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The Heritage Springs Gazette

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Articles are from Activity Connection

September 2023 Issue



Carol McInnis
Judith Bush
Allen & Marian
Eaton

From your Friends at



September Birthdays

Diane W.

September 2nd

Bernice F.

September 12th

Virginia K.

September 13th

Connie M.

September 24th

George M.

September 25th

Jeannie B.

September 25th



September gets its name from the Latin word *septem*, which means "seven." It was the seventh month of the year until 153 BC, Julius Caesar reformed the calendar and made September the ninth month. The Anglo Saxons called this time *haligmonath*, which translates to "holy month," because the harvest time was sacred to them. In Japan, September is called *kugatsu*, which means "long moon." The Anglo Saxons called it the *gerst monath*, meaning "barley month," because it was the month they harvested their barley crops.

"Happily, we bask in this warm
September sun, which illuminates all
creatures."

-Henry David Thoreau

The Month of Fire

While we associate September with going back to school, apples, and the start of fall, in ancient Rome, the month was devoted to the vulcan god of fire and forge. Romans thought September was ruled by Vulcan and expected fires and earthquakes this month. This makes sense, as forest fires tend to occur in early fall, and the reds, oranges, and yellows of fall foliage look a lot like this.

Feeling Bookish?

Want some new reads while saving on the cost of books? Simple! Head to the library! It's the perfect timing, especially if you don't have an account with your local branch, as September is Library Card Sign-Up Month.

Our Annual Luau Celebration Photos



The Difference Between Living and Living Well



BUS SCHEDULE
 Sign up at the Front Desk.
 There's a \$30 charge when a resident is accompanied by one of our staff.

Doctor Appointment Hours and Personal Errands are every Mondays, Wednesdays and Thursdays from 8:00am to 2:00pm

Shopping Days are every Tuesdays and Fridays (Please See our Activity Calendar)



Join us for our monthly RESIDENT COUNCIL MEETING and Food For Thought with Chef Celeste
Second Wednesdays at 10:00 am
at the Second Floor Commons



This Month's Upcoming Event

Heritage Springs
 Assisted Living Memory Care

End of Summer PINK EVENT

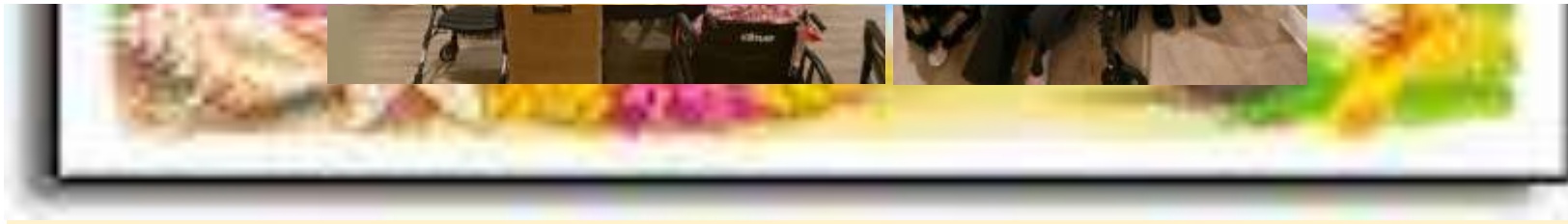
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Thursday, September 21
3:00 pm
Dining Room
DJ MUSIC . DRINKS . FOOD . FUN
PINK DRESS CODE

8720 West Flamingo Road, Las Vegas, NV 89147
 (702) 360 - 6023



Shampoo Only	\$10
Men's Shampoo and Haircut	\$22
Women's Shampoo and Haircut	\$27
Shampoo, Cut and Style	\$43
Shampoo and Style.....	\$27
Color and Style	\$62
Color, Cut and Style	\$77



Kathy's Hair Cottage
call (702) 326-2260
to set an appointment

Perm and Cut	\$85
Men's Haircut	\$20
Fingernail or Toenail Trim	\$15
Manicure	\$25
Pedicure	\$37