Sunday Friday Tuesday Wednesday ) Thursday Saturday 9:30 Current Events Reading P 1 9:30 News Discussion Group P **SOCIALS & EVENTS** LO:00 Muffins & Coffee (B) 10:30 Chair Fitness Class (MPR) SPIRITUAL SERVICES

**OUTINGS** RESIDENT LED

## March 2024 Regency Grand of West Covina



10:30 Exercises w/Margaret (MP) 11:00 Billiards Players Club (3BR) 1:30 Classic Movie Matinee (MP) 1:30 Flower Arrangement (AR) 3:30 Mahjong with Susan (3<sup>rd</sup> Fl) 5:00 Resident Choice Movie (MP)

12:30 TV Nature Documentary 1:30 Scrabble Board Game (AR) 2:30 Jewelry-Making Group 3:00 Resident-led Poker (P) 4:00 Billiard Players Club (3BR) 5:00 Card players group (MP)

9:30 Current Events Group (P) 10:30 Walking Group (Lobby) 10:45 Holy Communion w/Silvia P 12:30 TV nature Documentary MP 1:30 Nickel Bingo games (MP) 3:30 Regency Garden group (MP) 5:00 Movie: 'Calamity Jane' (MPR) 9:30 News Discussion Group P 10:00 RG Walking Group (L) 10:30 Stretch Exercise (MP) 12:30 'American Pickers' Tv 1:30 Nickel Bingo games (MPR) 2:30 Dominoes Players Club (AR) 3:30 Mahjong with Susan (3<sup>rd</sup> Fl) 5:00 Movie Matinee (MP)

4 9:30 News & Coffee group (P) 10:00 Random trivia games MP 10:30 Chair Exercise (MP) 1:30 Jewelry-Making Group (AR) 3:00 Resident-led Poker (P) 3:30 Music Tunes with Fern (MPR) 4:00 Puzzles Group (AR) 5:30 Resident choice Movie Night

5 9:30 Morning Chat Group (P) 10:00 UNO card Games (AR) 10:30 Morning Walk (Lobby) 12:30 TV Travel Documentary MP 1:30 Nickel Bingo games (MP) 3:00 Arts & Crafts Hour AR 3:30 Dominoes players club(AR) 5:00 Mandala Coloring (AR)

**6** 9:30 Current Events Group (B) 10:00 Dominoes players club AR 10:30 Morning Walking Group 12:30 Cassic TV: 'I Love Lucy' MP 1:30 Rummikub games(AR) 2:30 Jewelry making Group AR 2:30 Bible Study with Brad (MPR) 3:00 Resident-led Poker (P) 5:30 Resident Choice Movie MP

9:30 News & Coffee Group (P) 10:00 Donuts by Angel Care (B) 10:30 Exercise with Margaret (MPR) 12:30 'Pawn Stars' Tv show (MP) 1:30 Classic Movie Matinee MP 2:30 Health Talk: 'Cholesterol MP 3:30 Mahjong with Susan (3BR) 5:00 Movie Matinee (MPR)

9:30 Morning Discussion LO:30 Chair Exercises (MPR) 1:30 Scrabble Board Game (AR) 2:30 Technology Help Class with Sunshine Group (L) 3:00 Resident Poker (P) 3:30 Learn a new game (AR)

9:30 Freshly baked Cookies (B) 10 10:00 TV Church Service (MPR) 10:45 Holy Communion w/ Silvia (P) 12:30 Classic TV: I Love Lucy MP L:00 Technology Help w/Erick (L) 1:30 Nickel Bingo games (MPR) 3:30 Regency Garden Group MPR 5:00 Movie, Love Me & Leave'

9:30 Current Events group (P) 10:30 Chair Yoga w/Erick (MP) 12:00 Jewelry & Watch repair/sales by Gabriel (L) 1:30 Nickel Bingo games (MPR) 2:30 Root Beer Floats Social (B) 3:30 Mahjong with Susan (3BR) 5:00 Netflix Movie Night (MP) 9:30 Freshly baked Cookies (B) **17**9:30 Morning Chat Group P

10:00 Random trivia games P

10:30 Chair Yoga w/Erick MP

1:30 Nickel Bingo games (MPR)

**11** 9:30 News & Coffee Group (P) 10:30 Chair Yoga w/Erick MP 12:30 TV Travel: 'New York' MP 1:30 Jewelry-Making Group (AR 3:00 Ice Cream Cones Social MP 3:00 Resident-led Poker (P) 3:30 Music Tunes with Fern (MPR) 5:30 Resident choice Movie Night

9:30 Current Events Group P 10:30 Morning Stretches w/Erick 11:00 Shop: Cantina's Boutique P 12:30 Virtual Museum Tour MP 1:30 Nickel Bingo games (MP) 3:00 Wine, Cheese, & Jazz (MP) 3:30 Watercolor Painting Class AR 5:00 Puzzling Puzzles Pieces (AR)

9:30 News & Coffee Chat P 10:00 Morning Exercises w/Erick 11:30 Lunch at Costa's Restaurant 1:30 Needle Point with Judith (AR) 2:30 Bible Study with Brad (MPR) 3:00 Resident-led Poker (P) 2:30 Shopping Dollar Tree (O) 3:00 TV Travel: 'France' (MP)

**1 4** 9:30 Morning Chat Group (P) 10:00 Freshly Baked Cookies (B) 10:30 Exercises w/Margaret MP 12:30 'Dancing w/the Stars' MP 11:00 Billiard Players Club (3BR) 1:30 Flower Arrangement (AR) 3:30 Mahjong with Susan (3<sup>rd</sup> Fl) 5:00 Movie Matinee (MPR)

5:00 Movie, Jezebel (MPR) 9:30 Morning Discussion P 10:00 Timeless Melodies: Oscar Winning Awards (MPR) 1:30 Scrabble Board Game (AR) 3:00 Resident Poker (P) 4:00 Billiard Players Club (3BR) 5:00 Turner Classic Movie 'Old Acquaintance' (MPR)

10:30 Walking Group (Lobby) 10:45 Holy Communion w/Silvia P 12:30 TV Travel: 'Ireland' 1:30 Nickel Bingo games MP 3:00 St. Patrick's Day Party with Richard & Friends (MPR) 5:00 Movie Matinee (MPR) St. Patrick's Day

10:00 TV Church Service (MPR)

10:45 Holy Communion w/ Silvia (P)

12:30 ClassicTV:Dean Marting show

1:00 Technology Help w/Erick (L)

1:30 Nickel Bingo games (MPR)

3:30 Ice Cream Cones Social MP

5:00 Movie, Love Me & Leave'

2:30 Ice Cream Cones Social B 3:30 Mahjong with Susan (3<sup>rd</sup> Fl) 5:00 Netflix Movie Night (MP) 9:30 Freshly baked Cookies (B) **24**9:30 Morning Chat Group P 10:00 Random trivia games P 10:30 Chair Yoga w/Erick MP 12:30 'American Pickers' Tv show 1:30 Resident Council Meeting MP 2:30 Blackjack card Games AR 3:30 Mahjong with Susan (3<sup>rd</sup>

5:00 Netflix Movie Night MP

**18** 9:00 News & Coffee Group (P) LO:00 Vancouver Student Orchestra performance MP 12:30 TV Travel: 'Denmark' MP 12:30 How it's Made' Tv show MP 1:30 Guided Meditation (AR) 2:30 Fruit Smoothies Social P 3:00 Resident-led Poker (P)

3:30 Music Tunes with Fern (MPR) :30 Resident choice Movie Night **25** 9:30 News & Coffee Group (P) 11:00 'March' Birthday celebration

w/singer Dianne C. (DR) 12:30 TV Travel: 'Australia' MP 1:30 Jeopardy trivia Games MP 2:30 Fruit Smoothies Social P 3:00 Resident-led Poker (P) 3:30 Music Tunes with Fern (MPR)

1 Q 9:30 Current Events Group P 10:30 UNO Card games AR 11:00 Walking Group (L) 12:30 Virtual Museum Tour MP 1:30 Nickel Bingo games (MP) 2:30 Ladies Jewelry making AR 3:30 Watercolor & Wine Class (AR) 5:00 Puzzling Puzzles Pieces (AR)

9:30 Current Events Group P 10:30 UNO Card games AR 10:00 Random trivia Games P 11:00 Morning Walking Group (L) 10:30 Balance & Posture (MPR) 12:30 'TV Nature Documentary' MP 11:30/45 Lunch at Ono Hawaiian 1:30 Nickel Bingo games (MP) 1:30 Needle Point with Judith (AR) 2:30 Ladies Jewelry making AR 2:30 Bible Study with Brad (MPR) 3:00 Activity Planning Meeting MP 2:30/3 Shopping at Dollar Tree 5:00 Puzzling Puzzles Pieces (AR) 3:00 Resident Poker (P)

9:30 Current Events Reading P **21** 10:00 Random trivia Games P 10:30 Strength Exercise (MPR) 11:30/45 Lunch at World Deli (O) 1:30 Rummikub games (AR) 2:30 Bible Study with Brad (MPR) 2:30/3 Banking & Pharmacy 3:00 Resident Poker games (P)

9:30 News Reading Group P 10:00 Donuts & Coffee Angel Care 10:30 Exercise with Margaret (MPR 12:30 'Dancing w/the Stars' MP 2:30 Billiards Players Club (3BR) 2:30 Arts & Crafts Hour AR 3:30 Mahjong with Susan (3<sup>rd</sup> Fl) 5:00 Movie Matinee (MPR)

5:00 Movie Matinee (MPR)

9:30 Morning Chat Group P 10:30 Chair Yoga Group MP 1:30 Scrabble Board Game (AR) 2:30 Technology Help Class with Sunshine Group (L)

3:00 Resident Poker (P) 3:30 Learn a new game (AR) 5:00 Movie, Dark Victory (MPR)

9:30 Current Events Reading P 28 9:30 Food Council Meeting (MP) 29 9:30 News Reading Group P 10:00 Freshly Baked Cookies (B) 10:30 Exercise Class w/Margaret MP 1:30 Scrabble Board Game (AR) 11:00 Billiards Players Club (3BR) L:30 Flower Arrangement (AR) 2:30 Root Beer Floats Social MP 3:30 Mahjong with Susan (3BR)

30 10:30 Chair Aerobics (MPR) 2:30 Arts & Crafts Hour (AR) 3:00 Resident Poker games (P) 4:00 Billiard Players Club (3BR) 5:00 Turner Classic Movie 'Calamity Jane' (MPR)

9:30 Freshly baked Cookies (B) 10:30 Walking Group (Lobby)

10:45 Holy Communion Silvia (P)

11:30 Easter Luncheon with Live Music, Jeremiah (DR/MPR) 1:30 Rummikub games(AR)

5:00 Movie: 'Please don't eatThe Daises' (MPR) "The month of March represents new growth, and its flower symbol is Daffodil – which represents forgiveness, trust, honesty, and true love."

Location key: Billiards Room-3BR Front Desk-FD Bistro-B Parlor-P Activity Room-AR Fitness Room-3FR Dining Room-DR Library-LY Outing-O