










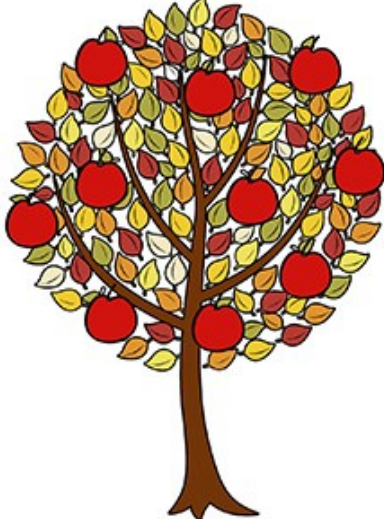










September-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <h2 style="font-size: 48px; color: #4F81BD;">The Lodge</h2> <h1 style="font-size: 72px; color: #4F81BD; letter-spacing: 10px;">SEPTEMBER</h1> 				<p>1</p> <p>9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Art Expressions 2:00 Namaste Nail Care with Victoria 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p> 	<p>2</p> <p>9:30 Walk Across America 10:00 Daily News and Chronicle 10:30 Would You Rather? 11:00 Namaste 2:00 Music in the Fireside-FC Piano with Paul Vandervoort 3:00 BINGO! 4:00 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p>
<p>3 Bowling League Day</p> <p>9:30 Daily Chronicle and News 9:45 Bible Study 10:00 Walk Across America 10:30 Brain Games 1:00 Bowling Game 2:00 Theatre Matinee and Snack Bar The Story of Fire Saga (2020) 4:00 Aroma Therapy 6:00 Life Skills</p> 	<p>4 LABOR DAY</p> <p>9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 Labor Day Laughs 1:30 Scavenger Hunt- Duck Hunt 2:00 Music: 100 Songs You've Heard and Don't Know the Name 3:00 BINGO! 4:00 Aroma Therapy 6:00 Life Skills</p>	<p>5</p> <p>9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Crafts with Kaylee Suncatchers 2:00 Art Expressions 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic- Channel 43</p> 	<p>6</p> <p>9:30 A Visit with Yuki and Christine 10:30 BINGO! 1:00 Brain Games 1:30 Beauty Salon 2:00 Namaste Nail Care with Victoria 3:00 Documentary 4:00 Aroma Therapy 6:00 Animal Planet—Channel 39</p>	<p>7</p> <p>9:30 Outdoor Stretch 10:00 Daily News and Chronicle 10:15 Noodle Ball 10:30 Catholic Mass—GR 10:30 Communion 1:00 BINGO! 2:00 Courtyard Stroll 3:00 Armchair Traveler 4:15 Aroma Therapy 5:30 Football Season Kick Off: Kansas City Chiefs vs. Detroit Lions-CBS</p> 	<p>8</p> <p>9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Art Expressions 2:00 Namaste Nail Care with Victoria 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p>	<p>9 Wonderful Weirdos Day</p> <p>9:30 Walk Across America 10:00 Daily News and Chronicle 10:30 What am I? 11:00 Namaste 2:00 Music in the Fireside-FC Encore Band 3:00 BINGO! 4:00 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p>
<p>10 Grandparents Day</p> <p>9:30 Daily Chronicle and News 9:45 Bible Study 10:00 Courtyard Stroll 10:30 Brain Games 1:00 Debi Destiny the Magician-GR 2:30 BINGO! 4:00 Aroma Therapy 5:20 Sunday Night Football: Dallas Cowboys vs. New York Giants—NBC 6:00 Life Skills</p> 	<p>11</p> <p>9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 Funny Fashions 1:00 Raylan the Therapy Dog 1:30 Random Trivia 2:00 Music: Classical Music with Feeling 2:30 BINGO! 4:00 Aroma Therapy 5:15 Monday Night Football: Buffalo Bills vs. New York Jets- ESPN 6:00 Life Skills</p>	<p>12 Mindfulness Day</p> <p>9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Table Games 2:00 No Bake Club- EZ Apple Snacks 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic- Channel 43</p>	<p>13 International Chocolate Day</p> <p>9:30 A Visit with Yuki and Christine 10:30 BINGO! 1:00 Namaste Nail Care with Victoria 2:00 Lois' Birthday Party! 3:00 Documentary 4:00 Aroma Therapy 6:00 Animal Planet—Channel 39</p> 	<p>14</p> <p>9:30 Outdoor Stretch 10:00 Daily News and Chronicle 10:15 Noodle Ball 10:30 Communion 1:00 BINGO! 2:00 Courtyard Stroll 3:00 Armchair Traveler 4:15 Aroma Therapy 5:15 Thursday Night Football: Minnesota Vikings vs. Philadelphia Eagles— CBS</p>	<p>15</p> <p>9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Art Expressions 2:00 Namaste Nail Care with Victoria 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p> 	<p>Abbreviations Key: ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema</p>

Pleasant Events are subject to change based on the interest and requests of our residents!

September-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: left;">  <h1 style="color: teal;">The Lodge</h1> <h1 style="color: multi;">September</h1> </div> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> </div> <div style="text-align: right; margin-top: 20px;"> <p>Abbreviations Key: ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema</p> </div> <div style="text-align: right; margin-top: 20px;"> <p>16 9:30 Courtyard Stroll 10:00 Daily News and Chronicle 10:30 Who Am I? 11:00 Namaste 2:00 Music in the Fireside-FC Blue Grass Association 3:00 Bingo! 4:00 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p>  </div>						
<p>17 9:30 Daily Chronicle and News 9:45 Bible Study 10:00 Courtyard Stroll 10:30 Brain Games 1:30 No Bake Club— Day at the Beach Pie 2:30 Theatre Matinee and Snack Bar Couples Retreat (2009) 4:00 Aroma Therapy 5:20 Sunday Night Football: Miami Dolphins vs. New England Patriots—NBC</p>	<p>18 Cheeseburger Day 9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 September EZ Does It Trivia 1:00 Raylan the Therapy Dog 1:30 Scavenger Hunt—Beanie Babies 2:00 Music: Music Titles Game  2:30 BINGO! 4:00 Aroma Therapy 5:15 Monday Night Football: Cleveland Browns vs. Pittsburgh Steelers—ESPN</p>	<p>19 9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Crafts with Kaylee Photo Blocks 2:00 Courtyard Stroll 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic- Channel 43</p>	<p>20 9:30 A Visit with Yuki and Christine 10:30 Namaste Nail Care with Victoria 1:00 BINGO! 2:00 Documentary 3:00 Feel The Fashion 4:00 Aroma Therapy 6:00 Life Skills</p> 	<p>21 International Day of Peace 9:30 Outdoor Stretch 10:00 Daily News and Chronicle 10:15 Noodle Ball 10:30 Communion 1:00 BINGO! 2:00 Courtyard Stroll 3:00 Armchair Traveler 4:15 Aroma Therapy 5:15 Thursday Night Football: New York Giants vs. San Francisco 49rs-CBS</p>	<p>22 Elephant Appreciation Day 9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Art Expressions 2:00 Namaste Nail Care with Victoria 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p> 	<p>23 9:30 Courtyard Stroll 10:00 Daily News and Chronicle 10:30 Would You Rather? 11:00 Namaste 2:00 Music in the Fireside-FC 3:00 Bingo! 4:00 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p>
<p>24  9:30 Daily Chronicle and News 9:45 Bible Study 10:00 Courtyard Stroll 10:30 Brain Games 1:30 Table Games 2:30 BINGO! 4:00 Aroma Therapy 5:20 Sunday Night Football: Pittsburgh Steelers vs. Las Vegas Raiders—NBC 6:00 Life Skills</p>	<p>25 One Hit Wonder Day 9:45 Steel Feather Fitness Zumba 10:30 Daily Chronicle and News 10:45 Sewing and Fashion Trivia 1:30 Walk Across America 1:30 Music: One Hit Wonders 2:30 BINGO! 4:00 Aroma Therapy 5:15 Monday Night Football: Los Angeles Rams vs. Cincinnati Bengals-ESPN 6:00 Life Skills</p>	<p>26 Johnny Appleseed Day 9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Table Games 2:00 No Bake Club- Smores 3:00 Armchair Traveler 4:15 Aroma Therapy 6:00 National Geographic- Channel 43</p> 	<p>27 9:30 A Visit with Yuki and Christine 10:30 Namaste Nail Care with Victoria 1:00 BINGO! 2:00 Outdoor Games 3:00 Documentary 4:00 Aroma Therapy 6:00 Life Skills</p>	<p>28 Good Neighbor Day 9:30 Outdoor Stretch 10:00 Daily News and Chronicle 10:15 Noodle Ball 10:30 Communion 1:00 BINGO! 2:00 Courtyard Stroll 3:00 Armchair Traveler 4:15 Aroma Therapy 5:15 Thursday Night Football: Detroit Lions vs. Greenbay Packers-CBS</p>	<p>29 9:30 Outdoor Stretch 10:00 Daily Chronicle and News 10:15 BINGO! 1:00 Art Expressions 2:00 Namaste Nail Care with Victoria 3:00 Documentary 4:15 Aroma Therapy 6:00 Animal Planet—Channel 39</p>	<p>30 9:30 Courtyard Stroll 10:00 Daily News and Chronicle 10:30 What Am I? 11:00 Namaste 2:00 Music in the Fireside-FC Dave Mensing 3:00 Bingo! 4:00 Aroma Therapy 7:00 The Lawrence Welk Show - Channel 5</p> 

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