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The Heritage Springs Gazette

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Articles are from Activity Connection

February 2024 Issue



Sandra Chupnick
Mary Ellen Johnson
Arlene McCardle
Phyllis Burciaga
Candace Hall

February is the second and shortest month of the year. The ancient Roman Calendar had only ten months. January and February were added in 700 BC, making February the last month of the Roman year. The Latin word *februare* means "to purify," as the Romans purified themselves in February to prepare for festivals at the start of the new year. When they moved the beginning of the year from March to January, February became the second month of the year.



Celebrating Black History
February is the time to reflect on and celebrate African American history. Ways to honor Black History Month include reading Black authors, watching Black-centered films and TV shows, and learning about Black leaders, scientists,



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The Difference Between Living and Living Well

Are you ready for the ... CRAFT BEER CHALLENGE??



BUS SCHEDULE
Sign up at the Front Desk.
There's a \$30 charge when a
resident is accompanied
by one of our staff.

**Doctor Appointment Hours and
Personal Errands are every
Mondays, Wednesdays
and Thursdays
from 8:00am to 2:00pm**

**Shopping Days are every
Tuesdays and Fridays
(Please See our Activity Calendar)**



**Join us for our monthly
RESIDENT COUNCIL MEETING
and Food For Thought
with Chef Celeste
Second Wednesdays
at 10:00 am
at the Second Floor Commons**



Photos from our Annual CHILI COOK OFF



This Month's Upcoming Events

Heritage Springs
Assisted Living Memory Care

YOU ARE INVITED TO
VALENTINE'S DAY
Candlelight Dinner
Sponsored by Pro Care Health

Wednesday
February 14th
4-6pm
at the Dining Room

Wine and Chocolate Fountain
Photo Booth
Singing Quartet

8720 West Flamingo Road, Las Vegas, NV 89147
(702) 360-6023

Join us for
SUPER BOWL LVIII
Sunday, February 11th
at the Theater
KICKOFF starts at 3:00pm
*Enjoy with
Pizza, Chips,
HotDogs
and Beer*



Kathy's Hair Cottage
call (702) 326-2260

Shampoo only	\$10
Men's Shampoo & Haircut	\$22
Women's Shampoo & Haircut.....	\$27
Shampoo, Cut & Style	\$43
Shampoo & Style	\$27
Color & Style	\$62
Color, Cut & Style	\$77
Perm & Cut	\$85
Men's Haircut	\$20
Fingernail or Toenail Trim	\$15
Manicure	\$25
Pedicure	\$37