

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 September 2023						Fungus Friday 1 *Friday Fun Day *Daily Chronicle *Patio Walk *Outdoor snack social *Gardening Day *Evening Walk
Nutrition Week 3 *Gentle Stretch *Daily Chronicles * Coloring Day *Gardening Day *Sunday Service (AL Lobby 3pm) *Sip and Chat	Labor Day (U.S. and Canada) 4 *Tai Chi *Daily Chronicles *Sit and Chat *Flyswatter Ball Game *Labor Day Coloring Social *Patio Walk Labor Day	International Day of Charity 5 *Calming Meditation *Daily Chronicles * Gardening Day * Match the Cards Game Social *Evening Outdoor relaxation *Bird Feeding Day	Coffee Ice Cream Day 6 *Yoga *Daily Chronicles *Bible Study (10:30am) * Coffee Ice Cream Dessert Social *Gardening Day *Evening Stretch	"I Eats Me Spinach" Days 7 *Strength Training *Daily Chronicles *Monthly Gazette *Puzzle Day *Popeye The Movie *Aroma Therapy	Pledge of Allegiance First Published 8 *Friday Fun Day *Daily Chronicle *Name the Tune *Gardening Day *Pet Therapy *Aroma Therapy	Victory Over Japan Day Nutrition Week 2 *Mobility and Balance *Daily Chronicles *Gardening Day *Hand Massage Day *Aroma Therapy *Classic Cartoons
Grandparents Day 10 *Gentle Stretch *Daily Chronicles * Coloring Day *12:00-3:00 Grandparents Celebration Day *Aroma Therapy *Sip and Chat Grandparents Day	A Sad Remembrance Day 11 *Tai Chi *Daily Chronicles *Patio Walk *Evening Stretch *Flag Painting Day *Patio Relaxation	Taste of Honey Day 12 *Calming Meditation *Daily Chronicles *Walking Day *Honey Tea Social *Kickball *Classic Cartoons	Chocolate Milkshake Day 13 *Yoga *Daily Chronicles *Bible Study (10:30am) * Chocolate Milkshake Dessert Social *Gardening Day *Evening Stretch	Cream-Filled Donut Day 14 *Strength Training *Daily Chronicles *Gardening Day *Donut Dessert Social *Dart Game *Once upon A Time (TV Show)	Rosh Hashanah or Jewish New Year 15 *Friday Fun Day *Daily Chronicle *Sip and Chat *Outdoor Art and tea *Evening Walk *Aroma Therapy Rosh Hashanah Begins	Oktoberfest Begins 16 *Mobility and Balance *Daily Chronicle *Name the Tune * Hand Massage Day *Evening Walk *Classic Cartoons Oktoberfest Begins
Deaf Awareness Week Begins 17 *Gentle Stretch *Daily Chronicles * Coloring Day *Gardening Day *Sunday Service (AL Lobby 3pm) *Sip and Chat	Happy Birthday, U.S. Air Force 18 *Tai Chi *Daily Chronicles *Gardening Day *U.S Air Forces Celebration *Junk Drawer Detective *Painting Social	Guacamole Day 19 *Calming Meditation *Daily Chronicles * Gardening Day *Tacos and Guacamole Lunch Social *Yakima Library Visit (3:30 AL Lobby) *Evening Outdoor relaxation	Sugar Day 20 *Yoga *Daily Chronicles *Bible Study (10:30am) *11:30 Double Time (AL Lobby) *SnackCrate Social (Spain) *Gardening Day *Evening Stretch	World Alzheimer's Day 21 *Strength Training *Daily Chronicles *Table Golf Social *Patio Picnic *Aroma Therapy *Flyswatter Ball Game *Picture This Game	Bake Your Best Biscuits Day 22 *Friday Fun Day *Daily Chronicle *Name the Tune *Biscuit and Ice-cream Dessert Social *Evening Walk *Aroma Therapy	Autumn Season Begins 23 *Mobility and Balance *Daily Chronicles *Walking Day *Autum Art Project *Kickball *Classic Cartoons Autumn Begins
Gold Star Mother's and Family's Day 24 *Gentle Stretch *Daily Chronicles *Daily Chronicles *Outdoor Picnic Lunch *Outdoor Bird Watching *Gardening Day *Sit and Chat Yom Kippur	One-Hit Wonder Day 25 *Tai Chi *Daily Chronicles *Patio Walk *Evening Stretch *Junk Drawer Detective *Patio Relaxation	Johnny Appleseed's Birthday 26 *Calming Meditation *Daily Chronicles *Bible Study (10:30am) *Bird Feeding Day *Evening Outdoor relaxation *Evening Stretch	World Tourism Day 27 *Yoga *Daily Chronicles *Bible Study (10:30am) *Bird Feeding Day *Gardening Day *Evening Stretch	Good Neighbor Day 28 *Strength Training *Daily Chronicles *Table Golf Social *Patio Picnic *Aroma Therapy *Flyswatter Ball Game	Harvest Moon 29 *Friday Fun Day *Daily Chronicle *Name the Tune *Gardening Day *Evening Walk *Aroma Therapy Sukkot Begins	Submarine Day 30 *Mobility and Balance *Daily Chronicle *Name the Tune *Submarine sandwich for lunch Social *Evening Walk *Aroma Therapy