

Sunday

Monday

Tuesday

Wednesday

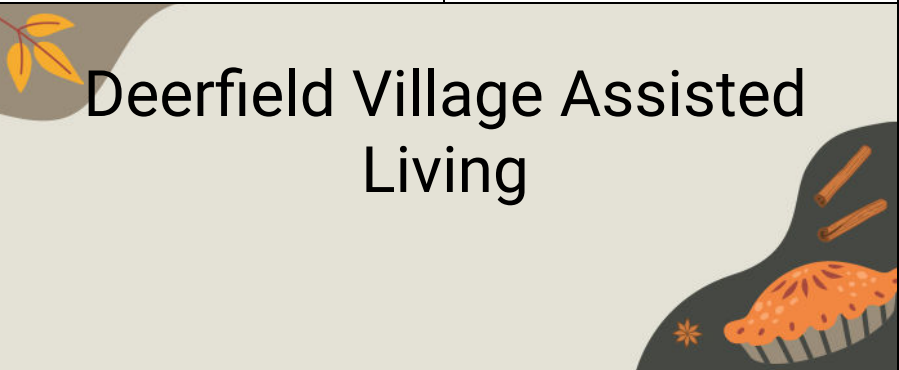
Thursday

Friday

Saturday



November 2023

			<p>1 9:30AM Morning Exercise (AR) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:30PM Dominoes (DR) 3:00PM Book Club (AR) 3:00PM One on One Visits 6:00PM Resident Led Activities</p>	<p>2 9:30AM Upper Body Workout (AR) 11:00AM Daily Chronicles (AR) 12:30PM One on One Visit 1:30PM Yahtzee (DR) 3:30PM Words in Words (DR) 6:00PM Independent Activities</p>	<p>3 9:30AM One on One Visit 10:30AM Daily Chronicles (AR) 11:00AM Steel Feathers Fitness (AR) 1:30PM: Performance by: Ray Hanna (DR) 3:30PM Wheel of Fortune (DR) 4:00PM Nail Painting (AR) 6:00PM Independent Activities</p>	<p>4 9:30AM Chair Yoga (AR) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:00PM One on One Visits 1:30PM BINGO (DR) 3:00PM Word in Words (DR) 3:30PM Danielle's Choice (DR) 6:00PM Color Me Calm (AR)</p>
<p>5 9AM-10AM Online Church Service 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "New in Town" 3:00 Uno Card Game (AR) *Activity Cart Available in the Living Room</p>	<p>6 10:30AM Spa Hour (AR) 1:30PM Shut the Box (AR) 3:00PM Music Monday (DR) 4:00PM Dog Days w/ Sophie (AR) 6:00PM Resident Led Activities *Activity Cart Available in the Living Room</p>	<p>7 9:30AM Shopping Trip: Fred Meyers (FL) 10:30AM Daily Chronicles (AR) 11:00AM Yahtzee (AR) 1:00PM One on One Visits 1:30 PM BINGO (DR) 3:00PM Wheel of Fortune (DR) 3:30PM Shut the Box (AR) 6:00PM Color Me Calm (AR)</p>	<p>8 9:30AM Seated Stretching (AR) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:00PM One on One Visits 1:30PM Yahtzee (DR) 3:30PM Historical Events (AR) 6:00PM Resident Led Activities</p>	<p>9 9:30AM Full Body Workout (AR) 11:00AM Daily Chronicles (AR) 11:00AM Dominoes (AR) 1:00PM One on One Visits 1:30PM Independent Activities 3:00PM Resident Meeting (DR) 6:00PM Independent Activities</p>	<p>10 9:30AM One on One Visit 10:30AM Daily Chronicles (AR) 11:00AM Steel Feathers Fitness (AR) 1:30PM Activity Planning Meeting (DR) 3:30PM Wheel of Fortune (DR) 4:00PM Nail Painting (AR) 6:00PM Independent Activities</p>	<p>11 9:30AM Santa's Treasures Holiday Bazaar (FL) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:00PM One on One Visits 1:30PM BINGO (DR) 3:00PM Word in Words (DR) 3:30PM Danielle's Choice (DR)</p> <p style="text-align: center;">Veterans Day</p>
<p>12 9AM-10AM Online Church Service 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "The Age of Adaline" 3:00 Uno Card Game (AR) *Activity Cart Available in the Living Room</p>	<p>13 10:30AM Spa Hour (AR) 1:30PM Shut the Box (AR) 3:00PM Music Monday (DR) 4:00PM Dog Days w/ Sophie (AR) 6:00PM Resident Led Activities *Activity Cart Available in the Living Room</p>	<p>14 9:30AM Morning Exercise (AR) 10:30AM Daily Chronicles (AR) 11:00AM Danielle's Choice (AR) 1:30PM BINGO (DR) 3:00PM Handprint Wreaths (AR) 6:00PM Independent Activities</p>	<p>15 9:30AM Upper Body Workout (AR) 10:30AM Daily Chronicles (AR) 11:00AM Uno Card Game (AR) 1:30PM Left, Right, Center 3:00PM Book Club (AR) 3:00PM One on One Visits 6:00PM Color Me Calm (AR)</p>	<p>16 9:30AM Shopping Trip: Target (FL) 11:00AM Daily Chronicles (AR) 1:00PM One on One Visits 1:30PM Yahtzee (DR) 3:00PM UNO Card Game (AR) 6:00PM Independent Activities</p>	<p>17 9:30AM One on One Visit 10:30AM Daily Chronicles (AR) 11:00AM Steel Feathers Fitness (AR) 1:30P Happy Hour Art Goodman (DR) 3:30PM Wheel of Fortune (DR) 4:00PM Nail Painting (AR) 6:00PM Independent Activities</p>	<p>18 9:30AM Chair Yoga (AR) 10:30AM Daily Chronicles (AR) 11:00AM Danielle's Choice (AR) 1:00PM One on One Visits 1:30PM BINGO (DR) 3:00PM Word in Words (DR) 3:30PM Trivia (DR) 6:00PM Color Me Calm (AR)</p>
<p>19 9AM-10AM Online Church Service 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "A Beautiful Mind" 3:00 Uno Card Game (AR) *Activity Cart Available in the Living Room</p>	<p>20 10:30AM Spa Hour (AR) 1:30PM Shut the Box (AR) 3:00PM Music Monday (DR) 4:00PM Dog Days w/ Sophie (AR) 6:00PM Resident Led Activities *Activity Cart Available in the Living Room</p>	<p>21 9:30AM Balloon Toss (DR) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:30PM Independent Activities 3:00PM Wheel of Fortune (DR) 3:30PM Dominoes (DR) 6:00PM Color Me Calm (AR)</p>	<p>22 9:30AM Seated Stretching (AR) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:00PM One on One Visits 1:30PM Independent Activities 3:30PM Historical Events (AR) 6:00PM Resident Led Activities</p>	<p>23 9:30AM Full Body Workout (AR) 11:00AM Daily Chronicles (AR) 1:30PM BINGO (DR) 3:00PM UNO Card Game (DR) 6:00PM Independent Activities</p> 	<p>24 9:30AM One on One Visit 10:30AM Daily Chronicles (AR) 11:00AM Steel Feathers Fitness 1:30PM Cooking Corner: Heart Healthy Fruit Salad (AR) 3:30PM Wheel of Fortune (DR) 4:00PM Nail Painting (AR) 6:00PM Independent Activities</p>	<p>25 9:30AM Chair Yoga (AR) 10:30AM Daily Chronicles (AR) 11:00AM Uno Card Game (AR) 1:00PM One on One Visits 1:30PM BINGO (DR) 3:00PM Word in Words (DR) 3:30PM Danielle's Choice (DR) 6:00PM Resident Led Activities</p>
<p>26 9AM-10AM Online Church Service 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "The Young Victoria" 3:00 Uno Card Game (AR) *Activity Cart Available in the Living Room</p>	<p>27 10:30AM Spa Hour (AR) 1:30PM Shut the Box (AR) 3:00PM Music Monday (DR) 4:00PM Dog Days w/ Sophie (AR) 6:00PM Resident Led Activities *Activity Cart Available in the Living Room</p>	<p>28 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 11:00AM Olive Garden (FL) 2:00PM BINGO (DR) 3:30PM Wheel of Fortune (DR) 6:00PM Independent Activities</p>	<p>29 9:30AM Seated Stretching (AR) 10:30AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:00PM One on One Visits 1:30PM Left, Right, Center (DR) 2:30PM November Birthday Celebration (DR) 3:00PM Book Club (AR) 6:00PM Resident Led Activities</p>	<p>30 9:30AM Full Body Workout (AR) 10:30AM Tumwater Choir (DR) 1:30PM Daily Chronicle (DR) 2:00PM Words in Words (DR) 2:30PM UNO Card Game (DR) 6:00PM Independent Activities</p>		

All Activities are subject to change.