

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



June 2023

Life Enrichment Assisted Living

<p>Outing Trip Day 1 9:30 News of the day (P) 10:30 Move & Groove (MPR) 11:00 Lunch at Chick-Fil-A 1:30 Rubber Block Craft (AR) 2:00 Vons & Banking 2:30 Bible Study (MPR) 3:30 Garden Group (Patio) 4:30 Technology Help (L)</p>	<p>Donut Day 2 9:30 Daily Chronicles (P) 10:00 Donuts & Coffee (B) 11:00 Fancy Hood Boutique (P) 1:30 Move & Groove (MPR) 3:00 Let's Play Pool (3rd Floor) 3:30 Mahjong (3rd FL) 5:00 Indian Series: Legend Of Tillamook's Gold (MPR)</p>	<p>9:30 Morning News (P) 10:00 Armchair Astronomy: With Ken Van Lew (MPR) 1:30 Scrabble Board Game (AR) 2:45 Steel Feather Fitness: Zumba with Erika (MPR) 3:00 Poker Group (P) 5:00 Movie: Planet Ocean (MPR)</p>
<p>4 <i>Grab & Go Chronicles (P)</i> 10:30 Stretch Exercise (MPR) 10:45 Holy Communion (P) 1:30 Nickel Bingo (MPR) 3:30 Resident Led Game (AR) 4:30 Walking Group (Lobby) 5:00 Movie: Shall We Dance (MPR)</p>	<p>Transportation Day 5 9:30 News & Views (P) 10:15 Core Exercise (MPR) 11:00 Mind Monday: Aircraft Trivia (L) 1:30 Nickel Bingo (MPR) 3:30 Dominoes (AR) 5:00 Movie: Inherit the wind (MPR)</p>	<p>Transportation Day 6 9:30 News Group (P) 10:30 Mt. Sac Exercise Class With Margaret (MPR) 1:30 Baking Class: Nutella & Raspberry Muffins (AR) 3:00 Poker Group (P) 3:30 Music with Fern (MPR) 4:30 Talk Tidbits (L)</p>
<p>11 <i>Grab & Go Chronicles (P)</i> 10:30 Strength Exercise (MPR) 10:45 Holy Communion (P) 1:30 Nickel Bingo (MPR) 3:30 Resident Led Game (AR) 4:30 Checkers Challenge L 5:00 Movie: Elizabeth The Golden Age (MPR)</p>	<p>Transportation Day 12 9:30 News & Views (P) 10:15 Aerobic Exercise (MPR) 11:00 Mind Monday: For What am I used? (L) 1:30 Nickel Bingo (MPR) 3:30 Dominoes (AR) 4:30 Book Club (L) 5:00 Movie: Philomena (MPR)</p>	<p>Transportation Day 13 9:30 News Group (P) 10:00 Manicures (2nd Floor) 10:30 Mt. Sac Exercise Class With Margaret (MPR) 2:30 Corn Hole Toss & Shaved Ice (Bistro & Courtyard) 3:00 Poker Group (P) 3:30 Music with Fern (MPR)</p>
<p>Happy Father's Day 18 <i>Grab & Go Chronicles (P)</i> 10:45 Holy Communion (P) 12:00 Live Entertainment with John Cosgriff (MPR) 1:30 Let's Play Pool (3rd FL) 2:30 Men's Group Talk (P) 5:00 Movie: Mr. Smith goes to Washington (MPR)</p>	<p>Transportation Day 19 9:30 News & Views (P) 10:15 Balance Exercise (MPR) 11:00 Mind Monday: Medicine Long Ago (L) 1:30 Nickel Bingo (MPR) 3:30 Dominoes (AR) 5:00 Movie: Marley & Me (MPR)</p>	<p>Transportation Day 20 9:30 News Group (P) 10:30 Mt. Sac Exercise Class With Margaret (MPR) 1:30 Baking Class: Fresh Strawberry Cookies (AR) 3:00 Poker Group (P) 3:30 Music with Fern (MPR) 4:00 Activity Suggestion (L)</p>
<p>Strawberry Parfait Day 25 <i>Grab & Go Chronicles (P)</i> 10:30 Stretch Exercise (MPR) 10:45 Holy Communion (P) 1:30 Nickel Bingo (MPR) 3:30 Bistro Strawberry Parfaits 4:30 Walking Group (Lobby) 5:00 Movie: Stand Your Ground (MPR)</p>	<p>Transportation Day 26 9:30 News & Views (P) 10:30 Resident Council (MPR) 11:00 Mind Monday: The Sea and Seashore (L) 1:30 Nickel Bingo (MPR) 3:30 Dominoes (AR) 4:30 Book Club (L) 5:00 Movie: E.T (MPR)</p>	<p>Transportation Day 27 9:30 News Group (P) 10:30 Mt. Sac Exercise Class With Margaret (MPR) 1:30 Nickel Bingo (MPR) 2:30 Bistro Margaritas 3:00 Poker Group (P) 3:30 Music with Fern (MPR) 4:30 Walking Group (Lobby)</p>
<p>Transportation Day 7 9:30 Today's Chronicles (P) 10:15 Yoga Exercise (MPR) 1:30 Nickel Bingo (MPR) 3:00 Wine Down Wednesday & Poetry (B) 3:30 Rummikub Group (AR) 4:30 Famous June Birthdays Word Find (AR)</p>	<p>Transportation Day 14 9:30 Chronicles & Flag Day (P) 10:15 Core Exercise (MPR) 1:30 Nickel Bingo (MPR) 3:00 Wine Down Wednesday & Talk Tidbits (B) 3:30 Resident Led Game (AR) 4:30 Billiards Challenge (3rd FL)</p>	<p>Transportation Day 21 9:30 Today's Chronicles (P) 10:15 Stretch Exercise (MPR) 1:30 Nickel Bingo (MPR) 3:00 Wine Down Wednesday & Riddles (B) 3:30 Rummikub Group (AR) 4:30 Puzzling Puzzles (AR)</p>
<p>Transportation Day 28 9:30 Today's Chronicles (P) 10:30 Walking Group (Lobby) 11:30 June Birthday Meals (Private Dining Room) 1:30 Rummikub Group (AR) 3:00 Wine Down & Trivia (B) 3:30 Resident Led Game (AR) 4:30 Billiards Challenge (3rd FL)</p>	<p>Outing Trip Day 29 9:30 News of the day (P) 10:30 Move & Groove (Courtyard) 11:00 Lunch at Ono Hawaiian 1:30 Butterfly Experiment (AR) 2:00 Shopping at Walmart 2:30 Bible Study (P) 3:30 Garden Group (Patio) 4:30 Technology Help (L)</p>	<p>Outing Trip Day 8 9:30 News of the day (P) 10:30 Move & Groove (MPR) 11:00 Lunch Bread & Barley 1:30 Butterfly Experiment (AR) 2:00 Shopping at Dollar Tree 2:30 Bible Study (MPR) 3:30 Kings in the Corner (B) 4:30 Computer Help (L)</p>
<p>Outing Trip Day 15 9:30 News of the day (P) 10:30 Move & Groove (MPR) 11:00 Lunch at El Torito 1:30 Flower Arrangement (AR) 2:00 Sprouts & Banking 2:30 Bible Study (MPR) 3:30 Garden Group (Patio) 4:30 Technology Help (L)</p>	<p>Outing Trip Day 22 9:30 News of the day (P) 10:30 Move & Groove (MPR) 11:00 Lunch at Norms 1:30 Resident Meet & Mingle Pool Party (Courtyard) 2:00 Shopping at Burlington 2:30 Bible Study (MPR) 4:30 Computer Help (L)</p>	<p>Outing Trip Day 29 9:30 News of the day (P) 10:30 Move & Groove (Courtyard) 11:00 Lunch at Ono Hawaiian 1:30 Butterfly Experiment (AR) 2:00 Shopping at Walmart 2:30 Bible Study (P) 3:30 Garden Group (Patio) 4:30 Technology Help (L)</p>
<p>Donut Day 9 9:30 Daily Chronicles (P) 10:00 Donuts & Coffee (B) 11:00 Shakiba Boutique (P) 1:30 Move & Groove (MPR) 3:00 Bistro Fluffy Jell-O Whip 3:30 Mahjong (3rd FL) 5:00 American Indian Series: WinRunner (MPR)</p>	<p>Donut Day 16 9:30 Daily Chronicles (P) 10:00 Donuts & Coffee (B) 1:30 Move & Groove (MPR) 3:00 Bistro Strawberry Watermelon Smoothie (B) 3:30 Mahjong (3rd FL) 5:00 Indian Series: The Sign Of the Beaver (MPR)</p>	<p>Donut Day 23 9:30 Daily Chronicles (P) 10:00 Donuts & Coffee (B) 1:30 Move & Groove (MPR) 2:30 Checkers Challenge (L) 3:30 Mahjong (3rd FL) 5:00 American Indian Series: Spirit Bear (MPR)</p>
<p>Donut Day 30 <i>Grab & Go Chronicles (P)</i> 9:30 Food Council (MPR) 10:00 Donuts & Coffee (B) 10:30 Sequence Game (AR) 1:30 Move & Groove (MPR) 3:30 Mahjong (3rd FL) 5:00 Indian Series: Sacagawea (MPR)</p>	<p>17 9:30 Morning News (P) 10:00 Timeless Melodies: Songs Of World War 2 (MPR) 1:30 Scrabble Board Game (AR) 2:45 Steel Feather Fitness: Zumba with Erika (MPR) 3:00 Poker Group (P) 3:30 Root Beer Floats (B) 5:00 Movie: E.T (MPR)</p> <p>24 9:30 Morning News (P) 10:00 Alphabet Endless (L) 1:30 Scrabble Board Game (AR) 2:45 Steel Feather Fitness: Zumba with Erika (MPR) 3:00 Poker Group (P) 3:30 Billiards Challenge (3rd FL) 5:00 Movie: The Big Wedding (MPR)</p> <p>10 National Rosé Day 9:30 Morning News (P) 10:00 Keep Minds Alert (L) 1:30 Summer Painting (AR) 2:45 Steel Feather Fitness: Zumba with Erika (MPR) 3:00 Poker Group (P) 3:30 Happy Rosé Day (B) 5:00 Movie: Willow (MPR)</p>	

Activities are subject to change without notice.