

Bridgewood Rivers
1901 NW Hughwood
Roseburg, OR 97471

Postage
Information

Bridgewood Rivers Assisted Living Residence has cared for seniors in the Roseburg community since 1990. Bridgewood Rivers was the first Assisted Living Residence to receive licensing in the state of Oregon. Our Executive Director Teresa Courtney Administrator has been here for over 33 years. For additional information please Contact us at (541) 440-1914



Birthday/Anniversaries

Birthdays

Alex D. January 18

Carol R. January 23

Dorothy C. January 25

Anniversaries

Steve D. 14 Years

Dorothy C. 9 Years

Leah C. 3 Years

Carol R. 1 Year

Jean C. 1 Years

Tristan N. 1 Year



January 2024

Bridgewood Bugle

Bridgewood Rivers 1901 NW Hughwood Roseburg, OR 97471



Executive Director-
Teresa Courtney

Resident Service
Coordinator/ Concierge-
Jennifer Carabellese

Director of Wellness
Services-
Leah McDonough, RN

Community Relations
Director
Connie Kloha

Dietary Manager-
Steve DeLaCruz

Life Enrichment Director-
Tanya Dean

Housekeeping-
Lisa Mosley

Director of
Maintenance-
Bob Slifert

Bus Driver-
Susan Kees



It's a New Year, Baby!

Baby New Year, a symbol deeply rooted in the traditions of welcoming the new year, carries with it a fascinating history. The concept of Baby New Year dates back to ancient Greece and Rome, where it was associated with the god of time, Cronus or Saturn. In these ancient civilizations, it symbolized the cyclical nature of time and the renewal of life that comes with each passing year. Over time, the concept evolved and found its place in various cultures and traditions.

In modern times, the image of Baby New Year has become synonymous with the transition from December 31 to January 1. You've likely seen illustrations of a plump, diaper-clad baby sporting a sash bearing the year's new number. This charming figure embodies hope, renewal, and the endless possibilities of the year ahead.

Beyond the symbolic figure of Baby New Year, many cultures celebrate the birth of New Year's babies in a more literal sense. It's considered an auspicious sign to be the first baby born in the new year, with parents often receiving special attention and gifts. These "New Year's babies" serve as a reminder of the perpetual cycle of life and the promise of fresh beginnings.

In the United States, the tradition of selecting a Baby New Year to represent the upcoming year is a common practice in media and advertisements. This tradition allows for creative interpretations of the baby's persona, reflecting cultural trends, hopes, and aspirations.

Baby New Year, with its rich historical roots and modern symbolism, reminds us of the continuous flow of time and the opportunities that each new year brings. Whether portrayed as a cherubic infant or celebrated through the birth of actual New Year's babies, this tradition serves as a heartwarming reminder that with each passing year, we have the chance to start anew and make the most of the time that lies ahead.

Celebrating Christmas in style

Please come join us for a Tai Chi Chair
Exercise presentation by Chandra
On Thursday, January 25 at 2:00

Scheduled Outings
Out to lunch at Los,Dos, Amigos
Wednesday, January 10

Out to lunch at Sizzler
Wednesday, January 17



Attention all readers!
We are starting a book club this
month.
If you are interested, please come to
the first meeting on
Wednesday, January 3 at 1:30



Louis the Piano Player
Tuesday, January 2 at 2:00

Gary the Accordion Player
Tuesday, January 9 at 2:00

Louis the Piano Player
Thursday, January 18 at 2:00

Old Time Fiddlers
Tuesday, January 23 at 2:00

Making Christmas Ornaments**Good Friends Make Good Neighbors**
Program

When a Bridgewood Rivers resident
or family member refers a new
potential resident to a Cascade Living
Community and the person moves in
for at least 90 days, the resident will
receive a \$4,000 credit applied to
their base rent.

**Independent Shopping**

Monday, January 8 at Bimart

Monday, January 15 at Safeway

Monday, January 22 at WinCo

Monday, January 29 at Walmart

