

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>9:30 Morning Stretch 1 10:30 Resident Led Quiddler 2:00 Tim Biggs on Guitar 6:00 Game: Residents' Choice</p> <p>April Fool's Day</p>	<p>9:30 Morning Exercise 2 1:30 Balloon Swat 2:30 Creative Coloring 6:00 Movie: <i>Damsel</i> (NF)</p>	<p>9:30 Chair Fitness 3 w/Paul Eugene on YouTube 10:30 Resident Led Help Your Neighbor 2:00 Gus Russel on Piano 6:00 Resident Led Card Game</p> <p>Find a Rainbow Day</p>	<p>10:30 Resident Led Quiddler 4 1:30 Resident Led Toss & Talk 4:30 Happy ½ Hour 6:00 <i>Star Trek: Strange New Worlds</i> (S2E9)(P+)</p>	<p>9:30 Exercise w/Kristy 5 10:30 Discussion: What Determines Who You Are 1:30 Craft: Melted Art 3:00 Bingo 6:00 Resident Game: Help Your Neighbor</p>	<p>9:30 Chair Fitness 6 w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 2:00 Movie & Popcorn: <i>The Sting</i> (NF) 6:00 Game: Residents' Choice</p>
<p>9:30 Exercise w/Rita 7 10:30 NEW: Support Group 2:00 Barbershop Harmony Quartet 4:00 New Resident Meet & Greet 6:00 Documentary: <i>Miss Americana: Taylor Swift</i> (NF)</p> <p>Leonard's Birthday</p>	<p>9:30 Morning Stretch 8 10:15 Shopping: Bi-Mart 2:00 Activity Planning for March 4:00 Bingo 6:00 Game: Residents' Choice</p> <p>Leonard's Birthday</p>	<p>9:30 Chair Dance Fun 9 10:15 DIY Nail Spa 1:30 Dominos 2:30 Craft: Painted Mugs 6:00 Movie: <i>Lift</i> (NF)</p>	<p>10:30 Yoga/Tai Chi w/Chandra 10 1:00 Scenic Drive: Hendricks Park 4:00 Willamette Violin Academy 6:00 Resident Led Card Game</p>	<p>10:30 Resident Led Quiddler 11 1:15 Afternoon Stretch 2:00 Afternoon Presentation 4:30 Happy ½ Hour 6:00 <i>Star Trek: Strange New Worlds</i> (S2E10)(P+)</p> <p>National Pet Day</p>	<p>9:30 Exercise w/Johonna 12 10:30 Scrabble 1:30 Paint a Pot, Plant a Seed 3:00 Texas Hold 'Em 6:00 Resident Game: Help Your Neighbor</p>	<p>9:30 Chair Fitness 13 w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 2:00 Movie & Popcorn: <i>Poms</i> (NF) 6:00 Game: Residents' Choice</p>
<p>9:30 Chair Fitness 14 w/Paul Eugene on YouTube 9:45 Outing: Florence 2:00 Sunday Movie: <i>The Miracle Club</i> (NF) 6:00 Documentary: <i>Planet of the Birds</i> (NF)</p>	<p>9:30 Morning Stretch 15 9:45 Shopping: Winco 2:00 Annette & Harold Perform 3:30 Texas Hold 'Em 6:00 Game: Residents' Choice</p>	<p>9:30 Chair Dance Fun 16 10:30 Craft: Spring Door Hanging 1:30 20 Questions 2:30 Rummikub 6:00 Movie: <i>St. Vincent</i> (NF)</p>	<p>9:30 Morning Meditation 17 11:15 Outing: Campbell Center 2:30 Mid-Week Matinee: <i>Queen Bees</i> (NF) 6:00 Resident Led Card Game</p>	<p>10:30 Resident Led Quiddler 18 1:15 Afternoon Stretch 2:00 Timothy Patrick on Guitar 4:30 Happy ½ Hour 6:00 <i>Star Trek: Strange New Worlds</i></p>	<p>9:30 Exercise w/Kristy 19 10:30 Tray Painting 1:30 World Religions 3:00 Bingo 6:00 Resident Game: Help Your Neighbor</p>	<p>9:30 Chair Fitness 20 w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 2:00 Movie & Popcorn: <i>Mamma Mia</i> (NF) 6:00 Game: Residents' Choice</p>
<p>9:30 Exercise w/Rita 21 10:30 Craft: Mushroom Garden Pt. 1 2:00 Vocalist Sara Scofield 4:00 Storytelling 6:00 Documentary: <i>America's Heart & Soul</i> (D+)</p>	<p>9:30 Morning Stretch 22 10:15 Shopping: Trader Joe's 2:00 Airplane Build & Race 4:00 Bingo 6:00 Game: Residents' Choice</p> <p>Earth Day</p>	<p>9:30 Chair Dance Fun 23 10:30 Craft: Mushroom Garden Pt. 2 1:30 The Science of Emotions 2:30 Toss & Talk 6:00 Movie: <i>Shirley</i> (NF)</p>	<p>9:30 Morning Meditation 24 10:30 Hot Seat 2:30 Mid-Week Matinee: <i>Nyad</i> (NF) 4:30 Happy ½ Hour 5:00 Family & Friends Buffet</p> <p>Penelope's Birthday Administrative Professionals Day</p>	<p>10:30 Resident Led Quiddler 25 1:15 Afternoon Stretch 2:00 Art w/Pani 4:00 Hot Seat 6:00 <i>Star Trek: Strange New Worlds</i></p>	<p>9:30 Exercise w/Johonna 26 10:30 Hangman 1:30 Religion vs Spirituality 3:00 Texas Hold 'Em 6:00 Resident Game: Help Your Neighbor</p>	<p>9:30 Chair Fitness 27 w/Paul Eugene on YouTube 11:00 Spiritual Services on YouTube 2:00 Movie & Popcorn: <i>Journey to Bethlehem</i> (NF) Game: Residents' Choice</p>
<p>9:30 Exercise w/Rita 28 10:30 Tile Painting 1:30 Outing: St Vinnie's 4:00 FETCH Visit 6:00 Documentary: <i>Hack Your Health</i> (NF)</p>	<p>9:30 Morning Stretch 29 10:15 Shopping: Safeway 2:00 Resident Council 3:30 April Birthdays Celebration 6:00 Game: Residents' Choice</p>	<p>9:30 Chair Dance Fun 30 10:30 Discussion: Loss of Independence 1:00 Resident Food Council 2:00 Balloon Swat 6:00 Movie: <i>Kodachrome</i> (NF)</p>				

Please remember, all bus outings require sign-up in advance!
Activities are hosted in the lounge unless otherwise indicated.
Every effort is made to fulfill all calendar events; however, activities could be subject to change.

Movie descriptions will be listed on the daily schedule posted at front desk.