

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Creekside Continuing Care Community

<p>One Lump or Two Day 3</p> <p>9:30 Light & Lively Exercise 10:00 Live Stream Church & Hymns 10:40 Mariner's Game 1:30 Ice Cream Social 3:00 Movie- Tea for Two 6:00 Billiards</p>	<p>Labor Day 4</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:10 Mariner's Game 2:00 Learning to Write with Resident Kay M. 3:30 Coffee & Brain Games</p> <p><small>Labor Day</small></p>	<p>International Day of Charity 5</p> <p>9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 3:40 Mariner's Game 6:30 Mexican Train</p>	<p>9:30 Light & Lively Exercise 6 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Piano Music with Gary Hood 3:30 Watercolor on Canvas 6:00 Travelogue Rick Steve's</p>	<p>Kickoff Day 7</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 2:00 Chair Volleyball 3:00 Happy Hour 6:30 Mexican Train</p>	<p>Footcare Appointments 1 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Bean Bag Toss 11:00 Everfit Gym 2:00 Documentary 3:00 Beer Tasting 4:10 Mariner's Game 6:00 Pinochle</p>	<p>Self-Awareness Saturday 2</p> <p>9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Outdoor Walks 1:30 Root Beer Floats Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Mexican Train</p>
<p>Assisted Living Week 10-16 10</p> <p>9:30 Light & Lively Exercise 10:00 Live Stream Church & Hymns 1:25 Seahawks' Game-FOX 1:30 Family Ice Cream Social-Bring Photos! 3:00 Movie 6:00 Billiards</p> <p><small>Grandparents Day</small></p>	<p>A Sad Remembrance Day 11</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:30 Poems & Stories 2:30 Beading Bracelets 3:30 Coffee & Brain Games 6:40 Mariner's Game</p>	<p>LOST & FOUND 12</p> <p>9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 4:00 Cribbage 6:30 Hand & Foot Game</p>	<p>RV Memories Day 13</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Chair Yoga Dance With Tosha 3:30 Share your RV Memories/Photos 6:00 Travelogue</p>	<p>Fortune Cookie Day 14</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 2:00 Wii Bowling 3:00 All About Hearing 3:00 Happy Hour 6:30 Mexican Train</p>	<p>Dot Day- Wear Polka Dots 15</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Dance Workout 11:00 Everfit Gym 2:00 Documentary 3:00 News & Views 6:00 Pinochle 7:10 Mariner's Game</p> <p><small>Rosh Hashanah Begins</small></p>	<p>Mexican Independence Day 16</p> <p>9:30 Light & Lively Exercise 10:00 Coffee Social 10:00 Seahawks Game 1:30 Root Beer Floats Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Mexican Train</p> <p><small>Oktoberfest Begins</small></p>
<p>Constitution Day 17</p> <p>9:30 Light & Lively Exercise 10:00 Live Stream Church & Hymns 10:00 Seahawk's Game-FOX 1:30 Ice Cream Social 3:00 Movie 6:00 Billiards</p>	<p>HBD U.S. Air Force 18</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:00 Picking Blackberries 11:00 Chair Exercise 2:30 Making Blackberry Freezer Jam 3:30 Coffee & Brain Games 6:40 Mariner's Game</p>	<p>Top 10 Tuesday 19</p> <p>9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 6:30 Hand & Foot Game</p>	<p>Save a Tiger & Koala Day 20</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Guitar Music with Doug Williams 3:00 Apple Tasting 6:00 Travelogue Rick Steve's</p>	<p>World Alzheimer's Day 21</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 3:00 Oktoberfest Party Accordion Music by Folk Voice Band 6:30 Mexican Train</p>	<p>Funny Saying Friday 22</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Balloon Volleyball 11:00 Everfit Gym 2:00 Documentary 3:00 Pokeno 6:00 Pinochle</p>	<p>National Hunting & Fishing 23</p> <p>9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Outdoor Walks 1:30 Root Beer Floats Social 2:30 Bingo 3:30 Adult Coloring 6:30 Mexican Train</p> <p><small>Autumn Begins</small></p>
<p>National Dog Week 24</p> <p>9:30 Light & Lively Exercise 10:00 Live Stream Church & Hymns 1:05 Seahawk's Game-CBS 1:30 Ice Cream Social 3:00 Movie 6:00 Billiards</p> <p><small>Yom Kippur Begins</small></p>	<p>One Hit Wonder Day 25</p> <p>8:00 Leavenworth Outing 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Sit & Be Fit 2:30 Adult Coloring 3:30 Coffee & Brain Games 6:40 Mariner's Game</p>	<p>Tech Tuesday 26</p> <p>9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 Food Meeting 2:30 Bingo 4:00 Tech Support/Question 6:30 Hand & Foot Game</p>	<p>Scarf Day 27</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Piano Music with Ward McCary 6:00 Travelogue Rick Steve's</p>	<p>Good Neighbor Day 28</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 2:00 Town Hall Meeting 3:30 Happy Hour 6:30 Mexican Train</p>	<p>Harvest Moon 29</p> <p>9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Horseshoes 11:00 Everfit Gym 2:00 Documentary 3:00 Old Time Fiddlers 6:00 Pinochle</p> <p><small>Sukkot Begins</small></p>	<p>Submarine Day 30</p> <p>9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Outdoor Walks 1:30 Root Beer Floats Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Mexican Train</p>

Activities Subject to Change, check weekly and daily for updates. Beauty Shop Open Wednesdays by Appointment on the 2nd Floor