

### Residents Birthdays

**Richard K. Aug 9<sup>th</sup>**  
**Joseph T. Aug 10<sup>th</sup>**  
**Peter S. Aug 11<sup>th</sup>**  
**Gale W. Aug 20<sup>th</sup>**  
**Shirley F. Aug 22<sup>nd</sup>**

### Associate Birthdays

**Georgelina J. Aug 11<sup>th</sup>**  
**Jennelle C. Aug 20<sup>th</sup>**

### Employee Spotlight Michale Parker

Michale became a nurse in 1983. Since then, she has worked in a variety of settings including the hospital, skilled nursing, and assisted living/ memory care. Michale brings with her a vast knowledge of nursing, and what it takes to make sure our residents are well cared for. She started at Cascades in 2014. Since then, she has touched the lives of countless residents, associates, and family members!



### Resident Spotlight Renate Moore



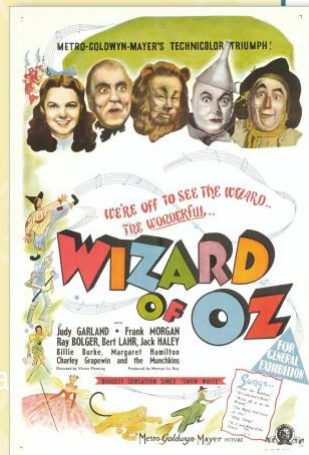
**Renate Moore has been at Cascades for a little under a year now. She has photos of her and her beloved Jimmy all around her room. From all of our conversations they had a lovely life together. She has lived in a few different cities in California over the years and traveled the world, including being an avid skier every Winter Season. If you see Renate around the Community say HELLO!!**

### Wizard Whereabouts

Oconomowoc, Wisconsin, might seem a strange venue for the world premiere of one of Hollywood's most beloved classics, but *The Wizard of Oz* was released at Oconomowoc's Strand Theater on August 12, 1939. Yet, according to the American Film Institute, Oconomowoc might not officially hold the title. Records show that Green Bay beat them for the honor by two days, opening at the Orpheum Theatre on August 10. The film was scheduled to premiere in Los Angeles on

August 9 at the Carthay Circle Theatre but was delayed.

At least two people were happy with its Wisconsin premiere. Composer Herbert Strothart and actor Meinhardt Raab were both Wisconsin natives. While the choice of Oconomowoc might seem strange, it was common for movie executives to arrange screenings in small towns to gauge audience reactions. One thing is certain: both MGM and Oconomowoc acknowledge that the honor belongs to the Strand.



# Cascades Of Grass Valley

August 2023

**Celebrating August**

**Dog Month**

**Golf Month**

**Homemade Pie Day**  
August 1

**Farmers Market Week**  
August 6-12

**Lighthouse Day**  
August 7

**Garage Sale Day**  
August 12

**Senior Citizen's Day**  
August 21

**World Water Week**  
August 20-24

**National Park Service Day**  
August 25

**Be Kind to Humankind Week**  
August 25-31

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## Fourth of July Parade and Fireworks





Outing to the Del Oro to spend the afternoon with Harrison Ford...in the latest installment of the Indiana Jones movies. Mixed reviews from the residents, but over all a good time.

Cars & Coffee in the SPD parking lot is always a popular outing for the residents. We try and go at least once a month while the weather is good. Social Hour is also another well attended activity out on our beautiful patio. Love listening to all the residents interacting with each other. Craft activities are always a fun way to express yourself. Below we are painting lizards and fish in craft class.



Some of the most exotic geocache locations are at the Eiffel Tower in Paris and on Deception Island, Antarctica.

### On the Hunt

On August 19, you can enjoy a little dose of discovery on International Geocaching Day. Geocaching is a modern-day version of treasure hunting. Individuals hide their “treasure,” the geocache, at any location they choose. The cache’s GPS coordinates, often with a description of the environs, are then posted to a website. Using these details, it is up to the treasure hunter to track down the cache. This popular pastime began in 2000, when computer consultant Dave Ulmer hid a bucket in the Oregon woods,

hoping to test the accuracy of satellite positioning systems. What followed was an entirely new form of outdoor adventure. Participants typically do not just find a cache but are encouraged to leave a prize for the next treasure hunter. For many, simply finding the cache is reward enough. With over three million geocaches hidden worldwide, there are likely several near you right now. And Dave Ulmer’s “Original Stash” still lies in wait in the Oregon woods.

## Highlights of the Month of August

- August 4<sup>th</sup> Happy Hour with Cowboy Curt**
- August 5<sup>th</sup> Coffee & Cars**
- August 8<sup>th</sup> Activity Committee**
- August 10<sup>th</sup> Mission Impossible Movie Outing**
- August 11<sup>th</sup> Thrift Store Trip and Happy Hour with Step Side**
- August 16<sup>th</sup> Breakfast at IHOP**
- August 17<sup>th</sup> Resident Council**
- August 18<sup>th</sup> Target Trip**
- August 23<sup>rd</sup> Lunch Outing to Maria’s**
- August 23<sup>rd</sup> Happy Hour with Billy Bensing**
- August 25<sup>th</sup> DANCE PARTY**
- August 26<sup>th</sup> Coffee & Cars**
- August 30<sup>th</sup> Thrift Store trip**



### Management Team

Executive Director  
Haley Parker Monday-Friday

Wellness Director  
Kristen Kendrick Monday-Friday

Community relations Director  
Angela Hammond Tuesday-Saturday

Plant operations Director  
Alex Carson Sunday-Thursday

Business Office Manager  
Jennelle Carr Monday-Friday

Dining Services Director  
Annekín Ove Sunday-Thursday

Life Enrichment Director  
Kelly Collin Tuesday-Saturday

Hair Salon Open  
Wednesday and  
Friday 1pm-4pm

Call Desi Anderson to make an  
appointment.  
(530) 798-3010



Hot weather is upon us and getting hotter. Please make sure to stay hydrated!