p>2:00 BINGO!</p> <p>3:00 Armchair Traveler</p> <p>4:15 Aroma Therapy</p> <p>6:00 National Geographic - Channel 43</p> 	<p>19</p> <p>9:30 Moving With Music</p> <p>10:00 Daily Chronicle and News</p> <p>10:15 Namaste Nail Care</p> <p>1:00 Courtyard Stroll</p> <p>1:30 Science Lab</p> <p>2:00 BINGO!</p> <p>3:00 Documentary</p> <p>4:15 Aroma Therapy</p> <p>6:00 The Animal Planet—Channel 39</p>	<p>20 <u>Armed Forces Day</u></p> <p>9:30 Daily Chronicle and News</p> <p>10:00 What Am I?</p> <p>10:15 Noodle Ball</p> <p>10:30 Namaste</p> <p>1:00 Afternoon Stroll</p> <p>1:30 Brain Games</p> <p>2:30 Snack Along With The Music</p> <p>3:00 Bingo!</p> <p>4:15 Aroma Therapy</p> <p>7:00 The Lawrence Welk Show - Channel 5</p> 
<p>21</p> <p>9:30 Daily Chronicle and News</p> <p>9:45 Bible Study</p> <p>10:00 Noodle Ball</p> <p>10:30 Brain Games</p> <p>1:30 Movie Matinee and Snack Bar</p> <p>3:00 BINGO!</p> <p>4:15 Aroma Therapy</p> <p>6:00 Caregiver’s Choice</p>	<p>22</p> <p>9:45 Steel Feather Fitness Zumba</p> <p>10:30 Daily Chronicle and News</p> <p>10:45 Horse Themed Trivia</p> <p>1:00 Raylan the Therapy Dog</p> <p>1:30 Courtyard Stroll</p> <p>2:00 Music:</p> <p>Resident’s Favorites Playlist</p> <p>2:30 Snacks and a Chat</p> <p>3:00 BINGO!</p> <p>4:15 Aroma Therapy</p> <p>6:00 Caregiver’s Choice</p>	<p>23</p> <p>9:30 Moving With Music</p> <p>10:00 Daily Chronicle and News</p> <p>10:15 BINGO!</p> <p>1:00 Crafts with Kaylee</p> <p>2:00 Courtyard Stroll</p> <p>3:00 Armchair Traveler</p> <p>4:15 Aroma Therapy</p> <p>6:00 National Geographic-Channel 43</p> 	<p>24</p> <p>9:30 A Visit with Yuki and Christine</p> <p>10:30 Namaste Nail Care</p> <p>1:00 Courtyard Stroll</p> <p>1:30 Brain Games</p> <p>2:00 BINGO!</p> <p>3:00 Documentary</p> <p>3:00 Stories with Valarie</p> <p>“Any Way the Wind Blows”</p> <p>4:15 Aroma Therapy</p> <p>6:00 Animal Planet—Channel 39</p>	<p>25</p> <p>9:45 Movie Matinee—SC</p> <p>10:30 Communion</p> <p>1:00 Courtyard Stroll</p> <p>2:00 BINGO!</p> <p>3:00 Armchair Traveler</p> <p>4:15 Aroma Therapy</p> <p>6:00 National Geographic - Channel 43</p>	<p>26</p> <p>9:30 Moving With Music</p> <p>10:00 Daily Chronicle and News</p> <p>10:15 Namaste Nail Care</p> <p>1:00 Courtyard Stroll</p> <p>1:30 Science Lab</p> <p>2:00 BINGO!</p> <p>3:00 Documentary</p> <p>4:15 Aroma Therapy</p> <p>6:00 Animal Planet—Channel 39</p>	<p>27</p> <p>9:30 Daily Chronicle and News</p> <p>10:00 Who Am I?</p> <p>10:15 Noodle Ball</p> <p>10:30 Namaste</p> <p>1:30 Brain Games</p> <p>2:30 Snack Along With The Music</p> <p>3:00 Bingo!</p> <p>4:15 Aroma Therapy</p> <p>7:00 The Lawrence Welk Show - Channel 5</p>
<p>28</p> <p>9:30 Daily Chronicle and News</p> <p>9:45 Bible Study</p> <p>10:00 Noodle Ball</p> <p>10:30 Brain Games</p> <p>1:30 Movie Matinee and Snack Bar</p> <p>4:15 Aroma Therapy</p> <p>6:00 Caregiver’s Choice</p> 	<p>29 <u>MEMORIAL DAY</u> <small>Remember and Honor</small></p> <p>9:45 Steel Feather Fitness Zumba</p> <p>10:30 Daily Chronicle and News</p> <p>10:45 Memorial Day Trivia</p> <p>1:00 Raylan the Therapy Dog</p> <p>1:30 Courtyard Stroll</p> <p>1:30 Music:</p> <p>Patriotic Playlist </p> <p>2:30 Snacks and a Chat</p> <p>3:00 BINGO!</p> <p>4:15 Aroma Therapy</p> <p>6:00 Caregiver’s Choice</p> 	<p>30</p> <p>9:30 Moving With Music</p> <p>10:00 Daily Chronicle and News</p> <p>10:15 BINGO!</p> <p>1:00 Courtyard Stroll</p> <p>1:30 Brain Games</p> <p>3:00 Armchair Traveler</p> <p>4:15 Aroma Therapy</p> <p>6:00 National Geographic-Channel 43</p>	<p>31</p> <p>9:30 A Visit with Yuki and Christine</p> <p>10:30 Namaste Nail Care</p> <p>1:00 Courtyard Stroll</p> <p>1:30 Brain Games</p> <p>2:00 BINGO!</p> <p>3:00 Documentary</p> <p>3:00 Stories with Valarie</p> <p>“The Matchstick Girl”</p> <p>4:15 Aroma Therapy</p> <p>6:00 Animal Planet—Channel 39</p>	<p>The Lodge</p> <p>MAY</p> 		

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