License #198603428



The Difference Between Living and Living Well

150 S. Grand Ave. • West Covina, CA 91791 • (626) 332-3344



Happy June Birthdays

06/04 Steven S. 06/05 Bill S. 06/11 Aristides K. 06/14 Hilde S. 06/25 Ethel June L. 06/28 Stella G.

May the joy that you have spread in the past come back to you on this day. Wishing you a very happy birthday!



June 2023

Signs of Summer

We've enjoyed sunny days and warm weather for weeks, but summer officially starts this month on June 21. It's the longest day of the year, when most of North America will see between 14 and 18 hours of sunlight, and nature shows many signs of the changing seasons. At noon, the sun will appear very high in the sky, and your shadow will be shorter than on any other day. The summer air is filled with sweet fragrance as apricots, cherries and strawberries ripen, and coneflowers, daylilies and rosebushes open their blooms. When night begins to fall, you may notice the sun setting more slowly than usual, promising a season of long, late sunsets.



No Time to Siesta, We Have a Fiesta!











Welcome, Summer!

Different cultures have celebrated the longest day of the year, known as the summer solstice or midsummer, for centuries. Learn more about some of the world's most buzzed about summer parties:

Sweden. Midsummer is a major holiday in Sweden, whose solstice celebrations are famous. Families and friends often spend the day in the countryside, marking the occasion by dancing around a maypole, making flower crowns and feasting on pickled herring.

Wiltshire, England. Visitors to Stonehenge can normally only walk around the towering stone circle, but they are allowed inside of it twice a year—on the summer and winter solstices, when the pillars are positioned perfectly with the movement of the sun. On the first day of summer, the view from inside shows a spectacular sunrise over the large Heel Stone.

Ottawa, Canada. Canada's capital is also the original territory of the Algonquin people, and the Summer Solstice Indigenous Festival honors Native chiefs and artisans; traditional attire, music and dancing; and other cultural experiences.











Armchair Astronomy Presentation

Saturday, June 3, at 10:00am
Multipurpose Room
Please join Ken Vanlew for an interactive presentation about Historical impacts: Collisions that left a mark. A topic that highlights our earth! This educational presentation will provide some mental stimulation and overall visual enjoyment!



Resident Spotlight



On May 1st, we had a 102nd Birthday celebration! We want to wish our sweet, dear Josephine a happy birthday filled with another year of life and miracles!

Volunteer Corner **



These little ones sang their hearts out for us!
Thank you, West Covina Hills Adventist School, for spreading positive messages and joy at the Regency Grand.

Father's Day Lunch

Happy Father's day to all dads, stepdads, granddads, uncles, brothers and friends that step up to show a child what it truly means to be a father. Please join us for our Father's Day lunch with live entertainment by John Cosgriff, 12:00-1:00pm.





From our elegantly appointed interior and beautifully maintained grounds, to the exceptional Healthcare programs and services provided by our professional staff—residents who introduce Cascade Living Groups' Living Well philosophy to their friends or family members could receive credits applied toward their rent.

When a resident or family member refers a new, potential resident to a Cascade Living Group community, and that person moves in for at least 90 days, the referring resident will receive a \$2,500 credit applied to their base rent.

In order to qualify as a new, potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director, or Director of Sales and Marketing, prior to the inquiry or tour.







150 S. Grand Ave. West Covina, CA 91791 License #198603428

