Sunday	Monday	Tuesday	Wednesday	Thursday		Friday	Saturday
	CEM F 2023	BER		Dec 01 Dec 06 Dec 15 Dec 27	9:45 10:15 11:00 1:00	Exercise Coloring Manicure Organization Zumba	9:45 Chair Yoga 10:15 Painting 11:00 Wheel of Fortune 1:00 Puzzle 3:00 Card Making
9:45 Stretching 10:15 Laundry 11:00 Watercolors 1:00 Mexican Train 3:00 Karaoke 5:30 Movie	9:45 Exercise 10:15 Organization 11:00 Bingo 1:00 Puzzle 3:00 Dining Room Decorations 5:30 Afternoon News	9:45 Chair Yoga 10:15 Balloon Volleyball 11:00 Meditation 1:00 Word Search 3:00 Painting 5:30 TV Show	9:45 Stretching 10:15 Christmas card 11:00 Worship Songs 1:00 Book Club Reading 3:00 Chess 5:30 Movie	9:45 Exercise 10:15 Hot Chocolate tasting 11:00 Book Mark 1:00 Laundry 3:00 Karaoke	10:15 11:00 1:00 3:00	Chair Yoga Spring roll Organizations Jeopardy Coloring Movie	9:45 Stretching 10:15 Family Feud 11:00 Uno 1:00 Saturday Happy Hour 3:00 Meditation 5:30 Residence Exercise
9:45 Exercise 10:15 Worship Songs 11:00 Back in the Day 1:05 Seahawks Vs 49ears 3:00 Door Decoration	9:45 Stretching 10:15 Field Trip 11:00 Badminton 1:00 Ballroom 3:00 Karaoke 5:30 Afternoon Show	9:45 Chair Yoga 10:15 Laundry 11:00 Guess the Animals 1:00 Namaste Day 3:00 Mexican Train 5:30 Book Reading	9:45 Exercise 10:15 Jenga 11:00 Brain Games 1:00 Music Therapy 3:00 Indoor Garden 5:30 Afternoon News	10:15 Ginger Bread 11:00 Cake Pop Making 1:00 NCAA Volleyball	10:15 11:00 1:00 3:00	Chair Yoga Cookies Design Word Search Organization Cabaret Performance	9:45 Exercise 10:15 NCAA Volleyball 11:00 Chess 1:00 Bingo 3:00 Jewelry Making 5:30 Movie



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	Sunday	Monday	Tuesday	Wednesday	Thu	rsday	Friday	Saturday
1:25	A P. C.	9:45 Yoga 10:15 Chess 11:00 Balloon Volleyball 1:25 Puzzle 3:00 Karaoke	9:45 Stretching 10:15 Guess the Employee 11:00 Watercolor 1:25 Documentary 3:00 Book Club	9:45 Exercise 10:15 Art and craft with Rita 11:00 Ring Toss 1:25 Afternoon Site Seeing	21 9:45 Yogo 10:15 Gue 11:00 Laur 1:25 Medi 3:00 Gift I	st the artist 10:15 tation Basket	Coffee and Chat Exercise Uno Coupons Happy Hour	9:45 Exercise 10:15 Bingo 11:00 Jeopardy 1:25 Organizer 3:00 Painting
	Dominoes	5:30 Movie	5:30 Tv shows	3:00 Button Art	5:30 TV sl	hows 5:30	Movie	5:30/ Tea and News
10:15 11:00 1:25 3:00	Exercise Jenga Painting Poetry	9:45 Stretching 10:15 Knots 11:00 Clay Sculpting 1:25 Coloring 3:00 The Voice 5:30 News	9:45 Yoga 10:15 Crochet 11:00 Uno Cards 1:25 Wheel of Fortune 3:00 Afternoon Tea Party	9:45 Exercise 10:15 Chess 11:00 Family Tree 1:25 Button Art 3:00 Zumba 5:30 Movie	10:15 Jeop 11:00 Ches 1:25 Phot 3:00 New Reso	to Album 1:25 V Years 3:00	Yoga Laundry Word Search Zumba Uno	9:45 Exercise 10:15 Bingo 11:00 Jewelry Making 1:25 Watercolor 3:00 Organizer 5:30 Movie
10:15	Stretching Mexican train Worship Songs	* *						**************************************
1:25	Indoor Garden Happy Hour New Years Sparkling		※	* * *	*			

