



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ACTIVITIES SUBJECT TO CHANGE-CHECK WEEKLY AND DAILY FOR UPDATES & LOCATION KEY</p>  <p><i>The Difference Between Living and Living Well</i></p>	<p>9:30 Light & Lively Exercise 1 10:00 Chronicle & Trivia 10:00 Scenic Drive 11:00 Chair Exercise 1:30 Balloon Volleyball 3:00 Coffee & Brain Games 6:30 Bunco Game Resident Led 6:40 Mariner's Game <small>All Fools' Day</small></p>	<p>9:30 Light & Lively Exercise 2 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 Bingo 3:30 Book Club 6:40 Mariner's Game 7:00 Mexican Train Resident Led</p>	<p>Footcare Appointments 3 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn 1:30 Meditation 2:00 Piano Music With Gary Hood 3:00 Spring Wreath Craft</p>	<p>9:30 Light & Lively Exercise 4 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:30 Eldercare Chaplain Bible Study & Prayers 3:00 Happy Hour 7:00 Mexican Train</p>	<p>9:30 Light & Lively Exercise 5 10:00 Chronicle & Trivia 10:30 Everfit Gym Time 11:00 YouTube Yoga Dance 1:00 Bean Bag Tic Tac Toe 1:30 Documentary 3:00 Sing Along with Gerry & Mary 6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 6 10:00 Coffee Social 10:30 Everfit Gym Time 11:00 Indoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Jigsaw Puzzles 7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 7 10:00 Communion 10:00 Livestream Church & Hymns 1:30 Ice Cream Social 2:00 Movie 2:30 Adult Coloring 6:30 Billiards-Resident Led</p>	<p>9:30 Light & Lively Exercise 8 10:00 Chronicle & Trivia 11:00 Chair Exercise 11:30 Catholic Communion 1:30 Balloon Volleyball 3:00 Coffee & Brain Games 6:30 Bunco Game Resident Led</p>	<p>9:30 Light & Lively Exercise 9 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 3:30 Beading Bracelets 7:00 Mexican Train Resident Led</p>	<p>9:30 Light & Lively Exercise 10 10:00 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn 1:30 Balloon Volleyball 3:00 Lunch at Skagit Acres 5:00 Tulip Town Outing Locals Night-FREE Trolley Ride</p>	<p>9:30 Light & Lively Exercise 11 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:30 Eldercare Chaplain Bible Study & Prayers 2:15 All About Hearing 3:00 Happy Hour 7:00 Bingo Night</p>	<p>9:30 Light & Lively Exercise 12 10:00 Chronicle & Trivia 10:00 Outing- Heritage Flight Museum Quilts Take Flight-Exhibit & Sale 11:00 Bookmobile Library 11:00 YouTube Yoga Dance 2:00 Monthly Birthday Party Piano Music With Ron Mevers</p>	<p>9:30 Light & Lively Exercise 13 10:30 Everfit Gym Time 1:00-4:00 Bazaar & Bake Sale 3:30 Jigsaw Puzzles 6:40 Mariner's Game 7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 14 10:00 Livestream Church David Jeremiah & Hymns 1:10 Mariner's Game 1:30 Ice Cream Social 2:00 Movie 2:30 Adult Coloring 6:30 Billiards- Resident Led</p>	<p>9:30 Light & Lively Exercise 15 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:30 Balloon Volleyball 2:00 Scenic Drive 3:00 Coffee & Brain Games 6:30 Bunco Game Resident Led 6:42 Mariner's Game</p>	<p>9:30 Light & Lively Exercise 16 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 3:30 Adult Coloring 6:40 Mariner's Game 7:00 Mexican Train Resident Led</p>	<p>9:30 Light & Lively Exercise 17 10:00 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn 1:10 Mariner's Game 2:00 Guitar Music with Lee Howard 3:00 Card Making 4:00 Billiards</p>	<p>9:30 Light & Lively Exercise 18 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:30 Eldercare Chaplain Bible Study & Prayers 3:00 Happy Hour 7:00 Mexican Train</p>	<p>9:30 Light & Lively Exercise 19 10:00 Chronicle & Trivia 11:00 YouTube Yoga Dance 11:30 Veteran's Outing Stand Down Skagit County Fairgrounds 1:00 Adult Coloring-Tulips 3:00 Old Time Fiddlers</p>	<p>9:30 Light & Lively Exercise 20 10:00 Coffee Social 10:30 Everfit Gym Time 11:00 Indoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Jigsaw Puzzles 7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 21 10:00 Livestream Church David Jeremiah & Hymns 1:30 Ice Cream Social 2:00 Movie 2:30 Adult Coloring 6:30 Billiards- Resident Led</p>	<p>9:30 Light & Lively Exercise 22 10:00 Chronicle & Trivia 10:00 Scenic Drive 11:00 Chair Exercise 11:30 Catholic Communion 1:00 Balloon Volleyball 3:00 Coffee & Brain Games 6:30 Bunco Game <small>Passover Begins Earth Day</small></p>	<p>9:30 Light & Lively Exercise 23 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 Food Meeting 2:30 Bingo 3:30 Adult Coloring 7:00 Mexican Train Resident Led</p>	<p>9:30 Light & Lively Exercise 24 10:00 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn 2:00 Music with Dave & PJ Richardson 3:00 Crafts 4:00 Billiards <small>Administrative Professionals Day</small></p>	<p>9:30 Light & Lively Exercise 25 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:30 Eldercare Chaplain Bible Study & Prayers 2:00 Town Hall Meeting 3:30 Happy Hour</p>	<p>9:30 Light & Lively Exercise 26 10:00 Chronicle & Trivia 11:00 Bookmobile-Library 11:00 YouTube Yoga Dance 11:30 Outing-Kiwanis Salmon BBQ Hill Crest Lodge Mt. Vernon 3:00 Sally's 100th Birthday Music by Folk Voice Band <small>Arbor Day</small></p>	<p>9:30 Light & Lively Exercise 27 10:00 Coffee Social 10:30 Everfit Gym Time 11:00 Indoor Walks 2:30 Bingo 3:30 Jigsaw Puzzles 6:40 Mariner's Game 7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 28 10:00 Livestream Church David Jeremiah & Hymns 1:10 Mariner's Game 1:30 Ice Cream Social 2:00 Movie 2:30 Adult Coloring 6:30 Billiards- Resident Led</p>	<p>9:30 Light & Lively Exercise 29 10:00 Chronicle & Trivia 10:00 Scenic Drive 11:00 Chair Exercise 1:00 Indoor Gardening 3:00 Coffee & Brain Games 6:40 Mariner's Game 6:30 Bunco Game Resident Led</p>	<p>8:30 Veteran's Breakfast- Bistro 30 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:30 Bingo 3:30 Adult Coloring 6:40 Mariner's Game 7:00 Mexican Train</p>	<h1>April 2024</h1>			