

Desert Hills Memory Care

Newsletter

March 2024

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Bonnie B.
Donald K.
James O.
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Welcome
Home



Jeff K.

As we bid farewell to the winter chill and welcome the gentle embrace of spring, we find ourselves amidst a season of renewal and growth. March brings with it a sense of rejuvenation, inspiring us to embrace change and embark on new adventures. Here at Desert Hills, we're excited to share the latest updates and upcoming events as we journey together through this vibrant month.

Upcoming Events:

Dementia Education & Connection Support Group
Wednesday, March 13,
2024 @ 6:00 p.m.
Desert Hills Memory Care Center
25818 Columbia Street
Hemet, CA 92545

Dementia Education & Connection Support Group
Wednesday, March 06,
2024 @ 10:30 a.m.
Optum Community Center
1580 West Floriday Ave.
Hemet, CA 92545



Celebrating Women's History Month:

March is nationally recognized as Women's History Month, a time to honor the contributions and achievements of women throughout history and contemporary society. We invite you to join us in celebrating the resilience, strength, and leadership of women in our community and beyond.

Community Service Initiative:

As we embrace the spirit of renewal this spring, let's also extend a hand to those in need within our community. For the month of March, Desert Hills will be organizing a donation drive to support The DEANA Foundation. A local organization whose mission is to provide financial relief for caregiving to middle class families affected by dementia. They strive to ease these burdens by providing emotional support, resources and care-giving grants. For more information or to donate, please visit <https://www.thedeanafoundation.org/donate/> Whether it's lending a helping hand at a food bank, cleaning up a neighborhood park, or donating essential items to those experiencing hardship, every act of kindness makes a difference.

Family Engagement Opportunities:

Family involvement is integral to the well-being of our residents, and we encourage families to participate in our March activities and events. Whether it's joining us for a springtime outing, attending a themed celebration, or simply spending quality time with your loved one, your presence makes a world of difference. Together, we can create cherished memories and strengthen the bonds that unite us.

Ongoing Support and Resources:

As always, our team is here to provide support, guidance, and resources to our residents and their families. Whether you have questions about memory care techniques, need assistance navigating care options, or simply want to connect with fellow caregivers, we're here to help. Don't hesitate to reach out to our associates for assistance or to learn more about the services and programs we offer.

Good Friends Make Good Neighbors:

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional associates, if a resident or family member refers a new potential resident* to Desert Hills Memory Care Center and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent. If someone you know is interested in memory care, please have them reach out to Darci Marquette, to arrange for a tour today!

AS WE EMBRACE THE BEAUTY OF
SPRING AND ALL IT HAS TO OFFER,
LET'S CONTINUE TO SUPPORT ONE
ANOTHER, FOSTER A SENSE OF
BELONGING, AND MAKE A POSITIVE
IMPACT IN THE WORLD AROUND US.
HERE'S TO A MONTH FILLED WITH
GROWTH, GRATITUDE, AND ENDLESS
POSSIBILITIES.



Let's Talk Food

GABRIELLE WILLIS

As we finish up with winter and roll into Spring, I am excited to share with you our recipe of the month! The Everything bagel Crusted Salmon is a delicious meal with fresh seasonal salad and tender Salmon, topped with everything bagel seeds and cream cheese sauce. Not a fan of Salmon? Substitute with delicious cod or tilapia. Great for either brunch or dinner, this meal is perfect as we bloom into Spring.



Dining Services
Director

Food for us comes from our relatives, whether they have wings or fins or roots.

- Robin Wall Kimmerer

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BAKING CLASS



I am thrilled to report that our baking class was a huge success! Everyone had a fantastic time bonding over delicious treats and sharing their love for baking. Our residents enjoyed themselves and it was heartwarming to see them socialize and connect with one another.

Looking forward to more fun sessions in the future!

- Ariana Miranda
Life Enrichment Director

March Horoscope

Those born from March 1-20 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easygoing manner, but on the inside, they are intuitive, intensely spiritual, and deeply emotional. If you were born between

March 21-31, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence mean they have big and outgoing personalities.

Resident's

GEORGIA L. 03/05

LINDA D. 03/24

BETTY M. 03/28

Associate's

LONI Z. 03/12

BRIANA A. 03/22

Happy Birthday!

From all of us here at Desert Hills.

The **clover (shamrock)**, is one of the smallest plants on this earth, however it holds such a revered spot of wonder in us all. The three leaves of a shamrock are said to stand for faith, hope and love. A fourth leaf is where we get the luck from. The four-leaved **clover**, or "**lucky clover**", is an uncommon variation of the three-leaved **clover**, and widely considered to be a symbol of good **luck**.

When we pass a **clover**, we can't help but look for that ever elusive four leaf **clover**, or enjoy in the wonderment of watching young children pick through a bunch of **clovers** in search for it as well. Why do we do this? We usually are looking for a sign that we will be **lucky**, live a life of ease and prosperity. So very much of those three things are what the **clover** represents, it is also why we hold on to that wonderment for a life time.

When it comes to Desert Hills, we work hard to make sure that your loved ones time with us is warm, fun and loving. With hard work, dedication and preparation, we believe **luck** will be on our side. What is **luck**? **Luck** is defined as success or failure apparently brought by chance rather than through ones own actions. Meeting **luck** head on is no easy task. The preparation, practice, and patience we have, is why **luck** is on our side. We help your loved one live a life of ease, during a time that is of the most difficult in their life, and in yours as well. This is not by **luck** at all.

Every day is a new day for Desert Hills to prove that working together with you, and your loved one is a product of dedication to the care of your loved one, and not by any means **luck**.

However, we do feel very **lucky** that you chose us to care for your family.

Thank you from the bottom of our **pot-o-gold**!
Happy St. Patrick's Day!

SHANNON MOORE

Executive Director

OUR LEADERSHIP TEAM IS HERE TO HELP

Plant Operations Director

Federico Montelongo Cano

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Business Office Manager

Shelby Walker

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Community Relations Director

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Life enrichment Director

Ariana Ballesteros Miranda

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Explore

YOU ONLY LIVE ONCE, DON'T BE AFRAID TO TRY NEW THINGS

Magazine
reading &
Scrapbooking



Social



Hour



You Choose

KINDNESS

PASSION

GRATITUDE

HAPPINESS

EMPLOYEE OF THE

PATTY

MONTH

I AM DELIGHTED TO
ANNOUNCE THAT PATTY S.
HAS BEEN CHOSEN AS OUR
EMPLOYEE OF THE MONTH.

HER HARD WORK,
DEDICATION, AND POSSITIVE
ATTITUDE MAKES A
WONDERFUL INPACT ON ALL
OF US AT DESERT HILLS.

WE ARE GRATEFUL TO HAVE
PATTY ON BOARD AND WE
LOOK FOWARD TO SEEING
ALL THE GREAT THINGS SHE
WILL CONTINUE TO ACHIEVE
HERE AT DESERT HILLS.



CONGRATULATIONS, PATTY!
KEEP UP THE AMAZING
WORK.

*Life advice from life's well
lived..*



TAKE A TRIP

D O W N

MEMORY LANE



Looking at some of February highlights and absolutely enjoying Elvis's visit. Has everyone excited to see what's yet to come. Stay tuned for more fun activities and bonding opportunities. March will be one for the books you won't want to miss.

**-Ariana Miranda
Life Enrichment Director**