

Bridgewood Rivers
1901 NW Hughwood
Roseburg, OR 97471

Postage
Information

March 2024

Bridgewood Bugle

Bridgewood Rivers 1901 NW Hughwood Roseburg, OR 97471 541-440-1914



Bridgewood Rivers Assisted Living Residence has cared for seniors in the Roseburg community since 1990. Bridgewood Rivers was the first Assisted Living Residence to receive licensing in the state of Oregon. Our Executive Director Teresa Courtney Administrator has been here for over 33 years. For additional information please Contact us at (541) 440-1914



Birthdays & Anniversaries

Birthdays

Frances D. March 1
Becky B. March 2
Grace C. March 3
Ethan E. March 6
Tristan N March 7
Jean C. March 8
Jennifer C. March 9
Philip P. 13
Becca T. March 17
Dorethy H. March 30

Anniversaries

Caroline Mckemy 1 Year

Executive Director-
Teresa Courtney

Resident Service
Coordinator/ Concierge-
Jennifer Carabellese

Director of Wellness
Services-
Leah McDonough, RN

Community Relations
Director
Connie Kloha

Dietary Manager-
Steve DeLaCruz

Life Enrichment Director-
Becca Taggart

Housekeeping-
Lisa Mosley

Director of
Maintenance-
Bob Slifert

Bus Driver-
Susan Kees

A Mathematical Celebration

March 14 marks a unique celebration—Pi Day! It honors the mathematical constant pi (π) because the first three digits, 3.14, match the date. It is also recognized as the International Day of Mathematics, a celebration of the universal language of numbers. In addition, this busy day also pays homage to the genius behind the theory of relativity, Albert Einstein, who was born on March 14, 1879. Ironically, the fact that Einstein's birthday is widely celebrated might not have pleased the esteemed scientist, who once said, "It is a known fact that I was born, and that is all that is necessary."

Pi, that infinite number we encounter in circles, has an inseparable bond with Einstein's groundbreaking work. The beauty of pi lies not just in its numerical significance but in its appearance across mathematical landscapes, including the formulas that are the basis of Einstein's theories. The theory of relativity, famously distilled into $E=mc^2$, unveils the intricate dance between energy, mass, and the speed of light—a mathematical waltz through the cosmos.

This trio of celebrations is a chance to marvel at how math permeates our world. From the spirals of galaxies to the curves of flower petals, mathematical principles govern the very fabric of nature. March 14 is a day to appreciate the sheer delight of numbers, which transcend cultural and language barriers. It's a reminder that math isn't just about calculus or algebra, endless equations to mind-bending theories; it's about the joy of patterns, puzzles, and the universal language that connects us all. It is the basis of the wonders of the universe—the rhythm of the stars, the shapes of nature, and the logic that powers innovation.

As you munch on a piece of banana cream or homemade blueberry pie to celebrate Pi Day, raise a glass and toast to Einstein's legacy. Take a moment to reflect on how equations, formulas, and theories intertwine to unlock the secrets of the universe.

Our Valentine's King & Queen



Mardi Gras & Our Chinese New Year Celebration



Note From Becca

First off I wanted to say thank you for showing me love and support on this new journey. I love being able to be there for you in anyway I can. Now I Get to not only find new ways to bring you joy, but also give each of you the opportunity to get out and have fun! I look forward to getting to know more about you. I hope everyone has an awesome month!

Nurses' Notes

One of the characteristics of the world's longest lived people is that they have a circle of friends that support healthy behaviors. Research from the Framingham Studies shows that smoking, obesity, happiness, and loneliness are contagious. This means that the people you surround yourself with can influence these things in your life. This doesn't mean you need to dump your old friends, but purposefully adding people into your life who support good habits can help you live a longer and healthier life!

-Leah McDonough RN

Entertainment

Louis the piano Player
Tuesday, March 5th @ 2 pm

Gary the accordion Player
Tuesday, March 12th @ 2pm

Old Time Fiddlers/ Birthday Party
Tuesday, March 26th @ 2pm

Things To Look For

March 13th @ 9:45am our NEW Mens Group in (AR)

March 15th @ 1:30
Shamrock Party & Karaoke (DR)

March 24th @ 1:30
Decorating Eggs & Crafts w/ Kids

March 27th @ 1:00
Make & Bake Flatbread Pizza(AR)

March 29th @ 1:30
Paw's & Hug's



Welcome!

Jan Petersen
Jean Howard
Lynne Ralls
Cleo Barger
Were excited for you to be here,
Welcome to the "Family"

Good Friends Make Good Neighbors Program

When a Bridgewood Rivers resident or family member refers a new potential resident to a Cascade Living Community and the person moves in for at least 90 days, the resident will receive a \$4,000 credit applied to their base rent.



OUTINGS & INDEPENDENT SHOPPING

- Monday March 4th shopping @ Bimart
- Monday March 11th Shopping @ \$Tree
- Monday March 18th Shopping @ Winco
- Monday March 25th Shopping @ Marshalls

Out to Lunch @ Los Dos Amigos
Wednesday March 20th

KFC Lunch in (AR) March 6th

Sign up sheets will be in AR

