# **May Word Search**

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.

A B U M B L E B E E W P M C Y
N R K Z G V T U A W I M E Y B
L Z M O Y A M E D O C N I C R
H L Y E U I O O V R E Y H J E
M B A R D M N I T M D T V D D
B A U B U F C I I H V N Z V Y
G S Y J E T O T M R E G Z T K
U K V P O S G R H E J R N W C
B E O R O N A W C K G Y S I U
Y T I Q I L M B P E N B J N T
D A Y R P W E V O T S U G S N
A E P W R U U W O Y F L N L E
L S G V M K C J A S V L Z A K
K S N K N O O M R E W O L F S
O B Y T G Z M E M O R I A L C

ARMED FORCES (Day) **BASEBALL BASKET BULL (Taurus) BUMBLEBEE CINCO DE MAYO** FLOWER MOON **GEMINI KENTUCKY DERBY LADYBUG** MAY (Day) MAYPOLE MEMORIAL (Day) MOTHER'S (Day) **SPRINGTIME TAURUS TWINS** VICTORIA (Day)

# **Arbor Village Leadership Team**

#### Jennifer Shegrud

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#### **Tech Ahlers**

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#### **Tiffany Tarantino**

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#### Kaera Dixon

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# Voice of the Village

Arbor Village | 24121 116th Ave S.E. Kent, WA 98030 | 253-856-1600 | www. Arbor Village.us

# **Special Days**

Lei Day May 1

Happy Birthday, Bing Crosby!

May 3

Kentucky Derby May 4

Star Wars Day May 4

First American in Space Anniversary May 5

Happy Birthday, Curtis O.!

May 6

**Travelin' Tunes Tuesday** *May 7* 

Mother's Day Brunch May 11

> Mother's Day May 12

Happy Birthday, John F.! May 12

Craft with Jamie May 14

Jokes with Brendan May 23

> Memorial Day May 27

Happy Birthday, Carol C.! May 31

## **Celebrating May**

May is a time to honor and remember the brave men and women who have served in the armed forces. It is a day to pay tribute to their sacrifices, courage, and dedication to



protecting our freedoms. As we celebrate Memorial Day, let us take a moment to express our gratitude to all veterans for their service and selflessness. It is a time to come together as a

community and show our support and appreciation for those who have served our country with honor and valor. Let us never forget the incredible contributions of our veterans and the significance of their unwavering commitment to safeguarding our nation.

# **Arbor Village Veterans**

Coleman C.
United States Army

Dee Ann B.
United States Army

Edward N.
United States Coast Guard

Ernest F.
United States Air Force

Greg N.

United States Coast Guard Reserve

Jim T.

United States Navy & Air Force

Ken A.

United States Marine Corps

Join us on Monday, May 27<sup>th</sup> for a Memorial Day Barbeque!

May 2024 May 2024

# **Mother's Day**

To all the incredible mothers out there, your hard work, love, and dedication do not go unnoticed. You are the pillars of strength, the bearers of endless love, and the unsung heroes of our lives. On Mother's Day, we celebrate you and all that you do. Your sacrifices, your wisdom, and your unwavering support shape us into the best versions of ourselves. May your day be filled with joy, love, and well-deserved pampering. Happy Mother's Day to each and every one of you!

Join us Saturday, May 11<sup>th</sup> for Mother's Day Brunch!

# **Bistro Bar Now Open!**

Come and satisfy your cravings at our newly opened snack fridge in the dining room! Whether you're in the mood for something sweet, savory, or somewhere in between, we have a wide selection of delicious treats waiting for you. From freshly made sandwiches to healthy fruit options, there's something for everyone to enjoy. So, swing by, grab a snack, and make your dining experience even more delightful!

#### **Live Music**

Join us in our newly renovated common area near the fireplace to hear an incredible performance that will captivate your heart and uplift your spirits. Our talented performers will take you on a musical journey filled with soulful melodies and powerful emotions. Come and experience the magic of live music as it fills the air with joy and harmony. Whether you're a music enthusiast or simply looking for a delightful experience, this singing performance is sure to leave you mesmerized and inspired. Don't miss out on this extraordinary opportunity to be swept away by the beauty of song. Mark your calendars and prepare to be enchanted by an unforgettable musical experience.

Friday, May 3<sup>rd</sup> at 2:30 pm Friday, May 17<sup>th</sup> at 2:30 pm

# Wednesday 5/8 Special Dinner: Romanian Food

This Romanian-inspired dinner curated by our Retirement Living Director, Carmen, promises to be a delightful culinary experience. Get ready to savor the rich flavors and traditional dishes that showcase the vibrant and diverse cuisine of Romania. Join us for this special evening of delicious food and great company, as we celebrate the flavors of Romania right here at our community.

#### Did You Know?

• Dracula's Castle: Romania is home to Bran Castle, often associated with the legendary



fictional character, the castle is a popular tourist destination and

Dracula. While

Dracula was a

vampire

a must-visit for fans of the supernatural.

- Diverse Wildlife: Romania boasts a diverse range of wildlife, including bears, wolves, lynx, and chamois. The country's extensive forests provide a habitat for these magnificent creatures, making Romania a paradise for nature lovers and wildlife enthusiasts.
- Delicious Cuisine: Romanian cuisine is a delightful blend of flavors influenced by Turkish, Hungarian, and Slavic culinary traditions. Romanian food is sure to tantalize your taste buds.

## **Arbor Village Salon**

#### Mondays

9:00 am - 11:00 am

Hair Cuts - \$30 Weekly Shampoo - \$25 Weekly Shampoo & Set - \$35

#### **Jolene Perrino**

Licensed Barber, Colorist and Stylist 206-578-9120

# **Transportation**

We provide door-to-door transportation to medical appointments on **Wednesdays.** We travel to appointments in the Kent, Renton, and



Auburn area.
Please note,
there is an
hourly fee for
residents who
need escorts
beyond the

front doors of the destination and should arrange it ahead of time. 2 weeks' notice is requested, but more than that will increase the likelihood of availability.

Please contact Allie Jones to schedule rides. AllieJ@CascadeLiving.com

## **Outings**

To sign up for outings, please use the "Outing" binder located at the front desk. Please note that outings are subject to change based on resident interests, requests, and weather.

Fred Meyer- <u>Every</u> Friday at 10:00 am

Dollar Tree- Monday, 05/6 at 10:00 am

**Starbucks-** Thursday, 05/09 at 1:00 pm

**Library-** *Friday, 05/10 at 2:30 pm* 

Marshalls- Monday, 05/13 at 10:00 am

Kelly Latte's- Tuesday, 05/14 at 9:30 am

Scenic Drive – Tuesday, 05/14 at 3:30 pm

**Bowling -** Thursday, *05/16 at 1:00 pm* 

**Walmart-** *Monday, 05/20 at 10:00 am* 

Lunch at Mama Stortini's- Tuesday, 05/21

at 11:45 am

Starbucks- Saturday, 05/25 at 10:00 am

Picnic @ Meridian Park – Tuesday, 05/28 at

11:30 am

Library- Wednesday, 05/29 at 2:00 pm

# **May Birthdays**

Those born between May 1–20 are Bulls of Taurus. Bulls show a steady persistence in both professional and personal endeavors. After working hard, they like to reward themselves for a job well done. If you were born between May 21–31, you are a Twin of Gemini. Geminis make communicative and lively companions. Intellectual and imaginative, they are the ones to sit near at a party.

James Brown (musician) – May 3, 1933 Gary Cooper (actor) – May 7, 1901 Don Rickles (comedian) – May 8, 1926 Joe Louis (boxer) – May 13, 1914 Cher (singer) – May 20, 1946 Ian Fleming (writer) – May 28, 1908 Mel Blanc (voice actor) – May 30, 1908

# **Good Friends Make Good Neighbors**

We take great pride in knowing how much you are enjoying the many benefits of sharing life here at Arbor Village, and we're glad you have chosen this as your home. Now you can benefit by helping us spread the word about life at Cascade! *That's right: refer a friend or family member to us and get credit toward your rent.* 

Here's how it works: When an Arbor Village resident or family member refers a potential new resident to one of our communities and that person



moves in, the referring resident will receive a \$4,000 credit on their base rent. In order to qualify, the names of the person making the

referral and the prospective resident must be given to the Executive Director or the Community Relations Director prior to the inquiry or tour. After the new resident has resided at one of our communities for 90 days, the credit is given.