

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Physical Activities = Yellow

Creative = Blue

Intellectual = Pink

Continuous Learning = Purple Bold

Games = Green

Outings = Red

General Interest = Black Bold

Resident Meetings = Rust

Spiritual/Namaste = Brown

Intergenerational = Dark Green

# June 2023

Summertime is Here!

Theater = thr  
Bistro = bst  
Delta = dta  
YouTube = yt  
Dining Room = dr  
Bentley = bty  
Lobby = lby  
Netflix = Nt  
Atrium = Atr

**Happy Birthday John M. 1**  
**Say Something Nice Day**  
9 & 11 Everfit with Don  
10:30 Chair Yoga, Steel  
Feather's. (Thr)  
10:30am Bible Study (bty)  
2:00 Timothy Patrick (dr)  
3:15 Bingo! (dta)  
6:30 Movie: Three Little Words (yt)

**National Donut Day 2**  
9 & 11 Everfit with Don  
10:30 Chair Yoga  
10:30 Donuts & Coffee (dta)  
1:30 Louis Faro  
3:15 Theatrical Book Reading Group w/Julie  
4:00 Happy Hour  
6:30 Movie: Cannonball Run 2 (yt)

**Happy Birthday Natalie K. 3**  
**National Macaroon Day**  
**National Black Bear Day**  
10:30 Meditation Hour (thr)  
2:00 Bingo!  
3:15 Oregon historical Discussion (dta)  
6:30pm Movie: The Great Gatsby (Vudu)

**National Hug your Cat Day 4**  
**Montgulfier Bros Demonstrate 1<sup>st</sup> Hot Air Balloon in 1783**  
10:30 Worship with Grace Community Church (thr)  
2:00: Inside the Mind of a Cat (nf)  
3:00 Bingo! (dta)  
6:30 The Pink Panther (nf)

**Hot Air Balloon Day 5**  
**National Gingerbread Day**  
9 & 11am Everfit with Don  
10:30am Chair Yoga (yt)  
2:00pm Shopping: Bi-Mart, Grocery Outlet (lby)  
2:00 Balloons: The Forgotten Flights that no One Talks About (yt)  
3:15 Women's Project Circ (atr)  
6:30 The Aeronauts (yt)

**D-Day 6**  
9 & 11am Everfit with Don  
10:30am Chair Yoga, Steel  
Feather's. (thr)  
10:00am Barbara Bowers Keep in Touch (lby)  
2:00pm Bingo! (dta)  
3:15pm Current Events w/Tim (dta)  
6:30 The Darkest Hour (nf)

**Chocolate Ice Cream Day 7**  
**World Caring Day**  
(No Act of Caring is Too Small)  
9 & 11am Everfit with Don  
10:30am Chair Yoga  
1:45pm Great Performance with John M  
3:00pm Crafting with Terri  
6:30 Movie: Dangerous Lies (nf) Thriller

**Happy Birthday Ruth S. 8**  
**National Best Friends Day**  
9 & 11am Everfit with Don  
10:30am Chair Yoga, Steel  
Feather's.  
10:30am Bible Study (bty)  
2:00pm Bingo!  
3:15 The Veteran's League (bty)  
6:30 Movie: Stepmom (nf)

**Strawberry Rhubarb Pie Day 9**  
9 & 11am Everfit with Don  
10:30am Chair Yoga  
10:30am Theatrical Book Reading Group w/Julie  
2:00pm Julie Sings w/ Strawberry Rhubarb Pie & IC  
3:15pm Freddie's & St. Vinnie  
4:00pm Happy Hour  
6:30 Movie: So B. It (yt)

**Happy Birthday Verla B. 10**  
**National Iced Tea Day**  
**National Herbs & Spices Day**  
10:30am Meditation Hour (thr)  
2:00pm Bingo!  
3:15pm Oregon historical Discussion  
6:30pm Movie: The Potter's Field (yt) Mystery

**German Chocolate Cake 11**  
**Day // National Making Life Beautiful Day**  
10:30 Worship with Grace Community Church (thr)  
2:00 The Lost City of Atlantis (yt)  
3:00pm Bingo! (dta)  
6:30 Movie: Leave No Trace (nf)

**Peanut Butter Cookie Day 12**  
**National Red Rose Day**  
9 & 11am Everfit with Don  
10:30am Chair Yoga (thr)  
2:00pm Shopping at Valley River (lby)  
2pm Instacart Rally (dta)  
3:15pm Women's Project Circle (atr)  
6:30 Movie: The Switch (yt)

**Weed your Garden Day 13**  
9 & 11am Everfit with Don  
10am Lost & Found Table (lby)  
10:30am Chair Yoga, Steel  
Feather's. (thr)  
2:00pm Bingo! (dta)  
3:15 Current Events w/Tim (dta)  
6:30pm Movie: The Dig (nf)

**Flag Day 14**  
9 & 11am Everfit with Don  
10:30am Chair Yoga  
1:45pm Resident Council (dta)  
3:00pm Crafting with Terri  
3:15 YT Doc: History of the United States Flag  
6:30pm Movie: Operation Finale (nf) Flag Day (US)

**Happy Birthday Corinne M. 15**  
9 & 11am Everfit with Don  
10:00 Holly's Jewelry (lby)  
10:30am YT Chair Yoga  
10:30am Bible Study (bty)  
2:00pm Bingo  
3:15pm Home Health Benefit / Symposium (thr)  
6:30 Movie: Phantom of the Open (yt)

**National Flip Flop Day 16**  
9 & 11am Everfit with Don  
10:30am Chair Yoga  
10:30am Theatrical Book Reading Group w/Julie  
2:00pm Game: Phase 10  
3:15pm Freddie's & St. Vinnie  
4:00pm Happy Hour  
6:30 Movie: The Lost City (yt)

**National Eat your Veggies 17**  
**Day**  
**World Juggling Day**  
**National Mascot Day**  
10:30am Meditation Hour (thr)  
2:00pm Bingo!  
3:15pm Oregon historical Discussion  
6:30 Movie: Kindergarten Cop (nf)

**Happy Father's Day 18**  
**National Wear Blue Day**  
**National Splurge Day**  
10:30 Worship with Grace Community Church (thr)  
2:00pm Father's Day Social  
3:00pm Bingo!  
6:30pm Movie: Daddy Day Care (Vudu)  
Father's Day

**Juneteenth 19**  
**Happy Birthday Marcella H.**  
9 & 11am Everfit with Don  
10:00 – Andrea's Red Dress  
10:30am Chair Yoga (thr)  
2:00 Shopping: Bi-Mart (lby)  
2:00pm Julie' on Stage (dr)  
3:15 Women's Proj Circ (atr)  
6:30 Movie Miss Juneteenth (Vudu)  
Juneteenth

**Ice Cream Soda Day 20**  
**Happy Birthday Maria D.**  
9 & 11am Everfit with Don  
10:30am Chair Yoga, Steel  
Feather's. (thr)  
2:00pm Bingo! (dta)  
3:15pm Neverever Band (dr)  
6:30pm Movie: The Ranger, the Cook and a Hole in the Sky (yt)

**World Giraffe Day 21**  
**Summer Solstice**  
9 & 11 Everfit with Don  
10am Lost & Found Table (lby)  
10:30 Chair Yoga  
2:00pm Activities Forum (dta)  
3:00pm Crafting with Terri  
6:30pm Movie: The Sound of Music (Vudu)  
Summer Begins

**World Rainforest Day 22**  
9 & 11 Everfit with Don  
10:30 Chair Yoga, Steel  
Feather's.  
10:30am Bible Study (bty)  
2:00pm Bingo!  
3:15 The Gent's Hour (bty)  
3:15 Quick Craft Jar Decoupage  
6:30: Where the Crawdads Sing (nf)

**Pink Flamingo Day 23**  
9 & 11am Everfit with Don  
10:30am Chair Yoga  
10:30 Theatrical Book Reading Group w/Julie (dta)  
2:00 Pink Flamingo Doc (thr)  
3:15 Freddie's & St. Vinnie  
4:00 Happy Hour  
6:30 Movie: The Black Swan (yt)

**Swim A Lap Day 24**  
**Pablo Picasso's 1<sup>st</sup> Exhibit**  
**National Amelia Earhart Day**  
10:30am Meditation Hour (thr)  
2:00pm Bingo!  
3:15pm Oregon historical Discussion  
6:30pm Movie: Home Team (nf)

**National Catfish Day 25**  
**Color TV Day**  
**Descendant's Day**  
10:30am Worship with Grace Community Church (thr)  
2:00 Top Science Stories of 2022/Full Documentary (yt)  
3:00pm Bingo!  
6:30pm Movie: Railway Children (yt)

**Chocolate Pudding Day 26**  
9 & 11am Everfit with Don  
10:30am Chair Yoga (thr)  
2:00 Tim Performs for the Best (dr)  
2:00 Shopping: Safeway (lby)  
3:15pm Women's Project Circle (atr)  
6:30pm Movie Chocolat (yt)

**National Bingo Day 27**  
**National Sunglasses Day**  
**National Orange Blossom Day**  
9 & 11am Everfit with Don  
10:30am Chair Yoga, Steel  
Feather's.  
2:00pm Bingo!  
3:15pm Current Events w/Tim  
6:30pm Movie: Beyond the Universe (yt)

**National Topioca Day 28**  
**National Paul Bunyan Day**  
**Happy Heart Hugs Day**  
9 & 11am Everfit with Don  
10:30am Chair Yoga (thr)  
2:00 Chef's Corner (dr)  
3:15 Great Performance with John M  
6:30pm Movie: The Water is Wide (yt)

**National Carma Day 29**  
9 & 11am Everfit with Don  
10:30am Chair Yoga, Steel  
Feather's.  
10:30am Bible Study (bty)  
2:00pm Bingo!  
3:15pm Crafting with Ashleigh  
6:30 Movie: War Horse (Vudu)

**Social Media Day 30**  
9 & 11am Everfit with Don  
10:30am Chair Yoga  
10:30am Theatrical Book Reading Group w/Julie  
2:00pm Reader Theater (thr)  
3:15 Freddie's & St. Vinnie (lby)  
4:00pm Happy Hour  
6:30 Movie: Two Mules for Sister Sarah (yt)

**Waterford Grand**  
Assisted Living and Memory Care  
**Happy 101 Birthday to Marcella H.**