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The Heritage Springs Gazette

8720 West Flamingo Road, Las Vegas, NV (702) 360-6023
www.HeritageSpringsSeniorLiving.com

Articles are from Activity Connection

October 2023 Issue



Larry & Diane
Reinhardt
Susan Brown
Sadie Polish
Lee Walker
Shirley Emery

from your friends at



October Birthdays

Hatsu G.

October 5th

Bob N.

October 7th

Frances

October 20th

W.

October 31st

Edith S.



October is the tenth month of the year in the Gregorian calendar, though its name stems from the Latin *octo*, meaning "eight." In early Roman times, October was the eighth month of the calendar until January and February were added, making it the tenth. In old England, it was called **Winmonath**, meaning "wine month," as October's temperatures were ideal for making wine and cider. They also called it **Winterfylleth**, or "winter full moon," because it marked and celebrated the beginning of winter.

"I'm so glad I live in a world where there are Octobers."

- L.M. Montgomery

Halloween Around the World

In America and Canada, children go door to door in costumes on Halloween night asking for candy treats. France has recently started celebrating Halloween with costume parties. Meanwhile, in the Czech Republic, people place chairs by the fireside, one for each living family member and one for each family member that passed on. In Germany, people hide their knives to ensure the safety of the returning spirits and themselves.

Turnip Carving?

While pumpkins are carved today to make jack o' lanterns, other foods have been used throughout history to create make shift lanterns. In the British Isles in the 19th century, potatoes and turnips were carved for portable lighting.

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The Difference Between Living and Living Well

Heritage Springs
Assisted Living Memory Care

Harvest Craft AND Health Fair

November 10th
11am-3pm

Food Trucks, Petting Zoo,
Fun Games and Music for Everyone
and
Lots of crafty items on sale from
different vendors

Please RSVP with Noreen by November 3rd

8720 WEST FLAMINGO ROAD, LAS VEGAS, NV 89147 (702) 360-6023

WALK TO END ALZHEIMER'S

Join us and Support
Walk to End Alzheimer's
October 28th, 2023
LAS VEGAS BALLPARK
1650 South Pavillion Center Drive, Las Vegas, NV 89155
Walk starts at 8:30am

JOIN . SUPPORT . DONATE

Look for our team:
HERITAGE SPRINGS SPRINTERS
to donate

Heritage Springs
Assisted Living Memory Care
8720 West Flamingo Road,
Las Vegas, NV 89147
(702) 360-6023



BUS SCHEDULE
Sign up at the Front Desk.
There's a \$30 charge when a
resident is accompanied
by one of our staff.

Doctor Appointment Hours and
Personal Errands are every
Mondays, Wednesdays
and Thursdays
from 8:00am to 2:00pm

Shopping Days are every
Tuesdays and Fridays
(Please See our Activity Calendar)

Photos from Our Barbie Inspired Pink Event



Join us for our monthly
RESIDENT COUNCIL MEETING
and Food For Thought
with Chef Celeste
Second Wednesdays
at 10:00 am
at the Second Floor Commons



This Month's Upcoming Events

Heritage Springs
Assisted Living Memory Care

PUMPKIN CARVING CONTEST

JUDGEMENT DAY
IS ON
October 31st
4:00pm
at the **BISTRO**
BE THE JUDGE!

THE WINNING DEPARTMENT WILL BE ANNOUNCED ON HALLOWEEN

Heritage Springs
Assisted Living Memory Care

Halloween DISCO AND COSTUME CONTEST

OCTOBER 31st
3:00pm
at the **BISTRO**
MUSIC . FOOD . DRINKS . GAMES

8720 West Flamingo Road, Las Vegas, NV 89147
(702) 360-6023

Kathy's Hair Cottage
call (702) 326-2260
to set an appointment

Shampoo Only	\$10
Men's Shampoo and Haircut	\$22
Women's Shampoo and Haircut	\$27
Shampoo, Cut and Style	\$43
Shampoo and Style.....	\$27
Color and Style	\$62
Color, Cut and Style	\$77
Perm and Cut	\$85
Men's Haircut	\$20
Fingernail or Toenail Trim	\$15
Manicure	\$25
Pedicure	\$37