June-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2023

## Wednesday Friday Sunday Monday Tuesday Thursday Saturday The Lodge 9:45 Movie Matinee—SC 9:30 Moving With Music 9:30 Daily Chronicle and News 10:30 Catholic Mass—GR 10:00 Daily Chronicle and News 10:00 What Am I? 10:30 Communion 10:15 BINGO! 10:15 Noodle Ball 1:00 BINGO! 1:00 Music Appreciation 10:45 Namaste 2:00 Courtyard Stroll "Remembering Wedding Songs" 1:30 Afternoon Stroll 3:00 Armchair Traveler 2:00 June EZ Does It Trivia 1:30 Courtyard Stroll 2:30 Snack Along With The Music 2:00 Namaste Nail Care with Victoria 4:15 Aroma Therapy 6:00 National Geographic -3:00 BINGO! 3:00 Documentary Channel 43 4:15 Aroma Therapy 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39 7:00 The Lawrence Welk Show -Channel 5 5 Hot Air Balloon Day 6 9 World Oceans Day 9:30 Daily Chronicle and News 9:45 Steel Feather Fitness Zumba 9:30 Moving With Music 9:45 Movie Matinee-SC 9:30 Moving With Music 9:30 Daily Chronicle and News 9:30 A Visit with Yuki and Christine 9:45 Bible Study 10:00 Daily Chronicle and News 10:30 Communion 10:00 Who Am I? 10:30 Daily Chronicle and News 10:30 BINGO! 10:00 Daily Chronicle and News 10:45 Trivia 10:15 BINGO! 1:00 BINGO! 10:15 BINGO! 10:15 Noodle Ball 10:00 Noodle Ball 1:00 Brain Games 1:00 Raylan the Therapy Dog 10:30 Namaste 10:30 Brain Games 1:00 Table Games 1:30 Courtyard Stroll 2:00 Courtyard Stroll 1:00 Science Lab 1:30 Courtyard Stroll 2:00 Courtyard Stroll 2:00 Namaste Nail Care with Victoria 3:00 Armchair Traveler 1:30 Afternoon Stroll 1:30 Courtyard Stroll 1:30 Courtyard Stroll 2:30 BINGO! 2:00 Music: 3:00 Armchair Traveler 3:00 Documentary 4:15 Aroma Therapy 2:00 Namaste Nail Care with Victoria 2:00 Guess With Five Clues Game 4:15 Aroma Therapy 4:15 Aroma Therapy 3:00 Stories with Valarie 6:00 National Geographic -3:00 Documentary 2:30 Snack Along With The Music Folksongs 6:00 National Geographic-6:00 Caregiver's Choice 2:30 Snacks and a Chat "The Cultivation of Fairies" Channel 43 3:00 BINGO! 4:15 Aroma Therapy Channel 43 3:00 BINGO! 6:00 Animal Planet—Channel 39 4:15 Aroma Therapy 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39 7:00 The Lawrence Welk Show -4:15 Aroma Therapy 6:00 Caregiver's Choice Channel 5 12 15 11 13 14 Flag Day **Birthdays Abbreviations Key:** 9:30 Daily Chronicle and News 9:45 Steel Feather Fitness Zumba 9:30 Moving With Music 9:30 A Visit with Yuki and Christine 9:45 Movie Matinee-SC **ARS- Aerobic Studio** Marcus M.—6/3 9:45 Bible Study 10:30 Daily Chronicle and News 10:00 Daily Chronicle and News 10:30 BINGO! 10:30 Communion 10:45 Trivia **AS- Art Studio** 10:00 Noodle Ball 10:15 BINGO! 1:30 Resident's Birthday Party 1:00 BINGO! Jean H.—6/6 10:30 Brain Games 1:00 Raylan the Therapy Dog 1:00 Father's Day Craft with Kaylee 2:30 Courtyard Stroll 2:00 Courtyard Stroll Karen C.—6/23 **CC- Conference Center** 1:30 Movie Matinee and Snack Bar 1:30 Courtyard Stroll 2:00 Courtyard Stroll 3:00 Documentary 3:00 Armchair Traveler Barbara K.—6/30 3:00 Armchair Traveler 3:30 Courtyard Stroll 2:00 Music: 4:15 Aroma Therapy 4:15 Aroma Therapy **FC- Fireside Club** 4:15 Aroma Therapy 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39 6:00 National Geographic -American Bandstand **GR- Great Room** 6:00 National Geographic-6:00 Caregiver's Choice 2:30 Snacks and a Chat Channel 43 Channel 43 3:00 BINGO! **LN- Living Room North** 4:15 Aroma Therapy **LS- Living Room South** 6:00 Caregiver's Choice **SC- Sundance Cinema**

## June-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2023

## Sunday Wednesday Friday Monday Tuesday Thursday Saturday 17 **Birthdays** 16 Flip Flop Day **Abbreviations Key:** The Lodge 9:30 Moving With Music 9:30 Daily Chronicle and News **ARS- Aerobic Studio** Marcus M.—6/3 10:00 Daily Chronicle and News 10:00 What Am I? **AS- Art Studio** 10:15 BINGO! 10:15 Noodle Ball Jean H.—6/6 1:00 "Catch a Country By The Tune" 10:30 Namaste Karen C.—6/23 **CC- Conference Center** 1:30 Courtyard Stroll 1:00 Afternoon Stroll Barbara K.—6/30 FC- Fireside Club 2:00 Namaste Nail Care with Victoria 1:30 Brain Games 3:00 Documentary 2:00 Fish or Fantasy Game **GR- Great Room** 4:15 Aroma Therapy 2:30 Snack Along With The Music 6:00 The Animal Planet—Channel 39 **LN- Living Room North** 3:00 Bingo! 4:15 Aroma Therapy **LS- Living Room South** 7:00 The Lawrence Welk Show -Channel 5 **SC- Sundance Cinema** 18 19 JUNETEENTH **20** 21 22 23 24 9:30 Moving With Music 9:30 Daily Chronicle and News 9:45 Steel Feather Fitness Zumba 9:30 A Visit with Yuki and Christine 9:45 Movie Matinee—SC 9:30 Moving With Music 9:30 Daily Chronicle and News 10:00 Daily Chronicle and News 9:45 Bible Study 10:30 Daily Chronicle and News 10:30 Namaste Nail Care with Victoria 10:30 Communion 10:00 Daily Chronicle and News 10:00 Who Am I? 10:15 BINGO! 10:00 Noodle Ball 10:45 Trivia 1:00 BINGO! 1:00 BINGO! 10:15 BINGO! 10:15 Noodle Ball 1:00 Crafts with Kaylee 10:30 Brain Games 1:00 Raylan the Therapy Dog 2:00 Courtyard Stroll 1:00 Remembering Family Sundays 10:30 Namaste 3:00 Documentary 2:00 Courtyard Stroll 3:00 Stories with Valarie 1:30 Brain Games 2:00 Father's Day Party! 1:30 Courtyard Stroll 3:00 Armchair Traveler 1:30 Courtyard Stroll 3:00 Armchair Traveler 2:30 "Doughnuts and Dads" 2:00 Music: 2:00 Namaste Nail Care with Victoria 2:00 Can You Picture This? "The Driving Lesson" 4:15 Aroma Therapy 4:15 Aroma Therapy 4:15 Aroma Therapy 6:00 National Geographic -2:30 Snack Along With The Music Classics 4:15 Aroma Therapy 3:00 Documentary 6:00 National Geographic-6:00 Caregiver's Choice 2:30 Snacks and a Chat 6:00 Animal Planet—Channel 39 Channel 43 4:15 Aroma Therapy 3:00 Bingo! Channel 43 6:00 Animal Planet—Channel 39 4:15 Aroma Therapy 3:00 BINGO! HAPPY 4:15 Aroma Therapy 7:00 The Lawrence Welk Show -6:00 Caregiver's Choice Channel 5 DAY 26 25 **27** 28 29 **30** 9:30 Moving With Music 9:30 Daily Chronicle and News 9:45 Steel Feather Fitness Zumba 9:30 A Visit with Yuki and Christine 9:45 Movie Matinee—SC 9:30 Moving With Music 10:00 Daily Chronicle and News 9:45 Bible Study 10:30 Daily Chronicle and News 10:30 Namaste Nail Care with Victoria 10:30 Communion 10:00 Daily Chronicle and News 10:15 BINGO! 10:00 Noodle Ball 10:45 Trivia 1:30 Resident's Birthday Party 1:00 BINGO! 10:15 BINGO! 1:00 Brain Games 10:30 Brain Games 1:00 Raylan the Therapy Dog 2:30 Courtyard Stroll 2:00 Courtyard Stroll 1:00 June IQ Trivia 2:00 Courtyard Stroll 1:30 Movie Matinee and Snack Bar 1:30 Courtyard Stroll 3:00 Documentary 3:00 Armchair Traveler 1:30 Courtyard Stroll 3:00 Armchair Traveler 3:30 Courtyard Stroll 1:30 Music: 3:00 Stories with Valarie 4:15 Aroma Therapy 2:00 Namaste Nail Care with Victoria 4:15 Aroma Therapy 4:15 Aroma Therapy Sing Along Songs 4:15 Aroma Therapy 6:00 National Geographic -3:00 Documentary 6:00 National Geographic-2:30 Snacks and a Chat 6:00 Animal Planet—Channel 39 6:00 Caregiver's Choice Channel 43 4:15 Aroma Therapy Channel 43 3:00 BINGO! 6:00 Animal Planet—Channel 39 4:15 Aroma Therapy 6:00 Caregiver's Choice