

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|---|--|---|---|--|
|   | L = Lobby<br>TR = Theater Room<br>CK = Country Kitchen<br>AR = Activity Room<br>BP = Back Patio<br>CR = Conference Room<br>LR = Living Room<br>FE = Front Entrance  |   | <b>Remembrance Day 1</b><br>9:00 Coffee and News at the Bistro<br>10:00 Chair Dancing Fitness (B)<br>10:30 Learn About Canadian Culture (B)<br>1:00 BINGO at the Activity Room<br>2:00 Poker Games with Larry (B)<br>3:00 Wine Down Wednesday at the Bistro<br>*Serving Wine, Cheesse and Crackers*<br>5:00 Netflix Adventure Series at the Bistro:<br>Sweet Magnolias               | <b>Cookie Monster's Birthday 2</b><br>9:00 Coffee and News at the Bistro<br>10:00 Simple Stretching at the Bistro<br>10:00 Health Talk with Carol (B)<br>1:00 BINGO at the Activity Room<br>2:00 Great National Parks on YouTube (B)<br>2:30 Holy Rosary w/ Bonnie (CR)<br>3:00 Scrabble Club at the Bistro<br>5:00 Nature Series on Netflix: (TR)<br>BBC's Life in Color w/ David A.     | <b>Happy Birthday Virginia A! 3</b><br>9:00 Coffee and News at the Bistro<br>9:30 Mindfulness Meditation (B)<br>10:00 Casino Outing to Palms Casino<br>1:00 Easy Crochet with Connie (LR)<br>2:00 Poker Games with Larry (B)<br>2:00 UNO Card Games (B)<br>3:00 Shopping at the Family Dollar<br>5:00 Golden Movie of the Week: (TR)<br>LAST VEGAS                                | <b>Sausage &amp; Kraut Day 4</b><br>9:00 Catholic Services (TR)<br>9:30 Coffee and News at the Bistro<br>10:00 Chair Tai Chi (B)<br>10:15 Weekly Bible Verse Sharing (BP)<br>1:00 BINGO at the Activity Room<br>3:00 Happy Hour w/ Michael Sara (LR)<br>5:00 Featured Documentary at the Theater<br>"Where The Rope Ends"<br>by Baylee Sinner                |
| <b>Daylight Saving Time Ends 5</b><br>8:30 David Jeremiah on TV Channel 26<br>9:00 Joel Osteen on TV Channel 26<br>9:30 Catholic Mass on TV Channel 12<br>10:00 Scenic Train Ride - YouTube (B)<br>1:00 Large Word Find Puzzles (B)<br>2:00 Scenic RV Travels on YouTube (B)<br>5:00 Netflix Travel Series at the Bistro:<br>SOMEBODY FEED PHIL  | <b>National Basketball Day 6</b><br>9:00 Coffee and News at the Bistro<br>10:00 Steel Feathers Yoga with Gee (LR)<br>1:00 Bingo with Julie & Bryan<br>from Brighton Health (AR)<br>2:00 Poker Games with Larry (B)<br>2:00 Great National Parks on YouTube (B)<br>3:00 Large Word Find Puzzles (B)<br>4:00 Monday Night Football (B)<br>5:00 Netflix Nature Series at the Theater | <b>Happy Birthday Jerry! 7</b><br>9:00 Coffee and News at the Bistro<br>10:00 Range of Motion Exercises (B)<br>10:30 General Knowledge Q & A (B)<br>1:00 Weekly Menu Meeting (DR)<br>2:00 Great National Parks on YouTube (B)<br>2:00 Dot-to-Dot Therapy (B)<br>3:00 Shopping at Walmart<br>5:00 Inspirational Movie at the Theater:<br>Rescued by Ruby             | <b>National Parent as Teachers Day 8</b><br>9:00 Coffee and News at the Bistro<br>10:00 Resident Council Meeting and<br>Food for Thought with Chef Celeste<br>1:00 BINGO at the Activity Room<br>2:00 Poker Games with Larry (B)<br>3:00 Birthday Bash with Tom Mazzaro (B)<br>*Serving Birthday Cake and Drinks*<br>5:00 Netflix Adventure Series at the Bistro:<br>Sweet Magnolias | <b>World Freedom Day 9</b><br>9:00 Coffee and News at the Bistro<br>10:00 Simple Stretching at the Bistro<br>10:30 Health Talk with Carol (B)<br>2:00 Honor Our Veterans Program<br>2:30 Holy Rosary w/ Bonnie (CR)<br>3:00 Autumn Crafts with Carol (AR)<br>5:00 Nature Series on Netflix: (TR)<br>BBC's Life in Color w/ David A.   | <b>Marine Corps Day 10</b><br>9:00 Coffee and News at the Bistro<br>9:30 Mindfulness Meditation (B)<br>11:00 Harvest Fair at Heritage Springs<br>1:00 Easy Crochet with Connie (LR)<br>2:00 Poker Games with Larry (B)<br>2:00 UNO Card Games (B)<br>3:00 Shopping at Big Lots<br>5:00 Golden Movie of the Week: (TR)<br>The Last Laugh   | <b>Veterans Day 11</b><br>9:00 Catholic Services (TR)<br>9:30 Coffee and News at the Bistro<br>10:00 Chair Tai Chi (B)<br>10:15 Weekly Bible Verse Sharing (BP)<br>1:00 BINGO at the Activity Room<br>2:00 Simple Manicure with Carol (AR)<br>2:30 Scenic RV Travels on YouTube (TR)<br>5:00 REDBOX Movie Pick of the Week:<br>Can You Keep a Secret? (TR)   |
| <b>Football Day 12</b><br>8:30 David Jeremiah on TV Channel 26<br>9:00 Joel Osteen on TV Channel 26<br>9:30 Catholic Mass on TV Channel 12<br>10:00 Scenic Train Ride - YouTube (B)<br>1:00 Large Word Find Puzzles (B)<br>2:00 Scenic RV Travels on YouTube (B)<br>5:00 Netflix Travel Series at the Bistro:<br>SOMEBODY FEED PHIL  | <b>World Kindness Day 13</b><br>9:00 Coffee and News at the Bistro<br>10:00 Steel Feathers Yoga with Gee (LR)<br>1:00 Bingo with Mary from<br>Perpetual Help Health (AR)<br>2:00 Poker Games with Larry (B)<br>2:00 Great National Parks on YouTube (B)<br>3:00 Large Word Find Puzzles (B)<br>4:00 Monday Night Football (B)<br>5:00 Netflix Nature Series at the Theater        | <b>National Pickle Day 14</b><br>9:00 Coffee and News at the Bistro<br>10:00 Range of Motion Exercises (B)<br>10:30 General Knowledge Q & A (B)<br>1:00 Weekly Menu Meeting (DR)<br>1:30 Tea Tasting with Chef Celeste (DR)<br>2:00 Dot-to-Dot Therapy (B)<br>3:00 Shopping at Von's Supermarket<br>5:00 Inspirational Movie at the Theater:<br>The Man Called Otto | <b>Technology Day 15</b><br>9:00 Coffee and News at the Bistro<br>10:00 Chair Dancing Fitness (B)<br>10:30 Learn About Canadian Art (B)<br>1:00 BINGO at the Activity Room<br>2:00 Poker Games with Larry (B)<br>3:00 Life's Journey w/ Monica at the Bistro<br>*Serving Wine, Cheese and Crackers*<br>5:00 Netflix Adventure Series at the Bistro:<br>Sweet Magnolias               | <b>Teddy Bear Day 16</b><br>9:00 Coffee and News at the Bistro<br>10:00 Simple Stretching at the Bistro<br>10:30 Health Talk with Carol (B)<br>1:00 BINGO at the Activity Room<br>2:00 Activity Feedback Meeting (AR)<br>2:30 Holy Rosary w/ Bonnie (CR)<br>3:00 Scrabble Club at the Bistro<br>5:00 Nature Series on Netflix: (TR)<br>BBC's Life in Color w/ David A.                    | <b>Substitute Teachers Day 17</b><br>9:00 Coffee and News at the Bistro<br>10:00 Mindfulness Meditation (B)<br>11:00 Foodie Run to Imperial Buffet<br>11:00 Craft Beer Tasting with Abraham (B)<br>1:00 Easy Crochet with Connie (LR)<br>2:00 Poker Games with Larry (B)<br>2:00 UNO Card Games (B)<br>3:00 Shopping at the 99 Cents Store<br>5:00 Golden Movie of the Week: (TR) | <b>National Adoption Day 18</b><br>9:00 Catholic Services (TR)<br>9:30 Coffee and News at the Bistro<br>10:00 Chair Tai Chi (B)<br>10:15 Weekly Bible Verse Sharing (BP)<br>1:00 BINGO at the Activity Room<br>2:30 Happy Hour w/ Donna Lynne (B)<br>*Serving Drinks & Snacks*<br>5:00 REDBOX Movie Pick of the Week:<br>The Memiors of an Intl Assasin (TR) |
| <b>Mother Goose Day 19</b><br>8:30 David Jeremiah on TV Channel 26<br>9:00 Joel Osteen on TV Channel 26<br>9:30 Catholic Mass on TV Channel 12<br>10:00 Scenic Train Ride - YouTube (B)<br>1:00 Large Word Find Puzzles (B)<br>2:00 Scenic RV Travels on YouTube (B)<br>5:00 Netflix Travel Series at the Bistro:<br>SOMEBODY FEED PHIL  | <b>Universal Children's Day 20</b><br>9:30 Coffee and News at the Bistro<br>10:00 Steel Feathers Yoga with Gee (LR)<br>1:00 Bingo with Dannielle from<br>Covenant Health (AR)<br>2:00 Poker Games with Larry (B)<br>2:00 Great National Parks on YouTube (B)<br>3:00 Large Word Find Puzzles (B)<br>4:00 Monday Night Football (B)<br>5:00 Netflix Nature Series at the Theater   | <b>World Television Day 21</b><br>9:00 Coffee and News at the Bistro<br>10:00 Range of Motion Exercises (B)<br>10:30 General Knowledge Q & A (B)<br>1:00 Weekly Menu & Activity Meeting<br>2:00 Great National Parks on YouTube (B)<br>2:00 Dot-to-Dot Therapy (B)<br>3:00 Shopping at Smith's<br>5:00 Inspirational Movie at the Theater:<br>DOG GONE              | <b>Humane Society Day 22</b><br>9:00 Coffee and News at the Bistro<br>10:00 Chair Dancing Fitness (B)<br>10:30 Unusual Canadian Customs (B)<br>1:00 BINGO at the Activity Room<br>2:00 Poker Games with Larry (B)<br>3:00 Happy Hour with Bobby Rumion<br>*Serving Drinks and Snacks*<br>5:00 Netflix Adventure Series at the Bistro:<br>Sweet Magnolias                             | <b>Happy Thanksgiving 23</b><br>9:00 Coffee and News at the Bistro<br>10:00 Simple Stretching at the Bistro<br>10:30 Health Talk with Carol (B)<br>11:00 Thanksgiving Luncheon (DR)<br>1:00 BINGO at the Activity Room<br>2:00 Great National Parks on YouTube (B)<br>3:00 Scrabble Club at the Bistro<br>5:00 Nature Series on Netflix: (TR)<br>BBC's Life in Color w/ David A.          | <b>Happy Birthday Audrey! 24</b><br>9:00 Coffee and News at the Bistro<br>10:00 Mindfulness Meditation (B)<br>11:00 Foodie Run to Nora's Italian Cuisine<br>1:00 Easy Crochet with Connie (LR)<br>2:00 Poker Games with Larry (B)<br>2:00 UNO Card Games (B)<br>3:00 Shopping at The Dollar Tree<br>5:00 Golden Movie of the Week: (TR)<br>POMS                                   | <b>International Hat Day 25</b><br>9:00 Catholic Services (TR)<br>9:30 Coffee and News at the Bistro<br>10:00 Chair Tai Chi (B)<br>10:15 Weekly Bible Verse Sharing (BP)<br>1:00 BINGO at the Activity Room<br>2:00 Simple Manicure with Carol (AR)<br>4:00 Christmas Tree Lighting (LR)<br>5:00 REDBOX Movie Pick of the Week:<br>Red Notice (TR)           |
| <b>National Milk Day 26</b><br>8:30 David Jeremiah on TV Channel 26<br>9:00 Joel Osteen on TV Channel 26<br>9:30 Catholic Mass on TV Channel 12<br>10:00 Scenic Train Ride - YouTube (B)<br>2:00 Poker Games with Larry (B)<br>2:00 Great National Parks on YouTube (B)<br>3:00 Large Word Find Puzzles (B)<br>4:00 Monday Night Football (B)<br>5:00 Netflix Nature Series at the Theater | <b>Slinky Day 27</b><br>9:30 Coffee and News at the Bistro<br>10:00 Steel Feathers Yoga with Gee (LR)<br>1:00 Bingo with Heather from<br>Enhabit HealthCare (AR)<br>2:00 Poker Games with Larry (B)<br>2:00 Great National Parks on YouTube (B)<br>3:00 Large Word Find Puzzles (B)<br>4:00 Monday Night Football (B)<br>5:00 Netflix Nature Series at the Theater                | <b>Giving Tuesday 28</b><br>9:00 Coffee and News at the Bistro<br>10:00 Range of Motion Exercises (B)<br>10:30 General Knowledge Q & A (B)<br>1:00 Weekly Menu Meeting (DR)<br>2:00 Great National Parks on YouTube (B)<br>2:00 Dot-to-Dot Therapy (B)<br>3:00 Shopping at Albertson's<br>5:00 Inspirational Movie at the Theater:<br>Starling                      | <b>Square Dancing Day 29</b><br>9:00 Coffee and News at the Bistro<br>10:00 Chair Dancing Fitness (B)<br>10:30 What's Considered Rude in Canada (B)<br>1:00 BINGO at the Activity Room<br>2:00 Poker Games with Larry (B)<br>3:00 Happy Hour with Danny Mac (B)<br>*Serving Drinks and Snacks*<br>5:00 Netflix Adventure Series at the Bistro:<br>Sweet Magnolias                    | <b>Happy Birthday Sally! 30</b><br>9:00 Coffee and News at the Bistro<br>10:00 Simple Stretching at the Bistro<br>10:00 Health Talk with Carol (B)<br>1:00 BINGO at the Activity Room<br>2:00 Great National Parks on YouTube (B)<br>2:30 Holy Rosary w/ Bonnie (CR)<br>3:00 Simple Pie Recipes with Carol (CK)<br>5:00 Nature Series on Netflix: (TR)<br>BBC's Life in Color w/ David A. |    |  |