

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>December 2023</h1> <h2>Happy Birthday!</h2> <p>12/14 Loretta C. 12/15 Faye T. 12/19 Marie H. 12/28 Maggie T. 12/26 Joyce M.</p>					1 8:45 Namaste 9:30 Watch <i>A Very Brady Christmas</i> 10:00 Shopping @ Fred Meyer 1:30 Exercise 2:00 Holiday Decorating	2 10:00 Meditation 10:30 Exercise 11:00 Ginger Bread House 2:00 Jenga 3:30 Bingo with Brendan 6:00 Afternoon News
3 10:30 Exercise 11:00 Balloon Tennis 1:00 Anne Wood Music Studio Performance 2:00 Worship Songs 3:00 Winter Craft 6:00 Afternoon News	4 8:45 Morning Cocoa & Music 9:30 Watch <i>It's A Wonderful Life</i> 10:00 Shopping at Dollar Store 1:30 Exercise 2:00 Wheel of Fortune 3:00 Bingo with Brendan	5 8:45 Meditation 10:30 Exercise 11:00 Choir Practice 11:00-1:30 Jewelry Stand Open 2:00 Bake a Treat 3:00 Eggnog Social 6:00 Watch Holiday Movie	6 8:45 Make Holiday Cards 10:00 Catholic Communion 10:45 Exercise 11:15 Balloon Tennis 2:00 Jeopardy 3:00 Bingo with Brendan 4:30 Special Dinner	7 *Hannukah Begins* 8:45 Meditation 10:00 Book Club Reading 10:30 Exercise 11:00 Resident Council Meeting 2:00 Guess That Jingle 2:30 Crossword 7:00 Watch Wheel of Fortune	8 8:45 Namaste 9:30 Watch <i>National Lampoon Christmas Vacation</i> 10:00 Shopping at Fred Meyer 1:30 Exercise 2:00 Friendly Feud 3:00 Holiday Dance & Karaoke	9 10:00 Meditation 10:30 Exercise 11:00 Spring Roll Making 2:00 Happy Hour 3:30 Bingo with Brendan 6:00 Movie
10 10:30 Exercise 11:00 Balloon Tennis 1:30 Ginger Bread House 2:30 Worship Songs 3:00 Crossword 6:00 Word Search	11 8:45 Morning Cocoa & Music 9:30 Watch <i>A Christmas Story</i> 10:00 Shopping at Walmart 1:30 Exercise 2:00 Wheel of Fortune 3:00 Bingo with Brendan	12 10:00 Choir Practice 10:30 Exercise 11:00 Resident Council Follow Up 11:45 Lunch Outing @ Paolo's* <small>*sign up at front desk</small> 2:00 Cooks Corner 3:00 Cookie Decorating	13 8:45 Make Holiday Cards 10:00 Catholic Communion 10:45 Exercise 11:15 Balloon Tennis 1:30 Holiday Music 2:00 Jeopardy 3:00 Bingo with Brendan	14 8:45 Meditation 10:30 Exercise 11:00 Book Club Reading 2:00 Winter Painting 3:00 Guess That Jingle 6:00 Scenic Drive 6:30 Holiday Movie	15 8:45 Namaste 9:30 Watch <i>A Christmas Story 2</i> 10:00 Shopping at Fred Meyer 1:30 Exercise 2:00 Sunbeams Lutheran School Performance 3:00 Birthday Happy Hour	16 9:00-11:00 Holiday Brunch 1:30 Ukulele Performance and Treats 3:30 Bingo with Juju 6:00 Movie

All activities and events are subject to change based on resident interests, requests and weather.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:30 Exercise 11:00 Balloon Tennis 2:00 Jewelry Making 2:30 Worship Songs 3:00 Winter Craft 6:00 Resident Led Dominoes	18 8:45 Morning Cocoa & Music 9:30 Watch <i>Holiday Inn</i> 10:00 Shopping @ Walgreens 1:30 Exercise 2:00 Wheel of Fortune 3:00 Bingo with Brendan	19 8:00 Gentleman's Breakfast 10:30 Exercise 11:00 Choir Practice 1:30 Bible Study 2:30 Craft with Jamie 3:30 Guess That Jingle 4:00 Scenic Drive	20 8:45 Make Holiday Cards 10:00 Catholic Communion 10:45 Exercise 11:15 Balloon Tennis 2:00 Friendly Feud 3:00 Bingo with Brendan	21 <i>*Winter Begins*</i> 8:45 Meditation 10:30 Exercise 11:00 Book Club Reading 2:00 How Its Made – Holiday Edition 3:00 Holiday Happy Hour 6:00 Scenic Drive	22 8:45 Namaste 9:30 Watch <i>White Christmas</i> 10:00 Shopping @ Fred Meyer 1:30 Exercise 2:00 Christmas Jeopardy 3:00 Choir Performance	23 10:00 Meditation 10:30 Exercise 11:00 Make a Book Mark 2:00 Chess or Checkers 2:30 Holiday Karaoke 3:30 Bingo with Brendan
24 <i>*Christmas Eve*</i> 10:30 Exercise 11:00 Balloon Tennis 1:00 Holiday Movie w/ Treats 2:30 Worship Service with the Schaefer's 3:00 Winter Craft 6:00 Resident Led Uno	25 <i>*Christmas Day*</i> 10:00 Morning Cocoa & Music 10:30 Exercise 11:00 Holiday Wheel of Fortune 1:00 Holiday Song Sing-A-Long 2:00 Holiday Movie Marathon! 4:00 Scenic Drive	26 <i>*Kwanzaa Begins*</i> <i>*Boxing Day (Canada)*</i> 10:00 Namaste 10:30 Exercise 11:00 Book Club 1:30 Bible Study 2:30 Guess That Jingle 3:00 How its Made –Holiday Edition 6:00 Watch Wheel of Fortune	27 9:30 Meditation 10:00 Catholic Communion 10:45 Exercise 11:15 Balloon Tennis 1:30 Technology Support 2:00 Name That Jingle 3:00 Bingo with Brendan	28 10:00 Namaste 10:30 Exercise 11:00 Book Club Reading 2:00 New Years Craft 3:00 Jokes with Brendan 7:00 Watch Wheel of Fortune	29 9:00 Meditation 9:30 Watch <i>Oceans 11</i> 10:00 Shopping @ Fred Meyer 1:30 Exercise 2:00 Karaoke & Dance 2:30 Friendly Feud	30 10:00 Meditation 10:30 Exercise 11:00 Uno 2:00 Canvas Painting 3:30 Bingo with Brendan 6:00 Resident Led Dominoes
31 <i>*New Years Eve*</i> 10:30 Exercise 11:00 Balloon Volleyball 2:00 Jenga 2:30 Worship Songs 3:00 New Years Eve Celebration 6:00 Movie	<div> <h1>December 2023</h1> <h2>Happy Birthday!</h2> <div> 12/14 Loretta C. 12/15 Faye T. 12/19 Marie H. 12/28 Maggie T. 12/26 Joyce M. </div> </div>					

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