

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The Willows/ Cascades of Bremerton 360-479-8522

May 2024

3201 Pine Road. NE Bremerton, Washington 98310

Tech Support/Please Sign up at the Bistro. **5**

10:00 Cribbage GL
1:00 Wii Bowling TH
1:00 Crafts PR
2:00 Mexican Train L
6:15 Movie TH

Cinco de Mayo

9:30 Body Joint Exercise FC **6**
10:00 Coffee Social GL
10:00 Cribbage B
11:00 Yoga Stretch FC
11:15 Lunch outing
2:00 Nursery
2:00 Puzzle Time FL
6:15 Movie TH

9:30 Body Joint Exercise FC **7**
10:00 Cribbage B
11:00 Strength & Balance FC
1:00 Pool and Darts SL
1:00 Wheaton Way Shopping
3:00 Blackjack
6:00 Mexican Train L

9:30 Body Joint Exercise FC **8**
10:15 Bible Study TH
11:00 Yoga Stretch FC
11:15 Therapy Dogs/Lobby
1:00 Book Club L
1:00 Wii Bowling TH
1:00 Nimble Needles FL
1:00 Spinner Dominoes GL
2:00 Chef Talk DR
3:00 Happy Hour/Monte Asken DR
6:30 Movie TH

May Day

9:30 Body Joint Exercise FC **9**
10:00 Catholic Service L
10:00 Adult Coloring PR
10:00 Silverdale Shopping
10:30 Tech Support/sign up
11:00 Strength & Balance FC
1:00 Beanbag Baseball TH
2:00 Phase 10 GL
6:30 Mexican Train L

9:30 Body Joint Exercise FC **10**
10:00 American Sign language with Katie TH
1:00 Bingo GL
2:00 Wii Bowling TH
3:00 Social Hour
6:15 Movie TH
6:30 Phase 10 L

9:30 Body Joint Exercise FC **11**
10:00 Cribbage GL
11:00 Adult Coloring GL
1:00 Wii Bowling TH
2:00 Sequence GL
3:00 Crafts PR
6:15 Movie TH

Tech Support/Please Sign up at the Bistro. **12**
11:30/12:30/1:30 Brunch
10:00 Cribbage GL
1:00 Wii Bowling TH
1:00 Crafts PR
2:00 Mexican Train L
6:15 Movie TH

Mother's Day
National Skilled Nursing Care Week

9:30 Body Joint Exercise FC **13**
10:00 Coffee Social GL
10:00 Cribbage B
11:00 Yoga Stretch FC
1:00 Casino
2:00 Puzzle Time FL
6:15 Movie TH

9:00 Golden Years Series **14**
Breakfast in the Dining Room
10:00 Cribbage B
10:00 Donuts with Jeff B
11:00 Strength & Balance FC
1:00 Ladder Ball outside
1:00 Wheaton Way Shopping
3:00 Farkle GL
6:00 Mexican Train L

9:30 Body Joint Exercise FC **15**
10:15 Bible Study TH
11:00 Yoga Stretch FC
11:15 Therapy Dogs
1:00 Wii Bowling TH
1:00 Nimble Needles FL
1:00 Spinner Dominoes GL
2:00 Town Hall DR
3:00 Happy Hour/Nebals DR
6:15 Movie TH

9:30 Body Joint Exercise FC **16**
10:00 Catholic Service L
10:00 Adult Coloring PR
10:00 Blood Pressure check B
11:00 Strength & Balance FC
1:00 Beanbag Baseball TH
2:00 Phase 10 GL
6:30 Mexican Train

9:30 Body Joint Exercise FC **17**
10:00 American Sign language with Katie TH
1:00 Bingo GL
2:00 Wii Bowling TH
3:00 Social Hour
6:15 Movie TH
6:30 Phase 10 L

9:30 Body Joint Exercise FC **18**
10:00 Cribbage GL
11:00 Adult Coloring GL
12:30 Baking PR
1:00 Wii Bowling TH
2:00 Sequence GL
6:15 Movie TH

Armed Forces Day

Tech Support/Please Sign up at the Bistro. **19**
10:00 Cribbage GL
1:00 Wii Bowling TH
1:00 Crafts PR
2:00 Mexican Train L
6:15 Movie TH

Foot care Call 360 876 1612 **20**
9:30 Body Joint Exercise FC
10:00 Coffee Social GL
10:00 Cribbage B
11:00 Yoga Stretch FC
11:15 Lunch outing
1:45 Albers Marcovina Gardens
2:00 Puzzle Time FL
6:15 Movie TH

9:30 Body Joint Exercise FC **21**
10:00 Cribbage B
11:00 Strength & Balance FC
1:00 Pool and Darts SL
1:00 Wheaton Way Shopping
3:00 Poker GL
6:00 Mexican Train L

9:30 Body Joint Exercise FC **22**
10:15 Bible Study TH
11:00 Yoga Stretch FC
11:15 Therapy Dogs
1:00 Wii Bowling TH
1:00 Nimble Needles FL
1:00 Spinner Dominoes GL
3:00 HHw/Lucas Music DR
6:15 Movie TH

9:30 Body Joint Exercise FC **23**
10:00 Catholic Service L
10:00 Adult Coloring PR
10:00 Silverdale Shopping
10:00 Blood Pressure check B
11:00 Strength & Balance FC
1:00 Beanbag Baseball TH
2:00 Phase 10 GL
6:30 Mexican Train

9:30 Body Joint Exercise FC **24**
10:00 American Sign language with Katie TH
1:00 Bingo GL
2:00 Wii Bowling TH
3:00 Social Hour
6:15 Movie TH
6:30 Phase 10 L

9:30 Body Joint Exercise FC **25**
10:00 Cribbage GL
11:00 Adult Coloring GL
1:00 Wii Bowling TH
2:00 Sequence GL
3:00 Crafts PR
6:15 Movie TH

Tech Support/Please Sign up at the Bistro. **26**
10:00 Cribbage GL
1:00 Wii Bowling TH
1:00 Crafts PR
2:00 Mexican Train L
6:15 Movie TH

9:30 Body Joint Exercise FC **27**
10:00 Coffee Social GL
10:00 Cribbage B
11:00 Yoga Stretch FC
1:00 Casino
2:00 Puzzle Time FL
6:15 Movie TH

9:30 Body Joint Exercise FC **28**
10:00 Cribbage B
11:00 Strength & Balance FC
1:00 Ladder ball outside
1:00 Wheaton Way Shopping
3:00 Wheel of Fortune TH
6:00 Mexican Train L

9:30 Body Joint Exercise FC **29**
10:00 Eyeglass Clinic B
10:15 Bible Study TH
11:00 Yoga Stretch FC
11:15 Therapy Dogs
1:00 Wii Bowling TH
1:00 Nimble Needles FL
1:00 Spinner Dominoes GL
3:00 Happy Hour/Marty TH
6:15 Movie TH

9:30 Body Joint Exercise FC **30**
10:00 Catholic Service L
10:00 Adult Coloring PR
11:00 Strength & Balance FC
11:30 Ambassador Lunch DR
1:00 Beanbag Baseball TH
2:00 Activity Meeting TH
3:00 Birthday Welcome Party DR
6:30 Mexican Train L

9:30 Body Joint Exercise FC **31**
10:00 American Sign language with Katie TH
1:00 Bingo GL
2:00 Wii Bowling TH
3:00 Social Hour
6:15 Movie TH
6:30 Phase 10 L

FC Fitness Center (3rd Floor)
GL Game lounge (3rd Floor)
B Bistro (3rd Floor)
TH Town Hall (3rd floor)
PR Project room (3rd floor)
FL Fireside Lounge (2nd floor)
SL Sports Lounge (3rd)

Memorial Day