Ä	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	20	gust 23	10:00 Time to get Movin 10:30 Mid-Morning Fuel 11:00 Name 10 1:00 BINGO 2:00 Light Refreshments 2:30 Out to the Garden 3:30 Bean Bag Toss	9:30 Music with Lisa 10:00 Chair Yoga 10:30 Time to Hydrate 11:00 Happy Hands Manis 1:00 Dementia Support 1:00 Bocce Ball 2:00 Lets Have a Snack 2:30 Sing-along 3:30 Pictionary	9:30 Daily Chronicles 10:00 Morning Exercise 10:30 Lets Hydrate 11:00 What AM I? 1:00 BINGO 2:00 Snack & Chat 2:30 Name That Tune 3:30 Out to the Garden 5:30 Evening Movie	10:00 Video Sit & Stretch 10:30 Hydration Cart 11:00 Beach Ball Toss 1:00 Matinee Movie 2:00 Light Refreshments 2:30 Color My World 3:30 Musical Moments	9:30 Daily Chronicles 10:00 Steel Feathers Zumba 10:30 Hydration Cart 11:00 Relaxation Meditation 1:00 Documentary 2:00 Light Refreshments 2:30 Color My World 3:30 Musical Moments 5:30 Evening Movie	
	9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Lets Hydrate 11:00 Mystery Word 1:30 Beach Ball Toss 2:00 Lets Share a Snack 2:30 Out to the Garden 3:30 Happy Hands Manis	9:30 Daily Chronicles 10:00 Sit & Stretch 10:30 Hydration Station 11:00 Short Stories 1:00 Chair Bowling 2:00 Snack & Chat 2:30 Getting Crafty 3:30 Cannon Ball 5:30 Evening Movie	9:30 Daily Chronicles 10:00 Time to get Movin 10:30 Mid-Morning Fuel 11:00 Name 10 1:00 BINGO 2:00 Light Refreshments 2:30 Out to the Garden 3:30 Bean Bag Toss	5:30 Evenina Movie	_	0 9:30 Daily Chronicles 11 10:00 Video Sit & Stretch 10:30 Hydration Cart 11:00 Beach Ball Toss 1:00 Matinee Movie 2:00 Snack with Friends 2:30 Color My World 3:30 Musical Moments	9:30 Daily Chronicles 12 10:00 Steel Feathers Zumba 10:30 Hydration Cart 11:00 Relaxation Meditation 1:00 Documentary 2:00 Light Refreshments 2:30 Color My World 3:30 Musical Moments 5:30 Evening Movie	
	10:00 Chair Exercise 10:30 Lets Hydrate 11:00 Mystery Word 1:30 Beach Ball Toss 2:00 Lets Share a Snack 2:30 Out to the Garden 3:30 Happy Hands Manis	9:30 Daily Chronicles 12 10:00 Sit & Stretch 10:30 Hydration Station 11:00 Short Stories 1:00 Chair Bowling 2:00 Snack & Chat 2:30 Getting Crafty 3:30 Cannon Ball 5:30 Evening Movie	10:00 Time to get Movin 10:30 Mid-Morning Fuel 11:00 Name 10 1:00 BINGO 2:00 Light Refreshments 2:30 Out to the Garden 3:30 Bean Bag Toss	9:30 Music with Lisa 16 10:00 Chair Yoga 10:30 Time to Hydrate 11:00 Happy Hands Manis 1:00 Bocce Ball 2:00 Lets Have a Snack 3:00 Shaymus Hanlin Performs in AL 5:30 Evening Movie	9:30 Daily Chronicles 10:00 Morning Exercise 10:30 Lets Hydrate 11:00 Where AM I? 1:00 BINGO 2:00 Snack & Chat 2:30 Name That Tune 3:30 Out to the Garden 5:30 Evening Movie	10:00 Video Sit & Stretch 10:30 Hydration Cart 11:00 Beach Ball Toss 1:00 Matinee Movie 2:00 Snack with Friends 2:30 Color My World 3:30 Musical Moments	9:30 Daily Chronicles 19 10:00 Steel Feathers Zumba 10:30 Hydration Cart 11:00 Relaxation Meditation 1:00 Documentary 2:00 Light Refreshments 2:30 Color My World 3:30 Musical Moments 5:30 Evening Movie	
	10:00 Chair Exercise 10:30 Lets Hydrate 11:00 Mystery Word 1:30 Beach Ball Toss 2:00 Lets Share a Snack 2:30 Out to the Garden 3:30 Happy Hands Manis	9:30 Daily Chronicles 10:00 Sit & Stretch 10:30 Hydration Station 11:00 Short Stories 1:00 Chair Bowling 2:00 Snack & Chat 2:30 Getting Crafty 3:30 Cannon Ball 5:30 Evening Movie	10:00 Time to get Movin 10:30 Mid-Morning Fuel 11:00 Name 10 1:00 BINGO 3:00 End of Summer Luau: Music by Charles & The Angels in AL	10:00 Chair Yoga 10:30 Time to Hydrate 11:00 Happy Hands Manis 1:00 Bocce Ball	9:20 Furry Friend Visits 2 10:00 Morning Exercise 10:30 Lets Hydrate 11:00 Who AM I? 1:00 BINGO 2:00 Snack & Chat 2:30 Name That Tune 3:30 Out to the Garden 5:30 Evening Movie	10:00 Video Sit & Stretch 10:30 Hydration Cart 11:00 Beach Ball Toss 1:00 Matinee Movie 2:00 Snack with Friends 2:30 Color My World 3:00 Steve West Performs	9:30 Daily Chronicles 26 10:00 Steel Feathers Zumba 10:30 Hydration Cart 11:00 Relaxation Meditation 1:00 Documentary 2:00 Light Refreshments 2:30 Color My World 3:30 Musical Moments 5:30 Evening Movie	
	10:00 Chair Exercise 10:30 Lets Hydrate 11:00 Mystery Word 1:30 Beach Ball Toss 2:00 Lets Share a Snack 2:30 Out to the Garden 3:30 Happy Hands Manis 5:30 Evening Movie	10:00 Sit & Stretch 10:30 Hydration Station 11:00 Short Stories 1:00 Chair Bowling 2:00 Snack & Chat 2:30 Getting Crafty 3:30 Cannon Ball 5:30 Evening Movie	10:00 Time to get Movin 10:30 Mid-Morning Fuel 11:00 Name 10 1:00 Bean Bag Toss 2:00 Light Refreshments 2:30 Out to the Garden 3:30 Bean Bag Toss	9:30 Daily Chronicles 30 10:00 Chair Yoga 10:30 Time to Hydrate 11:00 Happy Hands Manis 1:00 Bocce Ball 2:00 Lets Have a Snack 2:30 Sing-along 3:30 Pictionary 5:30 Evening Movie	9:30 Daily Chronicles 10:00 Morning Exercise 10:30 Lets Hydrate 11:00 What AM I? 1:00 BINGO 2:00 Snack & Chat 2:30 Name That Tune 3:30 Out to the Garden 5:30 Evening Movie	Regency Park Assisted Living Memory Care The Difference Between Livi	ng & Living Well	
	All activities are subject to change.							