

March

2024

SUNDAY

MEN
MONDAY

TUESDAY

WOMEN
WEDNESDAY

THURSDAY

FRIDAY

SOCIAL
SATURDAY

Learn something new. Try something different. Convince yourself that you have no limits.
- Brian Tracy

9:00 A.M. Pedicure Fix (AA)
11:00 Happy Feet Dance (DA) 1
2:00 DIY Passport (AA)
2:30 Dominos (AA)
6:00 P.M. Family Movie with Popcorn (TA)

9:00 A.M. Beauty Hour (AA)
10:30 Read Monthly Newsletter (AA) 2
1:00 Balance Ball (DA)
1:30 Number Coloring (AA)
3:30 Apples to Apples (AA)
6:00 P.M. Two Truths and One Lie (AA)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
11:00 Bible Study (AA) 3
2:00 Would you Rather (AA)
4:00 Daily Chronicle (AA)
6:00 P.M. How it Started- Television (AA)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA)
11:00 Chair Yoga (DA) 4
2:00 Hangman with Friends (AA)
1:30 Group Discussion (AA)
4:00 Woodcraft (AA)
6:00 P.M. Thriller Movie (TA)

9:00 A.M. Beauty Hour (AA)
11:00 Outdoor Picnic (P) 5
2:00 Chair Zumba (DA)
1:30 1 on 1 Visit (DH)
4:00 Solitary (AA)
6:00 P.M. Poetry Reading (AA)

9:00 A.M. Nail Care (AA) 6
11:00 Walking Club (P)
1:00 Tape Painting (AA)
3:00 Talk-Tail Happy Hour (DA)
4:00 Flower DIY (AA)
6:00 P.M. Romance Movie (TA)

9:00 A.M. HAIR Salon/Barber (DHS) 7
10:30 Book Club (AA)
2:00 Balloon Volleyball (AA)
2:30 Journaling (AA)
4:00 Technological Support (AA)
6:00 P.M. TV Show (TA)

9:00 A.M. Pedicure Fix (AA) 8
10:30 Fitness with Sue (DA)
2:00 Learning Irish language (AA)
2:30 Sani (DH)
6:00 P.M. Family Board Game Night (DA)

International Women's Day

9:00 A.M. Beauty Hour (AA)
10:30 Daily Chronicle (AA) 9
1:00 Uno (AA)
1:30 Ball Trivia (AA)
3:30 Jumbo Word Search (AA)
6:00 P.M. How it started - Phones (AA)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
11:00 Virtual Communion (TA) 10
2:00 Magazine Reading (AA)
4:00 Daily Chronicle (AA)
6:00 P.M. Household Task (DH)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA) 11
11:00 Sound Healing (AA)
2:00 Life Advice from Life well Lived (DH)
1:30 Match that Vehicle (AA)
4:00 Mancala (AA)
6:00 P.M. Shaving Cream Art (DA)

9:00 A.M. Beauty Hour (AA) 12
10:00 Outdoor Picnic (O)
2:00 Weights (DA)
1:30 1 on 1 Visit (DH)
4:00 Continental (AA)
6:00 P.M. Podcast (AA)

9:00 A.M. Nail Care (AA) 13
11:00 Walking Club (O)
2:00 Sip and Paint (AA)
2:30 Cheesy Jokes (AA)
4:00 Frizzbee (OP)
6:00 P.M. Support Group

9:00 A.M. HAIR Salon/ Barber (DHS) 14
10:30 Book Club (AA)
2:00 Balloon Baseball (AA)
2:30 Scrapbooking (AA)
4:00 Family Facetime (ES)
6:00 P.M. Episode 3 - 4 TV Show (TA)

9:00 A.M. Pedicure Fix (AA) 15
11:00 Arm Reach Stretch (DA)
2:00 Ireland Tradition (AA)
2:30 Guess Who? (AA)
3:30 Picture Day (P)
6:00 P.M. Family Movie with Popcorn (AA)

Spirit Day: Dress Like a Celebrity

9:00 A.M. Beauty Hour (AA)
10:30 Daily Chronicle (AA) 16
1:00 Giant Connect 4 (AA)
3:30 Rack-O (AA)
6:00P.M. Household Task (DH)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
11:00 Rising Spirit (AA) 17
2:00 Travel to Ireland (OP)
3:00 Root beer Floats (OP)
6:00 P.M. Seek and Find the Leprechaun (DH)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA) 18
11:00 Humble Sit Meditation (AA)
2:00 Name that Tune (DA)
1:30 Bowling (AA)
4:00 Color Brain (AA)
6:00 P.M. Go Fish (AA)

9:00 A.M. Beauty Hour (AA) 19
11:00 Outdoor Picnic (P)
2:00 Chair Grooving (DA)
1:30 1 On 1 Visit
4:00 Rumi Kub (AA)
6:00 P.M. Documentary (AA)

9:00 A.M. Nail Care (AA) 20
11:00 Walking Club (P)
2:00 Painting Class (AA)
3:30 Necklace Making (AA)
6:00 P.M. Dancing with the Stars (TA)

9:00 A.M. HAIR Salon/ Barber (DHS) 21
10:30 Book Club (AA)
2:00 Balloon Pass (AA)
2:30 Puzzle (AA)
4:00 Technological Support (AA)
6:00 P.M. Episode 5 - 6 TV Show (TA)

9:00 A.M. Pedicure Fix (AA) 22
11:00 Fitness with Sue (DA) 22
2:00 Irish Stamps (AA)
2:30 Sani (DH)
6:00 P.M. Family Board Game Night (AA)

9:00 A.M. Beauty Hour (AA)
10:30 Daily Chronicle (AA) 23
1:00 Find that Pair (AA)
1:30 Small Jenga (AA)
3:30 Letter Writing (AA)
6:00P.M. Finish that Phrase (AA)
9:00 P.M. Night owl Activities (AA)

Spirit Day: Wear Green  **HAPPY ST. PATRICK'S DAY**

9:00 A.M. Beauty Hour (AA)
11:00 Worship Music (AA) 24
2:00 Giant Jenga (AA)
4:00 Chronicle ((AA)
6:00 P.M. Household Task (DH)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA) 25
11:00 Calm Breathing Exercise (DA)
2:00 Fact vs Myth (AA)
1:30 Brick Building (AA)
4:00 Charades (AA)
6:00 P.M. Action Movie (TA)

9:00 A.M. Beauty Hour (AA) 26
10:00 Outdoor Picnic (O) 26
2:00 Resistance Band Wellness (AA)
1:30 1 on 1 Visit
4:00 Card Puzzle (AA)
6:00 P.M. New Residents Meet and Greet (DH)

9:00 A.M. Nail Care (AA) 27
11:00 Walking Club (O) 27
1:00 Friendship Rock Painting (AA)
3:30 Bracelet Making (AA)
6:00 P.M. Drama Movie (TA)

9:00 A.M. HAIR Salon/ Barber (DHS) 28
10:30 Book Club (AA) 28
1:00 Friendship Rock Garden (P)
2:00 Balloon Tennis (AA)
2:30 Family Facetime (ES)
6:00 P.M. Episode 7-8 TV Show (TA)

9:00 A.M. Pedicure Fix (AA) 29
9:30 Flower Arrangement (DA) 29
11:00 Calm Stretch (DA)
1:00 Birthday Bash (DA)
2:30 Bingo (AA)
6:00 P.M. Family Movie with Popcorn (AA)

Easter Egg Hunt

9:00 A.M. Beauty Hour (AA)
10:00 Resident Council Meeting (DA) 30
1:00 Tic Tac Toe (AA)
3:30 Dominos (AA)
6:00P.M. Household Task (DH)
9:00 P.M. Night owl Activities (AA)

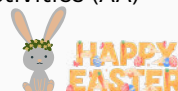
**Sierra
Location Key**

- Theater Area (TA)
- Activity Area (AA)
- Desert Hills (DH)
- Via Email Sign Up (ES)
- Dinning Area (DA)
- Patio (P)
- Outing (O)
- Desert Hills Salon (DHS)

Due to residents preference, activities are subject to change.

Desert Hills Memory Care Center
25818 Columbia St.
Hemet, CA 92544

PHONE: (951) 652 - 1837 FAX: (951) 658 - 2567
LIC#: 331880722



March

2024

SUNDAY

**MEN
MONDAY**

TUESDAY

**WOMEN
WEDNESDAY**

THURSDAY

FRIDAY

**SOCIAL
SATURDAY**

Learn something new. Try something different. Convince yourself that you have no limits.
- Brian Tracy

9:00 A.M. Pedicure Fix (AA)
10:30 Happy Feet Dance (DA) **1**
1:00 DIY Passport (AA)
1:30 Dominos (AA)
6:00 P.M. Family Movie with Popcorn (TA)

9:00 A.M. Beauty Hour (AA)
10:30 Read Monthly Newsletter (AA) **2**
1:00 Balance Ball (DA)
1:30 Number Coloring (AA)
3:30 Apples to Apples (AA)
6:00 P.M. Two Truths and One Lie (AA)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
10:30 Bible Study (AA) **3**
1:30 Would you Rather (AA)
3:30 Daily Chronicle (AA)
6:00 P.M. How it Started- Television (AA)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA)
10:30 Chair Yoga (DA) **4**
1:00 Hangman with Friends (AA)
1:30 Group Discussion (AA)
3:30 Woodcraft (AA)
6:00 P.M. Thriller Movie (TA)

9:00 A.M. Beauty Hour (AA)
10:00 Outdoor Picnic (P) **5**
1:00 Chair Zumba (DA)
1:30 1 on 1 Visit (DH)
3:30 Solitary (AA)
6:00 P.M. Poetry Reading (AA)

9:00 A.M. Nail Care (AA) **6**
10:30 Walking Club (P)
1:00 Tape Painting (AA)
2:30 Talk-Tail Happy Hour (DA)
3:30 Flower DIY (AA)
6:00 P.M. Romance Movie (TA)

9:00 A.M. HAIR Salon/Barber (DHS) **7**
10:30 Book Club (AA)
1:00 Balloon Volleyball (AA)
1:30 Journaling (AA)
3:30 Technological Support (AA)
6:00 P.M. TV Show (TA)

9:00 A.M. Pedicure Fix (AA) **8**
10:30 Fitness with Sue (DA)
1:00 Learning Irish language (AA)
1:30 Sani (DH)
6:00 P.M. Family Board Game Night (DA)

International Women's Day

9:00 A.M. Beauty Hour (AA)
10:30 Daily Chronicle (AA) **9**
1:00 Uno (AA)
1:30 Ball Trivia (AA)
3:30 Jumbo Word Search (AA)
6:00 P.M. How it started - Phones (AA)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
10:30 Virtual Communion (TA) **10**
1:00 Magazine Reading (AA)
3:30 Daily Chronicle (AA)
6:00 P.M. Household Task (DH)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA) **11**
10:30 Sound Healing (AA)
1:00 Life Advice from Life well Lived (DH)
1:30 Match that Vehicle (AA)
3:30 Mancala (AA)
6:00 P.M. Shaving Cream Art (DA)

9:00 A.M. Beauty Hour (AA) **12**
10:00 Outdoor Picnic (O)
1:00 Weights (DA)
1:30 1 on 1 Visit (DH)
3:30 Continental (AA)
6:00 P.M. Podcast (AA)

9:00 A.M. Nail Care (AA) **13**
10:30 Walking Club (O)
1:00 Sip and Paint (AA)
1:30 Cheesy Jokes (AA)
3:30 Frizzbee (OP)
6:00 P.M. Support Group

9:00 A.M. HAIR Salon/ Barber (DHS) **14**
10:30 Book Club (AA)
1:00 Balloon Baseball (AA)
1:30 Scrapbooking (AA)
3:30 Family Facetime (ES)
6:00 P.M. Episode 3 - 4 TV Show (TA)

9:00 A.M. Pedicure Fix (AA) **15**
10:30 Arm Reach Stretch (DA)
1:00 Ireland Tradition (AA)
1:30 Guess Who? (AA)
3:30 Picture Day (P)
6:00 P.M. Family Movie with Popcorn (AA)

Spirit Day: Dress Like a Celebrity

9:00 A.M. Beauty Hour (AA)
10:30 Daily Chronicle (AA) **16**
1:00 Giant Connect 4 (AA)
3:30 Rack-O (AA)
6:00 P.M. Household Task (DH)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
10:30 Rising Spirit (AA) **17**
1:00 Travel to Ireland (OP)
3:00 Root beer Floats (OP)
6:00 P.M. Seek and Find the Leprechaun (DH)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA) **18**
10:30 Humble Sit Meditation (AA)
1:00 Name that Tune (DA)
1:30 Bowling (AA)
3:30 Color Brain (AA)
6:00 P.M. Go Fish (AA)

9:00 A.M. Beauty Hour (AA) **19**
10:00 Outdoor Picnic (P)
1:00 Chair Grooving (DA)
1:30 1 On 1 Visit
3:30 Rumi Kub (AA)
6:00 P.M. Documentary (AA)

9:00 A.M. Nail Care (AA) **20**
10:30 Walking Club (P)
1:00 Painting Class (AA)
3:30 Necklace Making (AA)
6:00 P.M. Dancing with the Stars (TA)

9:00 A.M. HAIR Salon/ Barber (DHS) **21**
10:30 Book Club (AA)
1:00 Balloon Pass (AA)
1:30 Puzzle (AA)
3:30 Technological Support (AA)
6:00 P.M. Episode 5 - 6 TV Show (TA)

9:00 A.M. Pedicure Fix (AA) **22**
10:30 Fitness with Sue (DA)
1:00 Irish Stamps (AA)
1:30 Sani (DH)
6:00 P.M. Family Board Game Night (AA)

9:00 A.M. Beauty Hour (AA)
10:30 Daily Chronicle (AA) **23**
1:00 Find that Pair (AA)
1:30 Small Jenga (AA)
3:30 Letter Writing (AA)
6:00 P.M. Finish that Phrase (AA)
9:00 P.M. Night owl Activities (AA)

Spirit Day: Wear Green  **HAPPY ST. PATRICK'S DAY**

9:00 A.M. Beauty Hour (AA)
10:30 Worship Music (AA) **24**
1:00 Giant Jenga (AA)
3:30 Chronicle ((AA)
6:00 P.M. Household Task (DH)
9:00 P.M. Night Owl Activities (AA)

9:00 A.M. Manicure Madness (AA) **25**
10:30 Calm Breathing Exercise (DA)
1:00 Fact vs Myth (AA)
1:30 Brick Building (AA)
3:30 Charades (AA)
6:00 P.M. Action Movie (TA)

9:00 A.M. Beauty Hour (AA) **26**
10:00 Outdoor Picnic (O)
1:00 Resistance Band Wellness (AA)
1:30 1 on 1 Visit
3:30 Card Puzzle (AA)
6:00 P.M. New Residents Meet and Greet (DH)

9:00 A.M. Nail Care (AA) **27**
10:30 Walking Club (O)
1:00 Friendship Rock Painting (AA)
3:30 Bracelet Making (AA)
6:00 P.M. Drama Movie (TA)

9:00 A.M. HAIR Salon/ Barber (DHS) **28**
10:30 Book Club (AA)
1:00 Friendship Rock Garden (P)
1:30 Balloon Tennis (AA)
3:30 Family Facetime (ES)
6:00 P.M. Episode 7 - 8 TV Show (TA)

9:00 A.M. Pedicure Fix (AA) **29**
9:30 Flower Arrangement (DA)
10:30 Calm Stretch (DA)
1:00 Birthday Bash (DA)
3:30 Bingo (AA)
6:00 P.M. Family Movie with Popcorn (AA)

Easter Egg Hunt

9:00 A.M. Beauty Hour (AA)
10:00 Resident Council Meeting (DA) **30**
1:00 Tic Tac Toe (AA)
3:30 Dominos (AA)
6:00 P.M. Household Task (DH)
9:00 P.M. Night owl Activities (AA)

9:00 A.M. Beauty Hour (AA)
10:30 Bible Verse (AA) **31**
1:00 Trivia (AA)
1:30 EGGTRAVAGANZA (OP)
6:00 P.M. Magic Show (TA)
9:00 P.M. Night Owl Activities (AA)



**Vista
Location Key**

- Theater Area (TA)
- Activity Area (AA)
- Desert Hills (DH)
- Via Email Sign Up (ES)
- Dinning Area (DA)
- Patio (P)
- Outing (O)
- Desert Hills Salon (DHS)

Due to residents preference, activities are subject to change.

Desert Hills Memory Care Center
25818 Columbia St.
Hemet, CA 92544

PHONE: (951) 652 - 1837 FAX: (951) 658 - 2567
LIC#: 331880722