

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

November 2023

Creekside Continuing Care Community

			Footcare Appointments 1 Beauty Shop Open 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Piano Music with Gary Hood 3:00 Collage Art 6:00 Billiards	2 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:30 Chair Volleyball 3:00 Happy Hour 6:30 Let's Play Mexican Train	3 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Everfit Gym Time 11:00 Horseshoes 1:30 Documentary 3:00 Red Wine & Beer Tasting 6:30 Pinochle	4 9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Indoor Walks 1:30 Root Beer Floats 2:30 Bingo 6:30 Mexican Train
5 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 10:00 Seahawks Game-CBS 1:30 Hot Chocolate Social 3:00 Movie	6 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Scenic Drive 11:00 Chair Exercise 1:30 Thrift Shop Outing to Bargains Galore 3:30 Coffee & Brain Games 6:30 Scrabble	7 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 3:30 Fall Crafts 6:30 Mexican Train	8 Beauty Shop Open 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Guitar Music with Lee Howard 3:00 Watercolor Painting 6:30 Billiards	9 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Fred Meyer Errand Run 1:30 Horseshoes 2:15 All About Hearing 3:00 Happy Hour 6:30 Let's Play Mexican Train	10 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Everfit Gym Time 11:00 Bookmobile-Library 1:30 Documentary 3:00 Blackjack 6:30 Pinochle	11 9:30 Light & Lively Exercise 10:00 Coffee Social 10:30 Rock & Gem Show Outing 11:00 YouTube Patriotic Sing Along 2:30 Bingo <small>Veterans Day Remembrance Day (Canada)</small>
12 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:25 Seahawks Game-FOX 1:30 Hot Cider Social 3:00 Movie <small>Diwali (Hindi)</small>	13 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 Adult Coloring 3:30 Coffee & Brain Games 6:30 Hand & Foot Card Game	14 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 3:30 Rock Painting 6:30 Mexican Train	15 Beauty Shop Open 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 1:30 Card Making 3:00 Travelogue 6:30 Billiards	16 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 2:00 Monthly Birthday Party Guitar Music With Chuck Dingee 3:30 Happy Hour	17 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Volleyball 1:30 Documentary 3:00 Sing Along with Gerry & Mary 4-6:30 Family Thanksgiving Buffet	18 9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Indoor Walks 1:30 Ice Cream Social 2:30 Bingo 6:30 Mexican Train
19 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:25 Seahawks Game-CBS 1:30 Hot Chocolate Social 2:00 Movie	20 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 YouTube Chair Exercise 12:00 Outing Sedro-Woolley Museum 2:00 Food Meeting 6:30 Scrabble	21 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 YouTube Chair Exercise 2:30 Bingo 6:30 Mexican Train	22 Beauty Shop Open 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 YouTube Chair Exercise 1:00 Popcorn 2:00 Guitar Music with Doug Williams 3:00 Travelogue 6:30 Billiards	Happy Thanksgiving 23 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 YouTube Chair Exercise 1:30 Gaither Thanksgiving Program- YouTube 6:30 Let's Play Mexican Train <small>Thanksgiving Day (US)</small>	24 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Everfit Gym Time 11:00 Bookmobile-Library 1:30 Documentary 3:00 Happy Hour 6:30 Pinochle	25 9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Indoor Walks 1:30 Egg Nog Social 2:30 Bingo 6:30 Mexican Train
26 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:30 Hot Cider Social 3:00 Movie	27 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 11:30 Lunch Outing Coconut Kenny's 1:30 Christmas Tree Decorating 3:30 Coffee & Brain Games	28 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 6:30 Mexican Train	29 Beauty Shop Open 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Popcorn 2:00 Piano Music with Ward McCary 3:00 Travelogue 6:30 Billiards	30 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 2:00 Town Hall Meeting 3:30 Happy Hour 6:30 Let's Play Mexican Train	 <p>Creekside Continuing Care Community</p> <p><small>The Difference Between Living and Living Well</small></p>	

Activities Subject to Change-Check Weekly & Daily for Updates