

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2024

The Cottage "Zen TV"- Every day in the Living Room

<p>2:00 Gentle Stretch 2:20 Daily Chronicles 2:50 Meaningful May Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> <p><b>5</b></p> <p><small>Cinco de Mayo</small></p>	<p>10:00 Scenic Drive 2:30 Gentle Stretch 2:50 Daily Chronicle 3:00 Meaningful May Discussion 3:45 Outdoor Walk</p> <p><b>6</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>2:30 Hat Decorating</b> 3:30 Outdoor Walking Group</p> <p><b>7</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> 3:30 Walking Group</p> <p><b>1</b></p> <p><small>May Day</small></p>	<p><b>9:00 Bible Study</b> 10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>2:30 Craft w/Bobbi</b></p> <p><b>2</b></p>	<p><b>10:15 Chair Zumba</b> 11:00 Daily Chronicles 11:20 Meaningful May Discussion <b>2:30 Cinco de Mayo Social</b> 3:00 <b>Ted Talk</b> 4:00 Walking Group</p> <p><b>3</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion 2:00 Movie w/Popcorn</p> <p><b>4</b></p>
<p>2:00 Gentle Stretch 2:20 Daily Chronicles 2:50 Meaningful May Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> <p><b>5</b></p> <p><small>Cinco de Mayo</small></p>	<p>10:00 Scenic Drive 2:30 Gentle Stretch 2:50 Daily Chronicle 3:00 Meaningful May Discussion 3:45 Outdoor Walk</p> <p><b>6</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>2:30 Hat Decorating</b> 3:30 Outdoor Walking Group</p> <p><b>7</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion 10:55 Therapy Dogs <b>2:00 Music w/Monte</b> 3:30 Walking Group</p> <p><b>8</b></p> <p><small>May Day</small></p>	<p><b>9:00 Bible Study</b> 9:30 Gentle Stretch 9:50 Daily Chronicle 10:00 Meaningful May Discussion <b>10:30 Music w/ Back in the Day</b> <b>2:30 Balloons &amp; Noodles</b></p> <p><b>9</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion 10:30 Walk at Lions Field <b>2:30 Mothers Day Social</b> 3:00 <b>Ted Talk</b> 4:00 Walking Group</p> <p><b>10</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion 2:00 Movie w/Popcorn</p> <p><b>11</b></p>
<p>2:00 Gentle Stretch 2:20 Daily Chronicles 2:50 Meaningful May Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> <p><b>12</b></p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>10:00 Scenic Drive 2:30 Gentle Stretch 2:50 Daily Chronicle 3:00 Meaningful May Discussion 3:30 Walking Group</p> <p><b>13</b></p>	<p><b>10:15 Chair Yoga</b> 11:00 Daily Chronicle 11:20 Meaningful May Discussion <b>1:30 Chef Talk</b> <b>2:30 Jenga</b> 3:30 Walking Group</p> <p><b>14</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion 10:55 Therapy Dogs <b>1:00: Holy Communion</b> <b>2:30 Bingo Madness</b> 3:30 Walking Group</p> <p><b>15</b></p>	<p><b>9:00 Bible Study</b> 10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion 12:45 Armin Jahr 4<sup>th</sup> Grade Friends visit with a Project <b>4:00 Dinner Out Spiros</b> 4:00 Walking Group</p> <p><b>16</b></p>	<p><b>10:15 Chair Zumba</b> 11:00 Daily Chronicles 11:20 Meaningful May Discussion <b>2:30 Ice Cream Social</b> <b>3:00 Resident Council</b> 4:00 <b>Ted Talk</b> Or 4:00 Walking Group</p> <p><b>17</b></p> <p><small>Armed Forces Day</small></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion 2:00 Movie w/Popcorn</p> <p><b>18</b></p>
<p>2:00 Gentle Stretch 2:20 Daily Chronicles 2:50 Meaningful May Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> <p><b>19</b></p> <p><small>Victoria Day (Canada)</small></p>	<p>10:00 Scenic Drive 2:30 Gentle Stretch 2:50 Daily Chronicle 3:00 Meaningful May Discussion 3:40 Gentle Stretch 3:50 Meaningful May Discussion 4:00 I Spy Walk</p> <p><b>20</b></p> <p><small>Victoria Day (Canada)</small></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>2:30 Music w/Kristi &amp; Steve</b></p> <p><b>21</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> 3:30 Walking Group</p> <p><b>22</b></p>	<p><b>9:00 Bible Study</b> 10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>2:30 Do You Remember</b></p> <p><b>23</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion <b>2:30 Memorial Day Social</b> 3:00 <b>Ted Talk</b> 4:00 Walking Group 10:30 Walk at Blueberry Park</p> <p><b>24</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion 2:00 Movie w/Popcorn</p> <p><b>25</b></p>
<p>2:00 Gentle Stretch 2:20 Daily Chronicles 2:50 Meaningful May Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration</p> <p><b>26</b></p> <p><small>Memorial Day</small></p>	<p>10:00 Scenic Drive <b>2:30 Music w/ Fun Singers</b> 3:30 Walking Group</p> <p><b>27</b></p> <p><small>Memorial Day</small></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>2:30 May Birthday Party</b> 3:30 Birthday Funnies</p> <p><b>28</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> 3:30 Walking Group</p> <p><b>29</b></p>	<p><b>9:00 Bible Study</b> 10:00 Gentle Stretch 10:20 Daily Chronicle 10:30 Meaningful May Discussion <b>1:30 Music w/ Tom</b> 4:00 Walking Group <b>4:00 Dinner Out</b></p> <p><b>30</b></p>	<p>10:00 Gentle Stretch 10:20 Daily Chronicles 10:30 Meaningful May Discussion <b>2:30 Cheese &amp; Crackers Social</b> 3:00 <b>Ted Talk</b> 4:00 Walking Group</p> <p><b>31</b></p>	<p><b>May Birthdays</b> <b>Shirley R. 5/12</b></p> <p><b>Evening Self-lead Activities</b> <b>Thursdays @ 11AM:</b> <b>Catholic Holy Communion</b></p>

The Cottage 3210 Rickey Rd NE Bremerton, Wa 98310 (360) 373-0553 \*\*Activities Subject to Change based on residents requests & interests\*\*