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www.HeritageSpringsSeniorLiving.com

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The Heritage Springs Gazette

8720 West Flamingo Road, Las Vegas, NV (702) 360-6023

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March 2024 Issue



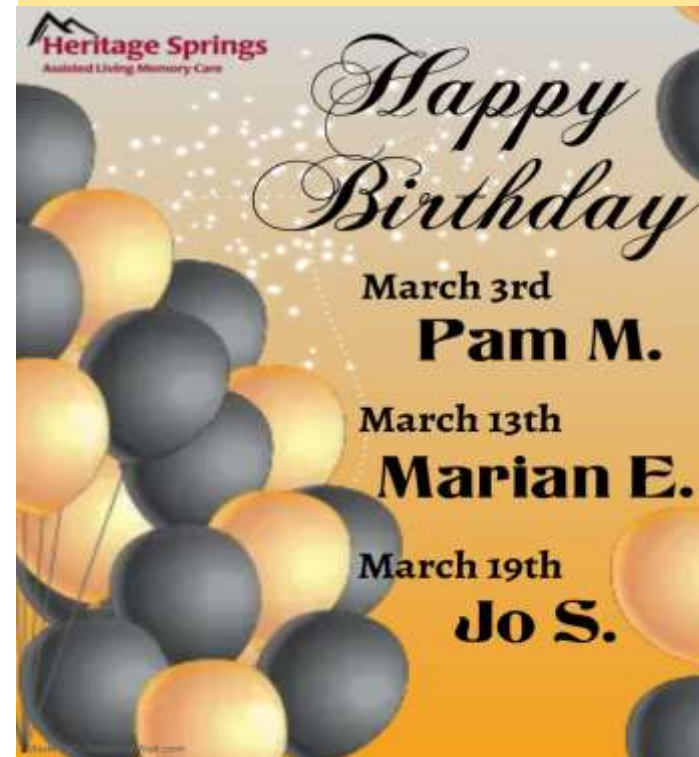
William & Jean
Steinbaugh
Christina Victoria
Raymond Cruden
Anita Northrop



March hasn't been the third month of the year. In fact, it was the first month of the year on the ancient Roman calendar.

Beginning the year in March seemed logical because it is when new growth starts after the "dead" of the year.

March's name comes from *Martius*, meaning "the month of Mars." (Mars was the Roman god of war.) The Anglo Saxons called the month *hyld monath*, which means "stormy month," and *hraed monath*, meaning "rugged month" apt names for a month that tends to see a lot of rain and wild weather!



The Difference Between Living and Living Well

MARCH 2024 OUTING LINE UP

March 1st
Black Bear Diner

March 8th
The Rio Casino

March 15th
Bucca de Beppo

March 22nd
Jinya Ramen

March 29th
The Windy City

Please Refer to the Activity Calendar for more details.
Made with PosterMyWall.com

MARCH 10th Daylight Saving BEGINS

**DON'T FORGET TO
SET YOUR CLOCKS
FORWARD
SATURDAY NIGHT**

This Month's Upcoming Events

Heritage Springs
Assisted Living Memory Care

ST. PATRICK'S DAY

Pot of Gold- Lucky Hour

with
Donna Lynne
at the Bistro

MARCH 17th
3:00pm

8720 West Flamingo Road, Las Vegas, NV 89147 (702) 360-6023

Heritage Springs
Assisted Living Memory Care

Annual Easter EGG HUNT

EASTER SUNDAY
MARCH 31ST @ 2:00 PM

FUN . GAMES . PRIZES

FRUIT SMOOTHIES

8720 WEST FLAMINGO ROAD, LAS VEGAS, NV 89147 (702) 360-6023



BUS SCHEDULE

Sign up at the Front Desk.
There's a \$30 charge when a resident is accompanied by one of our staff.

Doctor Appointment Hours and Personal Errands are every Mondays, Wednesdays and Thursdays from 8:00am to 2:00pm

Shopping Days are every Tuesdays and Fridays (Please See our Activity Calendar)



Join us for our monthly
RESIDENT COUNCIL MEETING
and Food For Thought
with Chef Celeste
Second Wednesdays
at 10:00 am
at the Second Floor Commons





Photos from our Valentine's Day Candlelight Dinner















Kathy's Hair Cottage

call (702) 326-2260

Shampoo only	\$10
Men's Shampoo & Haircut	\$22
Women's Shampoo & Haircut.....	\$27
Shampoo, Cut & Style	\$43
Shampoo & Style	\$27
Color & Style	\$62
Color, Cut & Style	\$77
Perm & Cut	\$85
Men's Haircut	\$20
Fingernail or Toenail Trim	\$15
Manicure	\$25
Pedicure	\$37