## Monday Sunday Wednesday Thursday Friday Saturday Tuesday Happy Birthday Paulina! **World Pear Day Antarctica Day** Let's 8:30 David Jeremiah on TV Channel 26 L = Lobby9:00 Coffee and News at the Bistro 9:00 Catholic Services (TR) 9:30 Mindfulness Meditation (B) 9:00 Joel Osteen on TV Channel 26 9:30 Coffee and News at the Bistro TR = Theater Room Catholic Mass on TV Channel 12 CK = Country Kitchen 10:00 Foodie Run to Zippy's Hawaiian o:oo Chair Tai Chi & Qi Gong (B) 1:00 Easy Crochet with Connie (LR) 10:30 Weekly Bible Verse Sharing (B) Christmas Villages on YouTube (B) AR = Activity Room Large Word Find Puzzles (B) BP = Back Patio Poker Games with Larry (B) 1:00 BINGO at the Activity Room 2:00 UNO Card Games (B) Travelling Robert on YouTube (B) CR = Conference Room 3:00 Happy Hour w/ Michael Sara (LR) 2:30 Shopping at the Family Dollar NYE Party at the Bistro w/ Tom M. LR = Living Room \*Serving Drinks & Snacks\* Heritage Springs Holiday Movie at the Theater: FE = Front Entrance 5:00 Holiday Romance Movies (B) 4:00 Christmas Tree Lighting (LR) The Christmas Chronicles 2 5:00 Holiday Lights Scenic Drive \*Serving Hot Choco & Cookies\* E-Discovery Day **Happy Birthday Marjorie! Happy Birthday Barbara! Special Kids Day Pearl Harbor Remembrance Day Bedhi Day Gingerbread House Day** 8:30 David Jeremiah on TV Channel 26 9:00 Coffee and News at the Bistro Coffee and News at the Bistro 9:00 Catholic Services (TR) Joel Osteen on TV Channel 26 10:00 Steel Feathers Yoga with Gee (LR) 10:00 Range of Motion Exercises (B) io:oo Chair Dancing Fitness (B) 10:00 Simple Stretching at the Bistro Mindfulness Meditation (B) 9:30 Coffee and News at the Bistro Catholic Mass on TV Channel 12 1:00 Bingo with Julie & Bryan 10:30 Christmas Trivia with Roger 10:30 Holiday Trivia at the Bistro 10:30 Health Talk with Carol (B) Outing to Gold Coast Casino 10:00 Chair Tai Chi & Qi Gong (B) 10:00 Christmas Villages on YouTube (B) from Brighton Health (AR) 1:00 Weekly Menu Meeting (DR) 1:00 BINGO at the Activity Room 1:00 BINGO at the Activity Room Easy Crochet with Connie (LR) 10:30 Weekly Bible Verse Sharing (B) Large Word Find Puzzles (B) 2:00 Poker Games with Larry (B) Christmas Karaoke at the Bistro 2:00 Poker Games with Larry (B) 2:00 Afternoon Tea Social with Hope Poker Games with Larry (B) 1:00 BINGO at the Activity Room 2:00 Travelling Robert on YouTube (B) 2:00 Christmas Villages on YouTube (B) Shopping at Walmart Birthday Bash w/ Tom Mazzaro (B) from Atrium Health (B) **UNO Card Games (B)** 2:00 Simple Manicure with Carol (AR) 5:00 Netflix Baking Series at the Bistro: 2:30 Holy Rosary w/ Bonnie (CR) 5:00 Holiday Movie at the Theater: Large Word Find Puzzles (B) \*Serving Birthday Cake and Drinks\* **Shopping at Big Lots** 2:00 Christmas Villages -YouTube (TR) 2:30 The Christmas Chronicles Monday Night Football (B) The Great Christmas Baking Show 5:00 Netflix Series at the Bistro: 5:00 Nature Series on Netflix: (TR) Holiday Romance Movies (B) Christmas Karaoke with Staff (B) 5:00 Holiday Classics at the Theater 5:00 Holiday Lights Scenic Drive All The Light We Cannot See PET STARS 5:00 Holiday Lights Scenic Drive 5:00 Holiday Classics at the Theater Happy Birthday Eddie! **UNICEF Birthday** National Cocoa Day National Guard Birthday **Gingerbread Cookie Day** National Cupcake Day Zionism Day 15 16 8:30 David Jeremiah on TV Channel 26 9:00 Coffee and News at the Bistro 9:00 Catholic Services (TR) Joel Osteen on TV Channel 26 10:00 Steel Feathers Yoga with Gee (LR) Range of Motion Exercises (B) 10:00 Resident Council Meeting and Simple Stretching at the Bistro Mindfulness Meditation (B) 9:30 Coffee and News at the Bistro Catholic Mass on TV Channel 12 Food for Thought with Chef Celeste 10:00 Chair Tai Chi & Qi Gong (B) 1:00 Bingo with Eileen from 10:30 Christmas Trivia with Roger 10:30 Health Talk with Carol (B) 11:00 Foodie Run to Imperial Buffet 10:00 Christmas Villages on YouTube (B) Comfort Home Health (AR) 1:00 Weekly Menu Meeting (DR) 1:00 BINGO at the Activity Room **BINGO at the Activity Room** 1:00 Easy Crochet with Connie (LR) 10:30 Weekly Bible Verse Sharing (B) Large Word Find Puzzles (B) Poker Games with Larry (B) Tea Tasting with Chef Celeste (DR) 2:00 Poker Games with Larry (B) Christmas Karaoke at the Bistro Poker Games with Larry (B) 1:00 BINGO at the Activity Room Travelling Robert on YouTube (B) 2:00 Christmas Villages on YouTube (B) **Shopping at Sprouts Market** 3:00 Life's Journey w/ Monica at the Bistro Holy Rosary w/ Bonnie (CR) 2:00 UNO Card Games (B) 3:00 Happy Hour w/ Donna Lynne (B) 5:00 Holiday Movie at the Theater: 3:00 Large Word Find Puzzles (B) Netflix Baking Series at the Bistro: \*Serving Wine, Cheese and Crackers' Cookie Recipes with Carol (CK) Shopping at the 99 Cents Store \*Serving Drinks & Snacks\* Tha Claus Family 4:00 Monday Night Football (B) The Great Christmas Baking Show 5:00 Netflix Series at the Bistro: 5:00 Nature Series on Netflix: (TR) 5:00 Holiday Romance Movies (B) 5:00 REDBOX Movie Pick of the Week: 5:00 Holiday Classics at the Theater 5:00 Holiday Lights Scenic Drive All The Light We Cannot See PET STARS 5:00 Holiday Lights Scenic Drive The Sound of Freedom (TR) First Day of Winter Wright Brothers Day A Christmas Carol Day **Christmas List Day National Sangria Day** Forefathers Day Family Roots Day 8:30 David Jeremiah on TV Channel 26 Coffee and News at the Bistro 9:00 Coffee and News at the Bistro 9:00 Coffee and News at the Bistro 9:00 Coffee and News at the Bistro Coffee and News at the Bistro 9:00 Catholic Services (TR) 9:00 Joel Osteen on TV Channel 26 10:00 Range of Motion Exercises (B) 10:00 Simple Stretching at the Bistro Mindfulness Meditation (B) 9:30 Coffee and News at the Bistro 10:00 Steel Feathers Yoga with Gee (LR) 10:00 Chair Dancing Fitness (B) Catholic Mass on TV Channel 12 1:00 Bingo with Dannielle from 10:30 Christmas Trivia with Roger 10:30 Holiday Trivia at the Bistro 10:30 Health Talk with Carol (B) Annual Christmas Luncheon (DR) 10:00 Chair Tai Chi & Qi Gong (B) Covenant Health (AR) 10:00 Christmas Villages on YouTube (B) 1:00 Weekly Menu & Activity Meeting 1:00 BINGO at the Activity Room BINGO at the Activity Room Easy Crochet with Connie (LR) 10:30 Weekly Bible Verse Sharing (B) 1:00 Large Word Find Puzzles (B) 2:00 Poker Games with Larry (B) 2:00 Christmas Karaoke at the Bistro 2:00 Poker Games with Larry (B) 2:00 Christmas Karaoke at the Bistro 2:00 Poker Games with Larry (B) 1:00 BINGO at the Activity Room Travelling Robert on YouTube (B) Christmas Villages on YouTube (B) UNO Card Games (B) 2:00 Simple Manicure with Carol (AR) Shopping at Smith's 3:00 Happy Hour with Danny Mac (B) Holy Rosary w/ Bonnie (CR) 5:00 Holiday Movie at the Theater: Large Word Find Puzzles (B) Netflix Baking Series at the Bistro: \*Serving Drinks and Snacks\* 3:00 Holiday Crafts with Carol (AR) 2:30 Shopping at Sam's Club 2:00 Christmas Villages -YouTube (TR) 5:00 Netflix Series at the Bistro: 5:00 Nature Series on Netflix: (TR) 3:00 Christmas Karaoke with Staff (B) The Claus Family 2 4:00 Monday Night Football (B) The Great Christmas Baking Show 5:00 Holiday Romance Movies (B) Holiday Classics at the Theater **Holiday Lights Scenic Drive** All The Light We Cannot See PET STARS 5:00 Holiday Lights Scenic Drive 5:00 Holiday Classics at the Theater **Christmas Eve** Merry Christmas! **National Candy Cane Day Radio City Music Hall Day National Chocolate Day** Happy Birthday Eva! **Bacon Day** 8:30 David Jeremiah on TV Channel 26 9:30 Coffee and News at the Bistro 9:00 Catholic Services (TR) Joel Osteen on TV Channel 26 10:00 Steel Feathers Yoga with Gee (LR) 10:00 Range of Motion Exercises (B) 10:00 Chair Dancing Fitness (B) 10:00 Simple Stretching at the Bistro 10:00 Mindfulness Meditation (B) 9:30 Coffee and News at the Bistro 11:00 Foodie Run to Outback Steakhouse Catholic Mass on TV Channel 12 1:00 Bingo with Heather from 10:30 Christmas Trivia with Roger 10:30 Holiday Trivia at the Bistro 10:00 Health Talk with Carol (B) 10:00 Chair Tai Chi & Qi Gong (B) 9:30 10:00 Christmas Villages on YouTube (B) Enhabit HealthCare (AR) 1:00 Weekly Menu Meeting (DR) 1:00 BINGO at the Activity Room **BINGO at the Activity Room** 1:00 Easy Crochet with Connie (LR) 10:30 Weekly Bible Verse Sharing (B) Large Word Find Puzzles (B) Poker Games with Larry (B) Christmas Karaoke at the Bistro Poker Games with Larry (B) Christmas Karaoke at the Bistro Poker Games with Larry (B) 1:00 BINGO at the Activity Room Travelling Robert on YouTube (B) 2:00 Christmas Villages on YouTube (B) Shopping at Albertson's Wine and Learn with Dustin (B) Holy Rosary w/ Bonnie (CR) 2:00 UNO Card Games (B) 2:00 Christmas Villages -YouTube (TR) 5:00 Holiday Movie at the Theater: 3:00 Large Word Find Puzzles (B) 5:00 Netflix Baking Series at the Bistro: \*Serving Wine, Cheese & Crackers\* Brownie Recipes with Carol (CK) 2:30 Shopping at The Dollar Tree 3:00 Holiday Karaoke with Staff (B) 4:00 Monday Night Football (B) The Great Christmas Baking Show 5:00 Nature Series on Netflix: (TR) 5:00 Prime Movie Pick of the Week: The Claus Family 3 5:00 Netflix Series at the Bistro: 5:00 Holiday Romance Movies (B) 5:00 Holiday Classics at the Theater 5:00 Holiday Lights Scenic Drive All The Light We Cannot See 5:00 Holiday Lights Scenic Drive GENIE (Melissa McCarthy) (TR)

**Heritage Springs Assisted Living Events** 

All Activities Subject to Change by the Life Enrichment Director