



November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>11/04 Ethel H. 11/06 Mabel W.</p> 			1 8:45 Western Wednesday 10:00 Catholic Communion 10:30 Exercise 1:30 Bible Study 3:00 Bingo with Brendan 4:30 Formal Dinner	2 8:45 Painting 10:30 Exercise 11:00 Book Club Discussion 1:00 Gardening 2:00 Wheel of Fortune 6:00 Resident Led Dominoes	3 8:45 Namaste 10:00 Fred Meyer 10:30 Exercise 11:00 Balloon Volleyball 1:00 Barbie Party 6:00 Resident Led Board Games	4 10:00 Meditation 10:30 Exercise 11:00 Word Scramble 2:00 Ukulele Performance 3:30 Bingo with Brendan 6:00 Movie
5 *Daylight Savings* 10:00 Seahawks vs. Ravens 10:30 Exercise 11:00 Balloon Volleyball 1:00 Worships Songs 2:00 Painting 3:00 Birthday Happy Hour	6 8:45 Coffee & News 9:30 Meditation 10:00 Dollar Tree 1:30 Exercise 2:15 You vs Wild 3:00 Bingo with Brendan 6:00 Resident Led Mexican Train	7 8:45 Painting 10:30 Exercise 11:00 Book Club Reading 2:00 Tea Party 2:30 Family Feud 3:00 Gardening 6:00 Zen Coloring	8 8:45 Western Wednesday 10:00 Catholic Communion 10:30 Exercise w/ Christie 11:00 Resident Council 1:30 Bible Study 3:00 Bingo with Brendan	9 8:45 Meditation 9:00 Outing to Veterans Day Assembly @ Glacier Park 1:30 Exercise 2:00 Manicures with Tech 3:00 Wheel of Fortune 6:00 Resident Led Uno	10 8:45 Namaste 10:00 Fred Meyer 10:30 Exercise 11:00 Balloon Volleyball 1:30 Crossword 2:00 Movie Matinee	11 *Veterans Day* 10:00 Meditation 10:30 Exercise 11:00 Wordle 12:00 Veterans Day Lunch 3:30 Bingo with Brendan 6:00 Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 10:30 Exercise 11:00 Balloon Volleyball 1:25 Seahawks vs. Commanders 2:00 Painting 3:30 Worship Songs 6:00 Movie	13 8:45 Coffee & News 10:00 Walmart TBD Veterans Day Celebration 1:30 Exercise 2:00 Wordle 3:00 Bingo with Brendan	14 10:30 Exercise 11:00 Resident Council Follow-Up 1:30 Fall Craft 2:30 Bible study 3:30 Pickle Party 6:00 Resident Led Uno	15 8:00 Breakfast in the Activity Room 10:00 Catholic Communion 1:30 Exercise 2:00 Balloon Bop 2:30 Technology Support 3:00 Bingo with Brendan	16 10:30 Exercise 11:00 Wellness with Dana 1:00 Wheel of Fortune 1:30 Movie Matinee 6:00 Dominoes	17 10:00 Fred Meyer 10:30 Exercise 11:00 Book Club Reading 2:30 Cabaret Performance 4:00 Thanksgiving Dinner 5:30 Thanksgiving Dinner	18 10:00 Meditation 10:30 Exercise 11:00 Word Scramble 1:00 Button Art 2:30 You vs Wild 3:30 Bingo with Brendan
19 10:30 Exercise 11:00 Balloon Volleyball 1:25 Seahawks vs. Rams 2:30 Worship Songs 3:00 Crossword 6:00 Movie	20 8:45 Coffee & News 10:00 Bartell Drugs 1:30 Exercise 2:00 Wheel of Fortune 3:00 Bingo with Brendan 6:00 Resident Led Dominoes	21 8:00 Gentleman's Breakfast 10:30 Exercise 11:00 Book Club Reading 1:30 Bible Study 2:30 Craft with Jamie 6:00 Zen Coloring	22 8:45 Western Wednesday 10:00 Catholic Communion 10:30 Exercise w/ Christie 1:30 Thanksgiving Jeopardy 3:00 Bingo with Brendan	23 *Thanksgiving* 10:00 Meditation 10:30 Self Guided Exercise 3:00 Zen Coloring 5:20 Seahawks vs. 49ers 6:30 Resident Led Uno	24 9:30 Meditation 10:00 Fred Meyer 1:30 Exercise 2:00 Balloon Volleyball 2:30 Family Feud 3:00 Movie Matinee	25 10:00 Meditation 10:30 Exercise 11:00 Wordle 2:00 Hot Chocolate Tasting 3:30 Bingo with Brendan 6:00 Zen Coloring
26 10:30 Exercise 11:00 Balloon Volleyball 1:00 Craft 2:30 Worship Service with the Schaefers 3:00 Family Feud 6:00 Movie	27 8:45 Coffee & News 9:30 Meditation 10:00 Target 1:30 Exercise 2:00 Wheel of Fortune 3:00 Bingo with Brendan	28 10:30 Exercise 11:00 Book Club Reading 1:30 Bible Study 2:00 Cooks Corner 4:00 Wine & Cheese Tasting 6:00 Zen Coloring	29 8:45 Western Wednesday 10:00 Catholic Communion 10:30 Exercise 1:30 Winter Painting 3:00 Bingo with Brendan	30 8:45 Namaste 10:30 Exercise 11:00 Book Club Discussion 2:00 Family Feud 3:00 Jokes with Brendan 5:15 Seahawks vs. Cowboys	<h1>November 2023</h1>	