

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2023

Regency Park Kingswood

						9:45 Daily Chronicle 10:00 Morning Exercise 10:30 Snack/Hydration Cart 1:00 Documentary 2:00 Snack/Hydration Cart 2:30 Color My World 3:30 Musical Moments 5:30 Evening Movie	1	9:45 Daily Chronicles 10:00 Sit & Stretch 10:30 Snack/Hydration Cart 1:00 Matinee Movie 2:00 Snack/Hydration Cart 2:30 Beach Ball Toss 3:30 Musical Moments 5:30 Evening Flick	2				
9:45 Daily Chronicle 10:00 Morning Exercise 10:30 Snack/Hydration Cart 1:00 Word Ball 2:00 Snack/Hydration Cart 2:30 Christmas Tree Decorating 3:30 Happy Hands Manis 5:30 Evening Movie	3	9:45 Daily Chronicle 10:00 Morning Movement 10:30 Snack/Hydration Cart 1:00 Chair Bowling 2:00 Snack/Hydration Cart 2:30 Happy Hands Manis 3:30 Christmas Photo Shoot 5:30 Monday Night Movie	4	9:45 Daily Chronicle 10:00 Let's Get Moving 10:30 Snack/Hydration Cart 1:00 BINGO 1:00 Cooley Christmas Show 2:00 Snack/Hydration Cart 2:30 Balloon Ball 3:30 Art with CG Students 5:30 Evening Flick	5	9:30 Music with Lisa 10:15 Snack/Hydration Cart(C) 10:45 Sit & Stretch(P) 11:15 Helping Hands Meal Prep 2:15 Snack/Hydration Cart 2:45 Let's Get Crafty 3:45 What Am I? 5:30 A Movie with Friends	6	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hand Meal Prep 1:15 Bean Bag Toss 2:15 Egnog Social 2:45 Christmas Short Stories 3:45 Name That Tune 5:30 Evening Movie	7	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Let's Get Moving 11:15 Helping Hands Meal Prep 1:15 Documentary 2:15 Snack/Hydration Cart 2:45 Color My World 3:34 Musical Moments 5:30 Evening Movie	8	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Christmas Matinee Movie 2:15 Snack/Hydration 2:45 Beach Ball Toss 3:45 Musical Moments 5:30 Evening Flick	9
9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Word Ball 2:15 Snack/Hydration Cart 2:45 Puzzle Together 3:45 Happy Hands Manis 5:30 Evening Movie	10	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hands Meal Prep 1:15 Chair Bowling 2:15 Snack/Hydration Cart 2:45 Holiday Trivia 3:45 Happy Hands Manis 5:30 Monday Night Movie	11	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Let's Get Moving 11:15 Helping Hands Meal Prep 1:15 BINGO 2:15 Snack/Hydration Cart 2:45 Balloon Ball 3:30 Art with CG Students 5:30 Evening Flick	12	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Chair Dancing 2:15 Snack/Hydration Cart 2:45 Let's Get Crafty 3:45 Where Am I? 5:30 A Movie with Friends	13	9:20 Pet Therapy 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hands Meal Prep 1:15 Bean Bag Toss 2:15 Hot Cocoa Social 2:45 Christmas Short Stories 3:45 Name That Tune 5:30 Evening Movie	14	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Documentary 2:15 Snack/Hydration Cart 2:45 Color My World 3:45 Musical Moments 5:30 Evening Movie	15	9:45 Daily Chronicles 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Matinee Movie 2:15Snack/Hydration 2:45 Beach Ball Toss 3:45 Musical Moments 5:30 Evening Flick	16
9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Word Ball 2:15 Snack/Hydration Cart 2:45 Puzzle Together 3:45 Happy Hands Manis 5:30 Evening Movie	17	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hands Meal Prep 1:15 Chair Bowling 2:15 Snack/Hydration Cart 2:45 Holiday Trivia 3:45 Happy Hands Manis 5:30 Monday Night Movie	18	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Let's Get Moving 11:15 Helping Hands Meal Prep 1:15 BINGO 2:15 Snack/Hydration Cart 2:45 Balloon Ball 3:45 Cookie Making 5:30 Evening Flick	19	9:30 Music with Lisa 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Chair Dancing 2:15 Snack/Hydration Cart 2:45 Let's Get Crafty 3:45 Who Am I? 5:30 A Movie with Friends	20	9:45 Daily Chronicles 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hands Meal Prep 1:15 Bean Bag Toss 2:00 Cookies & Milk Social 3:00 Shaymus Performs 5:30 Evening Movie <small>Winter Begins</small>	21	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Documentary 2:15 Snack/Hydration Cart 2:45 Color My World 3:00 Steve West Performs 5:30 Evening Movie	22	9:45 Daily Chronicles 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Matinee Movie 2:15Snack/Hydration 2:45 Beach Ball Toss 3:45 Musical Moments 5:30 Evening Flick	23
9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Word Ball 2:15 Snack/Hydration Cart 2:45 Puzzle Together 3:45 Happy Hands Manis 5:30 Evening Movie	24	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hands Meal Prep 1:15 Chair Bowling 2:15 Snack/Hydration Cart 2:45 Holiday Trivia 3:45 Happy Hands Manis 5:30 Monday Night Movie	25	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Let's Get Moving 11:15 Helping Hands Meal Prep 1:15 BINGO 2:15 Snack/Hydration Cart 2:45 Balloon Ball 3:45 Heads Up Game 5:30 Evening Flick <small>Boxing Day (Canada) Golf Begins</small>	26	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Chair Dancing 2:15 Snack/Hydration Cart 2:45 Let's Get Crafty 3:45 Where Am I? 5:30 A Movie with Friends	27	9:20 Pet Therapy 10:15 Snack/Hydration Cart 10:45 Morning Movement 11:15 Helping Hands Meal Prep 1:15 Bean Bag Toss 2:15 Fruit Cake Social 2:45 Christmas Short Stories 3:45 Name That Tune 5:30 Evening Movie	28	9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Documentary 2:15 Snack/Hydration Cart 2:45 Color My World 3:45 Musical Moments 5:30 Evening Movie	29	9:45 Daily Chronicles 10:15 Snack/Hydration Cart 10:45 Sit & Stretch 11:15 Helping Hands Meal Prep 1:15 Matinee Movie 2:15Snack/Hydration 2:45 Beach Ball Toss 3:45 Musical Moments 5:30 Evening Flick	30
9:45 Morning Meeting 10:15 Snack/Hydration Cart 10:45 Morning Exercise 11:15 Helping Hands Meal Prep 1:15 Word Ball 2:15 Sparking NYE Social 2:45 Puzzle Together 3:45 Happy Hands Manis 5:30 Evening Movie	31	<h1>Happy Holidays!</h1>					Activities are subject to change without notice						