

September 2023


****Activities are subject to change****

Please Check the Daily Schedule for any updates



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key:</p> <p>LG—Large Group</p> <p>SG—Small Group</p> <p>SD—Self-Directed</p> <p>IND—Individual</p>	<p> • Outing</p> <p> • Meeting</p> <p> • Holiday</p> <p> • LIVE Event</p>				<p>1</p> <p>10:00am - Coloring in Activities Room (SG)</p> <p>11:00am - SteelFit Zumba Exercise in the Lounge (LG)</p> <p>1:00pm - Designing Cards in Activities Room (SG)</p> <p>3:00pm - Happy Hour in Dining Area (LG)</p>	<p>2</p> <p>10:00am - Reminisce Journaling in the Activities Room (SD)</p> <p>11:00am - Independent Exercise in the Lounge (SD)</p> <p>1:00pm - Coloring in the Activities Room (SD)</p> <p>3:00pm - Puzzle Books in the Activities Room (SD)</p>
<p>3</p> <p>9:00am - Movie Day: "We Were Soldiers" playing in Lounge (SD)</p> <p>11:00am - Independent Exercise in Lounge (SD)</p> <p>1:00pm - Coloring in Activities Room (SD)</p> <p>3:00pm - Puzzle Books in Activities Room (SD)</p>	<p>4</p> <p>9:00am – Men's Monday OUTING to: Oregon State Fair</p> <p>1:00pm - Crocheting and Knitting in Lounge (SD)</p> <p>2:00pm - Labor Day Singalong with Don in Lounge</p> <p>3:00pm - Exercise and Cornhole in Lounge (LG)</p>	<p>5</p> <p>9:30am - OUTING to: Willamette Pie Company</p> <p>1:00pm - Chaplain Steve performs in Dining Area</p> <p>2:00pm - Nutrition Class with Chef Terry in Activities Room</p> <p>3:00pm - Exercise and Ladder Toss in Lounge (LG)</p>	<p>6</p> <p>9:30am - OUTING to: Burlington</p> <p>10:30am - Bible study with Evelyn in Lounge (SD)</p> <p>11:00am - Walking Club meets in Lobby (SD)</p> <p>1:00pm - BINGO! with prizes in Lounge (LG)</p> <p>2:00pm - Garden Club meets on Back Patio (SG)</p> <p>3:00pm - Jewelry-Making in Lounge (SG)</p>	<p>7</p> <p>10:00am - Activities Committee in Dining Area (SG)</p> <p>11:00am - Exercise and Noodle Ball in Lounge (SG)</p> <p>ALL STAFF MEETING 1:30pm</p> <p>2:00pm - Chapel Service in Lounge (SD)</p> <p>2:30pm - Cindy leads a Painting Class (1 hour long) in Dining Area</p>	<p>8</p> <p>10:00am - OUTING to: Scenic Drive</p> <p>10:00am - Coloring in Activities Room (SG)</p> <p>11:00am - SteelFit Zumba Exercise in the Lounge (LG)</p> <p>1:00pm - Making Trail Mix in Activities Room (SG)</p> <p>3:00pm - Happy Hour in Dining Area (LG)</p>	<p>9</p> <p>10:00am - Reminisce Journaling in the Activities Room (SD)</p> <p>11:00am - Independent Exercise in the Lounge (SD)</p> <p>1:00pm - Coloring in the Activities Room (SD)</p> <p>3:00pm - Puzzle Books in the Activities Room (SD)</p>
<p>10</p> <p>Housekeeper Appreciation and Assisted Living Spirit Week</p> <p>9:00am - Movie Day: "Little Women" playing in Lounge (SD)</p> <p>11:00am - Independent Exercise in Lounge (SD)</p> <p>1:00pm - Coloring in Activities Room (SD)</p> <p>3:00pm - Puzzle Books in Activities Room (SD)</p>	<p>11</p> <p>Red, White, & Blue Day</p> <p>Paisley comes in at noon</p> <p>1:00pm - Crocheting and Knitting in Lounge (SD)</p> <p>2:00pm - Painting and Pastels in Activities Room (SG)</p> <p>3:00pm - Exercise and Cornhole in Lounge (LG)</p> <p>6:00pm - Sip 'n' Paint Event in Dining Area (LG)</p>	<p>12</p> <p>Mismatch Day</p> <p>9:30am - OUTING to: Fred Meyer</p> <p>1:30pm - Canine Corp visits with therapy dogs in Lounge (SG)</p> <p>3:00pm - Exercise and Ladder Toss in Lounge (LG)</p>	<p>13</p> <p>Pink Day</p> <p>9:30am - OUTING to: WinCo Foods</p> <p>10:30am - Bible study with Evelyn in Lounge (SD)</p> <p>11:00am - Walking Club meets in Lobby (SD)</p> <p>1:00pm - BINGO! with prizes in Lounge (LG)</p> <p>2:00pm - Garden Club meets on Back Patio (SG)</p> <p>3:00pm - Jewelry-Making in Lounge (SG)</p>	<p>14</p> <p>Hawaiian Shirt Day</p> <p>10:00am - Brain Games in Activities Room (SG)</p> <p>11:00am - Exercise and Ring Toss in Lounge (SG)</p> <p>1:15pm - Adam Stephenson in Lounge</p> <p>2:15pm - Chapel Service in Lounge (SD)</p> <p>3:00pm - Painting nails in Activities Room (SG)</p>	<p>15</p> <p>Hat Day</p> <p>10:00pm - Coloring in Activities Room (SG)</p> <p>11:00am - SteelFit Zumba Exercise in the Lounge (LG)</p> <p>12:30pm - Resident's Meeting in Dining Area (SD)</p> <p>3:00pm - Happy Hour in Dining Area (LG)</p>	<p>16</p> <p>10:00am - Reminisce Journaling in the Activities Room (SD)</p> <p>11:00am - Independent Exercise in the Lounge (SD)</p> <p>1:00pm - Painting Rocks with Sarah in</p> <p>3:00pm - Puzzle Books in the Activities Room (SD)</p>

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17	18	19	20	21	22	23
<p><u>9:00am</u> - Movie Day: "Cinderella Man" playing in Lounge (SD)</p> <p><u>11:00am</u> - Independent Exercise in Lounge (SD)</p> <p><u>1:00pm</u> - Coloring in Activities Room (SD)</p> <p><u>3:00pm</u> - Puzzle Books in Activities Room (SD)</p>	<p><u>10:00am</u> - OUTING to: Trader Joe's</p> <p><u>1:00pm</u> - Crocheting and Knitting in Lounge (SD)</p> <p><u>2:00pm</u> - Painting and Pastels in Activities Room (SG)</p> <p><u>3:00pm</u> - Exercise and Cornhole in Lounge (LG)</p>	<p><u>10:00am</u> - OUTING to: Reader's Guide</p> <p><u>10:30am</u> - Rachel Hampton performs in Dining Area</p> <p><u>12:30pm</u> - Chef's Corner in Dining Area (LG)</p> <p><u>2:00pm</u> - Boggle in Lounge (SG)</p> <p><u>3:00pm</u> - Exercise and Ladder Toss in Lounge (LG)</p>	<p><u>10:30am</u> - Bible study with Evelyn in Lounge (SD)</p> <p><u>11:00am</u> - Walking Club meets in Lobby (SD)</p> <p><u>1:00pm</u> - BINGO! with prizes in Lounge (LG)</p> <p><u>2:00pm</u> - Garden Club meets on Back Patio (SG)</p> <p><u>3:00pm</u> - Jewelry-Making in Lounge (SG)</p>	<p><u>10:00am</u> - Brain Games in Activities Room (SG)</p> <p><u>11:00am</u> - Ambassador's Meeting in Private Dining (SG)</p> <p><u>1:30pm</u> - Tea Party Social in the Dining Area (SG)</p> <p><u>2:00pm</u> - Chapel Service in Lounge (SD)</p> <p><u>3:00pm</u> - Sing-along in Lounge (LG)</p>	<p><u>10:00am</u> - Coloring in Activities Room (SG)</p> <p><u>11:00am</u> - SteelFit Zumba Exercise in the Lounge (LG)</p> <p><u>1:00pm</u> - End of Summer Water Party out Front (LG)</p> <p><u>3:00pm</u> - Happy Hour and LIVE MUSIC by Emily Pearl in Dining Area (LG)</p>	<p><u>10:00am</u> - Reminisce Journaling in the Activities Room (SD)</p> <p><u>11:00am</u> - Independent Exercise in the Lounge (SD)</p> <p><u>1:00pm</u> - Coloring in the Activities Room (SD)</p> <p><u>3:00pm</u> - Puzzle Books in the Activities Room (SD)</p>
24	25	26	27	28	29	30
<p><u>9:00am</u> - Movie Day: "The Martian" playing in Lounge (SD)</p> <p><u>11:00am</u> - Independent Exercise in Lounge (SD)</p> <p><u>1:00pm</u> - Coloring in Activities Room (SD)</p> <p><u>3:00pm</u> - Puzzle Books in Activities Room (SD)</p>	<p><u>9:30am</u> - OUTING to: Walmart</p> <p><u>1:00pm</u> - Crocheting and Knitting in Lounge (SD)</p> <p><u>2:00pm</u> - Painting and Pastels in Activities Room (SG)</p> <p><u>3:00pm</u> - Exercise and Cornhole in Lounge (LG)</p>	<p><u>10:00am</u> - Coloring in Activities Room (SG)</p> <p><u>1:00pm</u> - OUTING to: Cold Stone Ice Cream</p> <p><u>2:30pm</u> - Blake Johnston performs in Dining Area</p> <p><u>1:00pm</u> - Exercise and Ladder Toss in Lounge (LG)</p>	<p><u>10:30am</u> - Bible study with Evelyn in Lounge (SD)</p> <p><u>11:00am</u> - Walking Club meets in Lobby (SD)</p> <p><u>1:00pm</u> - BINGO! in Lounge (LG)</p> <p><u>2:00pm</u> - Garden Club meets on Back Patio (SG)</p> <p><u>3:00pm</u> - Jewelry-Making in Lounge (SG)</p>	<p><u>10:00am</u> - Brain Games in Activities Room (SG)</p> <p><u>11:00am</u> - Paisley in an LED meeting and unavailable</p> <p><u>12:45pm</u> - TOWN HALL in Dining Area (LG)</p> <p><u>2:00pm</u> - Chapel Service in Lounge (SD)</p> <p><u>3:00pm</u> - Good Friends Make Good Neighbors Mixer in Dining Area (SG)</p>	<p><u>10:00am</u> - Coloring in Activities Room (SG)</p> <p><u>11:00am</u> - SteelFit Zumba Exercise in the Lounge (LG)</p> <p><u>1:00pm</u> - Card Games in Activities Room (SG)</p> <p><u>3:00pm</u> - BIRTHDAY Happy Hour in Dining Area (LG)</p> 	<p><u>10:00am</u> - Reminisce Journaling in the Activities Room (SD)</p> <p><u>11:00am</u> - Independent Exercise in the Lounge (SD)</p> <p><u>1:00pm</u> - Coloring in the Activities Room (SD)</p> <p><u>3:00pm</u> - Puzzle Books in the Activities Room (SD)</p>