Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter Sunday 31					National Sunkist Citrus Day 1	World Music Therapy Day 2
•	Rejoice!	M				9:00 Zen Music Meditation
9:00 Joel Osteen on Channel 26 9:30 Easter Mass on Channel 12	Rejoice:	Heritage Springs				
	Christ	Assisted Living Memory Care		🔔 🎋 HAPPY 🗯 🖉		
10:00 Snack & Hydrate				- more	9:30 Everfit Exercises 10:00 Music Appreciation - Jazz Bands	9:45 Catholic Service 10:00 Snack & Hydrate
10:30 The Daily Chronicle2:00 Adult Easter Egg Hunt (Lobby)	is RISEN!			Of Habring G	10:30 Brain Teasers and Trivia	10:30 Shack & Hydrate 10:30 Chair Zumba Exercises
2:30 Snack & Hydrate				Jo. W work of	2:00 Our Daily Bread Read Aloud	2:00 Candy Bingo
3:00 EASTER BINGO for Prizes					2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	The second s		🦉 (• ().	1	3:00 Let's Bake Goodies with Carol	3:00 Namaste and Simple Spa Hour
LIFE IN COLOR					5:30 Armchair Travel & Snack	5:30 Netflix Adventure Series
Namesake Day 3	National Grammar Day 4	Unique Names Day 5	National Dress Day 6	National Cereal Day 7	International Women's Day 8	
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 The Daily Chronicle
	9:45 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
,	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Jazz Bands	10:00 Snack & Hydrate
1:30 Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Sing Along Songs	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol	2:00 Leprechaun Riddles with Carol	2:00 Afternoon Brain Boosters	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 NFL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Birthday Bash with Tony Birtolo	3:00 Learn Origami with Carol	3:30 Hawaiian Music w/ E & Noreen	3:00 Nail Care with Carol
	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel to Ireland & Snacks	5:30 Netflix Adventure Series
Daylight Saving Time Begins 10	World Plumbing Day 11	Working Moms Day 12	Good Samaritan's Day 13	National Popcorn Lover's Day 14	World Sleep Day 15	National Corn Dog Day 16
	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 The Daily Chronicle
10:00 Snack & Hydrate	9:45 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Jazz Bands	10:00 Snack & Hydrate
1:30 Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	11:00 Sing Along Songs	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol	2:00 Leprechaun Riddles with Carol	2:00 Learn Origami with Carol	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
-	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 NFL Regular Season - Channel 30	3:00 Pizza Making w/ Tammie & Pauline	3:00 Happy Hour with Bobby Rumion	3:00 Popcorn Tasting with Abraham	3:00 Let's Bake Goodies with Carol	3:00 Namaste and Simple Spa Hour
LIFE IN COLOR	5:30 Board Games	5:30 Classic Movie and Snacks	5:00 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel to Ireland & Snacks	5:30 Netflix Adventure Series
Saint Patrick's Day 17	National Sloppy Joe Day 18	Happy Birthday Jo! 19	Mister Rogers Day 20	Memory Day 21	. Talk Like William Shatner Day 22	National Tamale Day 23
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle
10:00 Snack & Hydrate	9:45 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate
1:30 Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Sing Along Songs	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	1:00 Tea Tasting with Chef Celeste	2:00 Conversation Cards with Monica	2:00 Loteria & Margaritas with Ericka	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
	5:00 NFL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Brenda Hebert	3:00 Learn Origami with Carol	3:30 Let's Bake Goodies with Carol	3:00 Nail Care with Carol
	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel to Ireland & Snacks	5:30 Netflix Adventure Series
Palm Sunday 24	Waffle Day 25	• •	World Theatre Day 27	Holy Thursday 28		
-	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle
10:00 Snack & Hydrate	9:45 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate
1:30 Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Sing Along Songs	^{10:30} Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol	2:00 Leprechaun Riddles with Carol	2:00 Afternoon Brain Boosters	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
55	5:00 NFL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Mike Jones	3:00 Learn Origami with Carol	3:30 Let's Bake Goodies with Carol	3:00 Namaste and Simple Spa Hour
LIFE IN COLOR	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel to Ireland & Snacks	5:30 Netflix Adventure Series

Heritage Springs Neighborhood Events

All Activities Subject to Change by the Life Enrichment Director