

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Dia de los Muertos 1 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Great National Parks on YouTube 2:30 Snack & Hydrate 3:00 Birthday Bash with Tony B. 5:30 Classic Card Games	Happy Birthday Pat! 2 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Our Daily Bread Bible Verse Sharing 1:00 Music Appreciation - 70's Tune 2:30 Snack & Hydrate 3:00 Large Group Jigsaw Puzzles 5:30 Thankful Thursday Movies	Sandwich Day 3 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Brain Boosters and Puzzles 2:00 Creating Pottery with Dough 2:30 Snack and Hydrate 3:30 Book Club Read Aloud 5:30 Armchair Travel & Snack	National Candy Day 4 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Sangeet 5:30 Netflix Nature Series
Daylight Saving Time Ends 5 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Family Funny Netflix Series: A Little Help with Carol Burnett	National Basketball Day 6 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Music Appreciation - 50's Tune 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Monday Night Football - Ch.30 5:30 Board Games	Election Day 7 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Scenic Drive to Red Rock Canyon 10:30 Sing Along Songs 2:00 Classic Card Games 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:00 Inspirational Movies	Parent as Teachers Day 8 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Great National Parks on YouTube 2:30 Snack & Hydrate 3:00 Birthday Bash with Brenda H. 5:30 Classic Card Games	World Freedom Day 9 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Our Daily Bread Bible Verse Sharing 1:00 Music Appreciation - 70's Tune 2:00 Honor Our Veterans Program (BP) 3:00 Large Group Jigsaw Puzzles 5:30 Thankful Thursday Movies	Marine Corps Day 10 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 11:00 Harvest Fair at Heritage Springs 2:00 Creating Pottery with Dough 2:30 Snack and Hydrate 3:30 Book Club Read Aloud 5:30 Armchair Travel & Snack	Veterans Day 11 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Sangeet 5:30 Netflix Nature Series
Football Day 12 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Family Funny Netflix Series: A Little Help with Carol Burnett	World Kindness Day 13 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Music Appreciation - 50's Tune 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Monday Night Football - Ch.30 5:30 Board Games	National Pickle Day 14 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Scenic Drive to Red Rock Canyon 10:30 Sing Along Songs 2:00 Classic Card Games 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Inspirational Movies	Technology Day 15 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Great National Parks on YouTube 2:30 Snack & Hydrate 3:00 Happy Hour with Bobby R. 5:30 Classic Card Games	Teddy Bear Day 16 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Our Daily Bread Bible Verse Sharing 2:00 Music Appreciation - 70's Tune 2:30 Snack & Hydrate 3:00 Large Group Jigsaw Puzzles 5:30 Thankful Thursday Movies	Substitute Teachers Day 17 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Brain Boosters and Puzzles 2:00 Creating Pottery with Dough 2:30 Snack and Hydrate 3:30 Book Club Read Aloud 5:30 Armchair Travel & Snack	National Adoption Day 18 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Sangeet 5:30 Netflix Nature Series
Mother Goose Day 19 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Family Funny Netflix Series: A Little Help with Carol Burnett	Universal Children's Day 20 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Music Appreciation - 50's Tune 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Monday Night Football - Ch.30 5:30 Board Games	World Television Day 21 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Scenic Drive to Red Rock Canyon 10:30 Sing Along Songs 2:00 Classic Card Games 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Inspirational Movies	Humane Society Day 22 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Great National Parks on YouTube 2:30 Snack & Hydrate 3:00 Happy Hour with Mike J. 5:30 Classic Card Games	Happy Thanksgiving 23 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 11:00 Annual Thanksgiving Luncheon 2:00 Music Appreciation - 70's Tune 2:30 Snack & Hydrate 3:00 Large Group Jigsaw Puzzles 5:30 Thankful Thursday Movies	D.B. Cooper Day 24 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Brain Boosters and Puzzles 1:00 Creating Pottery with Dough 2:30 Snack and Hydrate 3:30 Book Club Read Aloud 5:30 Armchair Travel & Snack	International Hat Day 25 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Sangeet 4:00 Christmas Tree Lighting
National Milk Day 26 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Family Funny Netflix Series: A Little Help with Carol Burnett	Slinky Day 27 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Music Appreciation - 50's Tune 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Monday Night Football - Ch.30 5:30 Board Games	Giving Tuesday 28 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Scenic Drive to Red Rock Canyon 10:30 Sing Along Songs 2:00 Classic Card Games 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Inspirational Movies	Square Dancing Day 29 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Great National Parks on YouTube 2:30 Snack & Hydrate 3:00 Happy Hour Karaoke w/ HS Staff 5:30 Classic Card Games	Blue Beanie Day 30 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Our Daily Bread Bible Verse Sharing 2:00 Music Appreciation - 70's Tune 2:30 Snack & Hydrate 3:00 Large Group Jigsaw Puzzles 5:30 Thankful Thursday Movies		