

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>May Day Mother Goose Day 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Doc on May Day 3:15pm Women's Project Circ 6:30 Movie: The Midnight Sky (nf)</p>	<p>May Day Mother Goose Day 1 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Doc on May Day 3:15pm Women's Project Circ 6:30 Movie: The Midnight Sky (nf)</p>	<p>Wear Sunglasses Day National Teacher Day 2 Happy Birthday Gerald C. 9 & 11am – Ever Fit w/ Don 10:30 YT Chair Yoga 2:00pm Bingo! 3:15pm Current Events w/Tim (dta) 6:30 Movie Marnie (nf)</p>	<p>Milwaukee Bridge War Wiser Now Wednesday 3 The Old Man of the Mtn Collapse Anniversary 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 1:45pm Julie's Singing (dr) 3:00pm Crafting w/Terri (dta) 6:30 Movie Glass Onion: A Knives Out Mvsterv (nf)</p>	<p>Firefighters Day Favorite Photos Day 4 Happy Birthday Lydia C 9 & 11am – Ever Fit w/ Don 10:30 YT Chair Yoga 10:30am Bible Study (bty) 2:00pm Timothy Patrick (dr) 3:15pm Bingo! 6:30 Movie Twins (nf)</p>	<p>Cinco de Mayo Happy Birthday Judy S. 5 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 1:30pm Louis Faro 3:15 Shared Book Reading Group w/ Julie 4:00pm Happy Hour 6:30pm Movie RIPD (nf)</p>	<p>Kentucky Derby Day 6 National Nurses Week Russell Stover Candy Day 10:30am Relaxation Hour 2:00pm Bingo! 3:15pm Oregon Historical Discussion(dta) 6:30pm Movie Age of Adaline (nf)</p>
<p>Romantic Music Day 7 National Wildflower Week Wild Horses Day 10:30am Worship w/Grace Community Fellowship 2:00pm Sunday Matinee: Funny Girl (Vudu) 3:00pm Bingo! 6:30 Movie Sleepless in Seattle (nf)</p>	<p>National Herb Week 8 Flowers in Art Day Nat'I Coconut Cream Pie 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Bimart & Grocery Outlet 2:00 Tim Biggs Sings 3:15pm Women's Project Circ 6:30 Movie Out of Africa (nf)</p>	<p>Foodies Day 9 What Ever Happened to...? 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 2:00pm Bingo! 3:15pm Current Events wTim (dta) 6:30 A League of Their Own (nf)</p>	<p>Night Shift Wrkrs Day 10 Receptionist's Day Tea Tax Anniversary Happy Birthday Pat L. 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 1:45pm Resident Council 3:00pm Crafting w/Terri (dta) 6:30 Movie Wing and a Prayer (Amazon Prime)</p>	<p>Good to the Last Drop Day 11 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 10:30am Bible Study (bty) 2:00pm Bingo! (dta) 3:15 The Veteran's League (dr) 6:30 Movie: The Sheep Man (vt)</p>	<p>Nurses Day 12 Happy Birthday Bill S. 9 & 11am – Ever Fit w/ Don 10:30 Chair Yoga (YT) 10:30 Shared Book Reading Group w/ Julie 2:00 Cooking with Beth 3:15 Freddie's, St. Vinnies, and Goodwill 4:00 Happy Hour 6:30 Florence Nightingale (vt)</p>	<p>Dandelion Day 13 National Train Day Mozart's First Opera Day Pun-Off Day 10:30am Thistledown Farms 10:30pm Relaxation Hour 2:00pm Bingo! 3:15pm Oregon Historical Discussion(dta) 6:30 Movie Legal Eagles (nf)</p>
<p>Happy Mother's Day! 14 Nat'I Skilled RN Wk Begins Israel Independence Day! 10:30am Worship w/Grace Community Fellowship 2:00pm Mother's-day Social 3:00pm Bingo! 6:30 Movie Freaky Friday (Disney)</p>	<p>Women in Uniform Day 15 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Valley River Mall 2:00pm Instacart Demonstration with Disree 3:15pm Women's Project Circ 6:30 The Paleface (yt)</p>	<p>Neighbor Day 16 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 2:00pm Bingo! 3:15pm Current Events w/Tim (dta) 4:30pm – 5:30pm Waffle Bar 6:30 Movie Operation Madball (vt)</p>	<p>Nat'I Cherry Cobbler Day 17 Turn Beauty Inside Out Day Happy Birthday Mary M. & Lou W. 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Chef's Corner 3:00pm Crafting w/Terri (dta) 6:30 Front Porch Jam w /Tim</p>	<p>Perry Como Day 18 Mt St Helen's Eruption Ann 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 10:30am Bible Study (bty) 2:00pm Coffee Cupping (dr) 3:15pm Bingo! 6:30 Movie the Wolf's Call (nf)</p>	<p>Ringling Bros Circus Day 19 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 10:30 Shared Book Reading Group w/ Julie 2:00pm Dominoes Game! 3:15pm Freddie's, St. Vinnies, and Goodwill 4:00pm Happy Hour 6:30 Movie A Man Called Otto (nf)</p>	<p>Armed Forces Day 20 10:30am - Relaxation Hour 1:30pm Eugene Airspace Museum 2:00pm Bingo! 3:15pm Oregon Historical Discussion (dta) 6:30pm Purple Hearts (nf)</p>
<p>Red Cross is Founded 21 Waitstaff Day Double Trouble Day 10:30am Worship w/Grace Community Fellowship 2:00pm Sunday Matinee: The War Horse 3:00pm Bingo! 6:30 I Can Only Imagine (dvd)</p>	<p>National Maritime Day 22 Victoria Day (Canada) 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Shop at Oakway Ctr 2:00pm Doc for Maritime Day 2:00pm Cascade Kids Ensemble 3:15pm Women's Project Circ 6:30 Movie Uncharted (nf)</p>	<p>World Turtle Day 23 College Grad Memories Day Taffy Day 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 2:00pm Bingo! 3:15 Current Events w/Tim (dta) 6:30 Movie Wonder (vt)</p>	<p>Senior PGA Champ 24 Fleet Week Begins Brother's Day Aviation Maint. Tech Day 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 1:45pm Activities Forum 3:00pm Crafting w/Terri (dta) 6:30 Movie: Aeronauts (yt)</p>	<p>Big Tea Party Day 25 Daredevil Day 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 10:30am Bible Study (bty) 2:00pm Bingo! (dta) 3:15pm The Gent's Hour (dr) 3:15pm Quick Craft Pillows (dta) 6:30 Movie Yellow Sky (yt)</p>	<p>The Duke's Day 26 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 10:30 Shared Book Reading Group w/ Julie 2:00pm Pre-Planning for Pet Advocacy and Foster Care 3:15pm Freddie's, St. Vinnies, and Goodwill 4:00pm Happy Hour 6:30pm Movie Mcintock (nf)</p>	<p>Kennedy Day 27 Heat and Sun Safety Day 10:30am The Original Pancake Breakfast Outing 10:30am Relaxation Hour 2:00pm Bingo! 3:15pm Oregon Historical Discussion(dta) 6:30pm Movie Master & Commander (dvd)</p>
<p>Eat a Hamburger Day 28 Da Vinci's Day 10:30am Worship w/Grace Community Fellowship 2:00p Great Performances With John Minter 3:00pm Bingo! 6:30 Movie Open Season (nf)</p>	<p>Memorial Day 29 Little Rhody Day Ain't I A Woman's Speech Anniversary 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 2:00pm Memorial Day Social 3:15pm Women's Project Circ 6:30 Movie The Sting (nf)</p>	<p>Mint Julep Day 30 Manicure Day A Lovely Day 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga w / Steel Feather's 2:00pm Bingo! 3:15 Current Events w/Tim (dta) 6:30 Movie Goldfinger (vudu)</p>	<p>Nat'I Senior Health Fitness 31 Happy Bday Clint Eastwood What You Think Upon Grows Day 9 & 11am – Ever Fit w/ Don 10:30am Chair Yoga (YT) 1:45 Reader's Theater (thr) 3:00 Crafting w/Terri (dta) 6:30 Movie Space Cowboys (vudu)</p>	<p>Physical Activities = Yellow Intellectual = Pink Continuous Learning = Purple Resident Meetings = Rust Spiritual Activity = Orange Creative Activity = Blue Games = Green Outings = Red Black = General Interest Dark Green = Intergenerational Activities</p>	<p>Theater (thr) Bistro (bst) Delta (dta) YouTube (yt) Dining Room (dr) Bentley (bty) Lobby (lby) Netflix (nf) Atrium (atr)</p>	 <p>Waterford Grand Assisted Living and Memory Care The Difference Between Living and Living Well</p>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
L U N C H	Cream of Cauliflower Soup	Minestrone Soup	Creamed Spinach Soup	Chicken Noodle Soup	Vegetable Barley Soup	New England Clam Chowder	Homestyle Cream of Chicken Soup
	Skillet Ham and Potatoes Honey Mustard Deli Wrap Green Beans with Bacon Baked Roll Strawberry Ice Cream	Broccoli and Cheddar Quiche Zesty Hot Beef Sandwich Tomato Mushroom Salad Baked Roll Chocolate Ice Cream	Classic Chili Dog Shrimp Taco Corn Salad Baked Roll Strawberry Ice Cream	Grilled Tuna Sandwich Pea and Asparagus Spring Pasta Dill Cucumbers Baked Roll Chocolate Ice Cream	Popcorn Chicken Sausage Sloppy Joes Squash Medley Baked Roll Strawberry Ice Cream	Sweet BBQ Chicken Sandwich Baked Macaroni and Cheese Spinach and Tomatoes Baked Roll Chocolate Ice Cream	BBQ Pork Patty Sandwich Sub Sandwich Maple Ginger Glazed Carrots Rice Strawberry Ice Cream
D I N N E R	Sweet and Sour Meatballs Baked Tilapia with Dijon Dill Sauce Rice Pilaf Sour Cream Carrot Salad Baked Roll Strawberry Ice Cream	Herbed Parmesan Chicken Cheesy Potatoes and Ham Parsley Rice Balsamic Roasted Vegetables Baked Roll Chocolate Ice Cream	Ranch Pork Chops Thai Chicken Thighs Mushroom Risotto Sweet Sour Beets Baked Roll Strawberry Ice Cream	Salisbury Steak and Gravy BBQ Chicken Thighs Roasted Rosemary Potatoes Green Bean Carrot Blend Baked Roll Chocolate Ice Cream	Balsamic Roasted Pork Lime Cilantro Chicken Parsley Noodles Capri Blend Baked Roll Strawberry Ice Cream	Cheddar Crumb Fish Classic Meatloaf Seasoned Brown Rice Steamed Broccoli Baked Roll Chocolate Ice Cream	Cranberry Glazed Ham Herb Roasted Turkey Rice Harvard Beets Baked Roll Strawberry Ice Cream

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L U N C H	Vegetable Macaroni Soup	Pepper Pot Soup	Creamy Beef Soup	Corn Chowder	Garden Vegetable Soup	New England Clam Chowder	Ham and Potato Soup
	Four Cheese Ziti Turkey A La King Vinaigrette Tomatoes Baked Roll Chef's Dessert	Shrimp Louie Beef and Noodles Roasted Asparagus Baked Roll Chef's Dessert	Chicken Tacos Italian Sausage Poor Boy Fresh Cooked Zucchini Baked Roll Strawberry Ice Cream	Lazy Stuffed Peppers Tuna Melt on Rye Monterey Pasta Salad Baked Roll Rocky Road Ice Cream	Nantucket Turkey Sandwich Pastrami Sandwich Lemon Buttered Broccoli Baked Roll Chocolate Ice Cream	Hawaiian Grilled Cheese Chicken Tikka Masala Sweet Onion Coleslaw Baked Roll Strawberry Ice Cream	Shrimp Po' Boy Sandwich Monte Cristo Sandwich Mixed Vegetables Baked Roll Cookies and Cream Ice Cream
D I N N E R	Feta Chicken Pot Roast and Vegetables Steamed Red Potatoes California Blend Baked Roll Chef's Dessert	Roasted Pork Loin with Pan Gravy Baked Green Chile and Cheese Enchilada Glazed Sweet Potatoes Chef's Steamed Vegetable Baked Roll Chocolate Ice Cream	Beef Tips Au Jus Baked Cod with Dill Sauce Garlic Parmesan Rice Buttery Carrots Baked Roll Strawberry Ice Cream	Slow Roasted Carved Turkey Grilled Pork Chop Cornbread Sausage Stuffing Roasted Squash Baked Roll Rocky Road Ice Cream	Classic Baked Ham Garlic Broiled Chicken Leg Mashed Yams Bacon Brussels Sprouts Baked Roll Chocolate Ice Cream	Baked Meatballs with Gravy Herb and Panko Encrusted Salmon Roasted Potato Medley Roasted Carrots Baked Roll Strawberry Ice Cream	Southern Fried Chicken Corned Beef and Cabbage Classic Macaroni Salad Collard Greens Baked Roll Cookies and Cream Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
L U N C H	Garden Cheese Soup	Chicken Broccoli Soup	Potato Mushroom Soup	Beef Noodle Soup	Italian Vegetable Soup	New England Clam Chowder	Lentil Soup
	Marinara Chicken Penne Pasta Antipasto Salad Normandy Blend Baked Roll Chocolate Ice Cream	Tuna and Tomato Salad BLT Avocado Wrap Marinated Vegetable Salad Baked Roll Strawberry Ice Cream	Shrimp Taco Spaghetti and Meat Sauce Corn Baked Roll Chocolate Ice Cream	Cranberry Apple Chicken Salad Shredded Pork on a Bun Bacon Wrapped Corn Cob Baked Roll Strawberry Ice Cream	Ham Salad Sandwich Chicken Tender Sandwich Garlic Green Beans Baked Roll Chocolate Ice Cream	Taco Salad Corn and Pepper Quesadilla Melon Salad Baked Roll Strawberry Ice Cream	Crispy BBQ Chicken Salad Chili Dog Herb Sautéed Vegetables Baked Roll Chocolate Ice Cream
D I N N E R	Oven Roasted Pork Maple Crusted Beef Roast Parmesan Roasted Potatoes Three Bean Salad Baked Roll Chocolate Ice Cream	Tomato and Pepper Cube Steak Homestyle Turkey Garlic Herb Mashed Potatoes Parmesan Peas Baked Roll Strawberry Ice Cream	Marinated Rosemary Chicken Bratwurst and Sauerkraut Fresh Cooked Yams Sautéed Yellow Squash Biscuit Chocolate Ice Cream	Breadcrumbs Tilapia Fillet Baked Ham with Mango Salsa Roasted Pepper Couscous Roasted Asparagus Baked Roll Strawberry Ice Cream	Braised Beef Roasted Turkey Breast Creamy AuGratin Potatoes Parsley Carrots Baked Roll Chocolate Ice Cream	Chicken with Basil Cream Sauce Breaded Shrimp with Cocktail Sauce Lemon Pasta Oven Roasted Broccoli Strawberry Ice Cream	Balsamic Roasted Pork Teriyaki Meatballs Rice Country Trio Medley Baked Roll Chocolate Ice Cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
L U N C H	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
	Shrimp Tomato Salad Classic Chicken Salad Sandwich Broccoli Salad Baked Roll Chocolate Ice Cream	Sausage Country Gravy with Biscuits Monte Cristo Sandwich Beet Salad Baked Roll Strawberry Ice Cream	Beef Taco Pita Chicken Salad Tomato Mushroom Salad Baked Roll Chocolate Ice Cream	Cajun Shrimp Pasta Hot Turkey Sandwich with Gravy Carrot Raisin Salad Baked Roll Strawberry Ice Cream	Grilled Ham Swiss Tomato Sandwich Spaghetti and Meatballs Coleslaw Baked Roll Chocolate Ice Cream	BLT Wrap Chicken Waldorf Salad Fresh Mixed Vegetable Salad Baked Roll Strawberry Ice Cream	Italian Chicken Salad Sandwich Battered Fish and Fries Corn Tomato and Feta Salad Baked Roll Chocolate Ice Cream
D I N N E R	Herb Crusted Pork Roast Chicken with Honey Sauce Herb Roasted Red Potatoes Buttery Carrots Baked Roll Chocolate Ice Cream	Chicken Bombay Baked Tilapia with Dijon Dill Sauce Savory Rice California Blend Baked Roll Strawberry Ice Cream	Orange Herb Pork Roast Chicken Alfredo Pasta Classic Mashed Potatoes Peas and Carrots Garlic Bread Chocolate Ice Cream	Hamburger Steak with Gravy Juicy Ham Classic Mashed Potatoes Garlic Green Beans Baked Roll Strawberry Ice Cream	Chicken with Lemon Pepper Sauce Roast Pork with Ginger Glaze Penne Pasta Herb Roasted Vegetables Baked Roll Chocolate Ice Cream	Pasta Primavera Country Fried Steak with Gravy Garlic Mashed Potatoes Corn Baked Roll Strawberry Ice Cream	Baked Ham with Mango Salsa Asian Chicken Salad Parsley Rice Fresh Asparagus Baked Roll Chocolate Ice Cream