

# Cascades of Chesterley

May 2024

1100 N 35th Ave Yakima WA 98902 | Any Questions regarding this Newsletter please contact Yadi or Faith at (509) 452-1010



## Residents Birthdays

- Nancy 5th
- Mayra 16th
- Stephanie 22nd
- Tonie 24th
- Cris 27th

A wish for you guys on your birthday, "Whatever you ask may you receive, whatever you seek may you find, whatever you wish be it be fulfilled on your birthday and always."

## Employees Birthdays

- Scott W. 15th
- Joan L. 18th
- Jim M. 21st

"Wishing you guys a great birthday and a memorable year. Hoping your birthdays Bring you guys many happy reasons to Celebrate."



## Celebrating May

Arthritis Awareness Month

Older Americans Month

Be Kind to Animals Week  
May 5-11

Backyard Games Week  
May 20-26

Miniature Golf Day  
May 11

Mother's Day  
May 12

International Tea Day  
May 21

Senior Health and Fitness Day  
May 29

## Meet Our Team

Executive Director:  
- Virginia

Business Office Director:  
- Laynie  
- Christina

Wellness Director Nurse:  
- Dawn

Part-Time Nurse:  
- Mayra

Memory Care Director:  
- Stephanie

Resident Care Coordinator:  
- Christina

Community Relations Director:  
- Emily

Life Enrichment Director:  
- Yadi

Dietary Specialist:  
- Sarah

Plant Operations Director:  
- David

Concierge/Front Desk:  
- Emanuel

Weekend Concierge/Front Desk:  
- Kenia



# Outings / Special Dates of The Month

**May 1<sup>st</sup>**  
10:30-3:00 Decorating Day

**May 2<sup>nd</sup>**  
1:00-2:30 Hand Massage

**May 3<sup>rd</sup>**  
1:00-2:00 Nail Spa Time

**May 4<sup>th</sup>**  
1:00-2:00 Fireproof (Movie)

**May 5<sup>th</sup>**  
12:00-1:00 Cinco De Mayo Celebration

**May 7<sup>th</sup>**  
10:00-2:30 Cooking with George (Enchiladas and Potato Salad)

**May 8<sup>th</sup>**  
1:00-3:00 Dollar Tree Outing

**May 9<sup>th</sup>**  
11:00 Flute Trio Performance by Sandy Rikerd

12:00-1:00 Mothers Tea Family Day Social

3:00 Performance by Gary MC side

**May 10<sup>th</sup>**  
2:00 Pet Therapy

3:00 Root Beer Float Time

**May 11<sup>th</sup>**  
1:00-2:00 Cookie Baking Time

**May 14<sup>th</sup>**  
2:00-3:00 Happy Hour / Snackcrate

**May 15<sup>th</sup>**  
1:00-3:00 Grocery Outlet Outing

**May 16<sup>th</sup>**  
12:00-1:00 BBQ Social  
2:30 CHEF Talk with Sarah

**May 17<sup>th</sup>**  
12:00-1:00 Pizza Social Day

**May 18<sup>th</sup>**  
1:00-2:00 Cookie Baking Time

**May 21<sup>st</sup>**  
8:00-10:30 Jeans Cottage Inn Breakfast outing  
3:30 Yakima Library Visit

**May 23<sup>rd</sup>**  
1:00-4:00 Casino outing  
3:00 Performance by Gary AL side

**May 25<sup>th</sup>**  
1:00-2:00 Cookie Baking

**May 29<sup>th</sup>**  
1:00 Resident Council Meeting  
2:00 Decor Clean-up Day  
3:00 Auction!

**May 30<sup>th</sup>**  
12:00-1:00 BBQ Social  
2:00-4:00 Decor Clean-up Day

**Bus Outing**

Bus Outing Binder Will be at the Informational table. Please take a look and sign-up to any outings you may be interested in to secure your spot!

**Sunday:** Every Sunday we have Sunday Service Available to you at 3pm in Life Enrichment Center (Activity room).  
\*Don't be late

**Monday:** Every Monday you have Independent Resident Council at 1pm. If you would like myself or any staff member to join you, you must request it ahead of time. Thank you!

**Wednesday:** Every Wednesday Bible Study is Available to you at 10:30 AM in Life Enrichment Center.

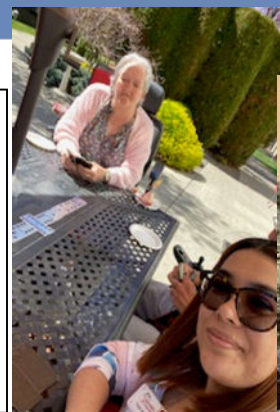
**Saturday:** Every other Saturday we have Zumba Available to you at 10:00 AM in Memory Care Side. If you wish to attend, please ask for assistance.

**Cascade Bucks**

Exercise is worth 5 Cascade bucks, it starts at 9:30 am. Come join us and earn some Cascade money. Don't be late!

Any Game or Activity that is in the calendar is worth \$1 Cascade Buck, except for Bingo

You do not get paid for Happy Hour, Outings and BINGO



You are invited to a *Mother's Day Tea Social*

Hosted by "Cascades of Chesterley"

May 9th 12-1pm | 1100 north 35th ave, Yakima, WA 98902  
Please RSVP at: (509)452-1010

*Krystal B's* HAIR SALON

**OUR SERVICES**

- Women's haircuts \$20
- Women's haircut with style \$28
- Men's Haircuts \$15
- Beard & eyebrow clean up \$5
- Perms includes haircut and style \$65
- Color includes haircut and style \$70

**Payment is due at the time of service Thank you!**

Tuesday's 1pm to 3pm  
Schedule Is Subject To Change