

## Management Team

**Crystal Brokaw - Executive Director**

**Misty Nicholas-Liceaga- Associate Executive Director**

**Jacqui Michuda RN- RN Oversight**

**Jessica Burke RN- Wellness Director**

**Nicole Marquez- Resident Care Coordinator**

**Julie Gibbons RN- Memory Care Wellness Director**

**Beverly Lakey- Memory Care Resident Care Coordinator**

**Kari Hutchison- Director Of Sales And Marketing**

**Lisa Davis- Community Relations Director**

**Devin Haney- Business Office Manager**

**Kelly Graves- Life Enrichment Director**

*\*Articles and Photos Provided by Activity Connection*



## Celebrating February

**Black History Month**

**Mend a Broken Heart Month**

**Groundhog Day**  
*February 2*

**Canadian Maple Syrup Day**  
*February 6*

**Valentine's Day**  
*February 14*

**Mardi Gras**  
*February 16*

**International Toast Day**  
*February 25*

**Floral Design Day**  
*February 28*

## Seeing Red

Red hearts. Red roses. Red lipstick kisses. These are all popular symbols of Valentine's Day. While there is no record of St. Valentine ever wearing red, the holiday that bears his name is full of the color. The color red appears again on February 4 for Wear Red Day. Today, red symbolizes love, beauty, power, and passion, but humans have been fascinated by the color for millennia.

After black and white, red is the first color of the spectrum that babies can identify. Perhaps our adoration of the color comes from this strong first impression. Speaking of firsts, 40,000 years ago, prehistoric humans painted their bodies in red clay. Burial rites included covering the dead in red powder to ward off evil spirits. Prehistoric cave paintings discovered across the globe from Asia to Africa and Australia were all made with red ochre. Our Stone Age ancestors certainly thought red possessed power.

When did red specifically earn its association with love? Many historians point to the ancient Greeks. Aphrodite, the goddess of love and beauty, fell in love with Adonis. When Adonis was killed by a wild boar, Aphrodite rushed to his aid and was stuck by the thorn of a white rose. The goddess' blood fell on the white petals, turning them red. In this manner, the red rose came to symbolize Aphrodite's love for Adonis, and both the color red and the red rose became symbols of Aphrodite herself, as well as love, beauty, and passion.

This myth also demonstrates the mixed symbolism presented by the color red: the heart and blood, passion and anger, allure and danger, love and war. Cultures all over the world use red to different effects. Chinese brides wear red wedding dresses to symbolize love and good fortune. Catholic cardinals wear red robes symbolizing the blood of Jesus Christ. American drivers are warned to "STOP" with red stop signs and lights. In February, red might inspire romance or inflame passion, but on Halloween, it accompanies gruesome horrors. Good or bad, the color red has long asserted power over the human psyche.

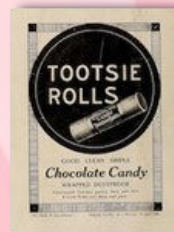


# Valentine's Day Word Search

H Q U K C T I Q C I Y X H  
 T S V A R A T L O D S N E  
 W E X A J D R U N V P W B  
 W G E X D U S A O U F L E  
 N H I W F E C Q H H L D T  
 L V O J S O S O Q A O I A  
 T B N S B T Z G F C W P L  
 N J I T Z E D W U J E U O  
 D K Q Z J V A L L H R C C  
 P O M F J A R R O W S N O  
 U J V A L E N T I N E D H  
 V I J P C R E V O L R S C  
 N Z K Y T F I G Q T L U H



- Flowers
- Sweet
- Chocolate
- Gift
- Kisses
- Love
- Cupid
- Arrow
- Heart
- Hugs
- Valentine
- Candy



## Roll Call

About 64 million Tootsie Roll candies will be manufactured on February 23, Tootsie Roll Day. On this day in 1896, inventor Leo Hirschfeld first began selling the chewy chocolate confections out of his small Brooklyn candy shop. The candies grew so popular that Hirschfeld distributed them throughout New York using a horse and buggy. The unique name was a no-brainer for Hirschfeld. He had been calling his five-year-old daughter Clara by the nickname "Tootsie" all her life. Or had he? Some historians claim that the quaint story of the candy being invented by Hirschfeld in a small Brooklyn shop is a clever marketing ploy. Rather, "Leo Hirschfeld" was an employee of the Stern & Staalberg candy company and applied for the patent of his unique, melt-resistant chocolate candy in 1907. "Tootsie" was the name of a child actress hired by the company to hawk its products, a name that company marketers then applied to the new candy.

## Joke Of The Month

Why are artichokes the most loving vegetable?  
 Because they've got hearts.

## Resident

## Birthdays

Jacy D. 02/05    Thomas B. 02/10  
 Anne W. 02/16    Kitty T. 02/21  
 Beryl B. 02/25    Lynda A. 02/25

## February Horoscopes & Famous Birthdays

In astrology, those born from February 1-18 are the Water Bearers of Aquarius. Just as water gives life to the land and its creatures, Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need. Those born from February 19-28 are Pisces' Fish. Pisces are sympathetic and selfless, making them compassionate friends. Their intuitive nature also make Fish creative and expressive artists.

Norman Rockwell (artist) - February 3, 1894  
 Rosa Parks (activist) - February 4, 1913  
 Bob Marley (musician) - February 6, 1945  
 Chris Rock (comedian) - February 7, 1965  
 Laura Dern (actress) - February 10, 1967  
 Jennifer Aniston (actress) - February 11, 1969  
 L.L. Bean (outdoorsman) - February 13, 1873  
 Michael Jordan (athlete) - February 17, 1963  
 Rashida Jones (actress) - February 25, 1976



## A Crackerjack Idea

Sugar-coated popcorn and peanuts were a common snack at the end of the 19th century, but in 1896 Fritz and Louis Rueckheim created a formula that prevented the mix of popcorn and peanuts from sticking together. One customer who sampled this idea found it so wonderful that he exclaimed, "That's a crackerjack!" The *Cracker Jack* name was born. It wasn't until February 19, 1913, that Cracker Jack placed the first of their famous prizes inside a box. These were small prizes such as metal tops, tiny joke books, paper dolls, and even miniature furniture. When Cracker Jack began offering prizes in a set or series, sales soared; people wanted to collect entire sets. Perhaps the most famous prizes of all were the baseball cards of 1914. Today, a complete set of 144 cards is worth tens of thousands of dollars.