

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

The Cottage

Birthdays: Hazel 9/3, Barbara J. 9/26

<p>10:00 Gentle Stretch 10:30 Daily Chronicles 10:50 Self Care September Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspirations</p>	<p>10:00 Scenic Drive 2:30 Gentle Stretch 2:50 Daily Chronicles 3:00 Self Care September Discussion 3:15 Give Me a Letter</p> <p>Labor Day</p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Self Care September Discussion 2:30 Trivia 3:30 Fly Swatter Ball</p>	<p>10:00 Gentle Stretch 10:30 Daily Chronicles 10:50 Self Care September Discussion 11:00 Meditation 2:30 Bingo Madness 3:30 Walking Group</p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Self Care September Discussion 2:30 Crafts w/Bobbi 3:30 Activity Meeting</p>	<p>10:15 Chair Zumba 11:00 Daily Chronicles 11:20 Self Care September Discussion 2:30 Games, Residents Choice 4:00 Ted Talk</p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Self Care September Discussion 2:00 Movie w/Popcorn</p>
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<p>10:00 Gentle Stretch 10:30 Daily Chronicles 10:50 Self Care September Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspirations</p>	<p>10:00 Scenic Drive 2:30 Music w/Fun Singers 3:30 Gentle Stretch 3:50 Daily Chronicles 4:00 Self Care September Discussion</p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Self Care September Discussion 2:30 Give Me a Letter 3:30 Bean Bag Toss</p>	<p>10:00 Gentle Stretch 10:30 Daily Chronicles 10:50 Self Care September Discussion 11:00 Meditation 2:30 Bingo Madness 3:30 Walking Group</p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Self Care September Discussion 2:30 August Birthday Party 3:00 Favorite B-day Memories</p>	<p>10:15 Chair Zumba 11:00 Daily Chronicles 11:20 Self Care September Discussion 2:30 Frisbee Basketball 4:00 Ted Talk</p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Self Care September Discussion 2:00 Movie w/Popcorn</p>
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The Cottage; 3210 Rickey Rd. NE, Bremerton, WA 98310 (360) 373-0553 **Activities Subject to Change: based on residents requests and interests**