




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>April Fools' Day 1</b> 9:00 Walk & Joke Around with Roger (FE) 10:00 Chair Yoga LEAP Fitness YouTube (B) 1:00 Bingo with Julie and Bryan Brighton Health (AR) 2:00 Let's Play Pip with Pat (B) 3:00 Nine Letter Puzzle (B) 4:00 MLB Regular Season Games (B) 5:00 Netflix Travel Series: (TR) SOMEBODY FEED PHIL Season 7	<b>National Peanut Butter &amp; Jelly Day 2</b> 9:00 Coffee and PB&J at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Group Puzzles at the Bistro: NAMES 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Walmart 5:00 Netflix Mystery Series: THE SIGNAL (TR)	<b>Ice Cream Sundae Day 3</b> 9:00 Coffee and News at the Bistro 10:00 Chair Dancing Fitness (B) 10:30 Our Weekly Dose of Trivia (B) 1:00 BINGO at the Activity Room 2:00 Poker Games with Larry (B) 3:00 Springtime Karaoke with Carol (B) *Serving Ice Cream Sundaes* 5:00 Netflix Nature Series: LIFE in COLOR	<b>National Burrito Day 4</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Springtime Gardening with Carol (BP) 1:00 BINGO at the Activity Room 2:00 Painting with Numbers with Carol (B) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Adventure Movies: MATILDA The Musical (TR)	<b>Nat'l Deep Dish Pizza Day 5</b> 9:00 Coffee and News at the Bistro 9:30 Mindfulness Meditation (B) 10:00 Outing to The Mob Museum 12:00 Foodie Run to Amore Pizzeria 2:00 Easy Amigurumi with Connie (B) 3:00 Scrabble Club with Roger (B) 5:00 Netflix Funny TV Series: RESIDENT ALIEN (TR)	<b>Caramel Popcorn Day 6</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Weekly Bible Verse Sharing (B) 1:00 BINGO at the Activity Room 3:00 Birthday Bash w/ Michael Sara (LR) *Serving Birthday Cake and Drinks* 5:00 Hulu's Weekend Featured Series: SHOGUN- Episode One & Two
<b>National Library Week Starts 7</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Large Word Find Puzzles (B) 2:00 Netflix Documentaries: The Mind Explained (TR) 3:00 RVing with Travelling Robert (B) 5:00 Netflix Classic Comedies: Something's Gotta Give (TR)	<b>Partial Solar Eclipse Day 8</b> 9:00 Walking Club with Roger (FE) 10:00 Chair Yoga LEAP Fitness YouTube (B) 1:00 Bingo with Eileen from Comfort Home Health (AR) 2:00 Let's Play Pip with Pat (B) 3:00 Nine Letter Puzzle (B) 4:00 MLB Regular Season Games (B) 5:00 Netflix Travel Series: (TR) SOMEBODY FEED PHIL Season 7	<b>National Antiques' Day 9</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Weekly Trivia at the Bistro 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Sprouts 5:00 This Week's Feature: Antiques Roadshow (TR)	<b>National Sibling's Day 10</b> 9:00 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 1:00 BINGO at the Activity Room 2:00 Poker Games with Larry (B) 3:00 Life's Journey with Monica (B) *Serving Wine, Cheese & Crackers* 5:00 Netflix Nature Series: LIFE in COLOR	<b>National Pet Day 11</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Springtime Gardening with Carol (BP) 1:00 BINGO at the Activity Room 2:00 Cookie Tasting with Abraham (B) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Adventure Movies: The Wonderful Story of Henry Sugar	<b>Scrabble Day 12</b> 9:00 Coffee and News at the Bistro 9:30 Mindfulness Meditation (B) 10:00 Outing at the Red Rock Casino 2:00 Scrabble Club with Roger (B) 2:00 Easy Amigurumi with Connie (B) 3:00 Shopping at the 99 Cents Store 5:00 Netflix Funny TV Series: RESIDENT ALIEN (TR)	<b>Plant Appreciation Day 13</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Weekly Bible Verse Sharing (B) 1:00 BINGO at the Activity Room 2:30 Simple Manicures with Carol (AR) 3:00 Travel RVing with Robert (B) 5:00 Hulu's Weekend Featured Series: SHOGUN- Episode Three & Four
<b>National Gardening Day 14</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Large Word Find Puzzles (B) 2:00 Netflix Documentaries: The Mind Explained (TR) 3:00 RVing with Travelling Robert (B) 5:00 Netflix Classic Comedies:: Annie (TR)	<b>Jackie Robinson Day 15</b> 9:00 Walking Club with Roger (FE) 10:00 Chair Yoga LEAP Fitness YouTube (B) 1:00 Bingo with Danielle from Covenant Health (AR) 2:00 Let's Play Pip with Pat (B) 3:00 Nine Letter Puzzle (B) 4:00 MLB Regular Season Games (B) 5:00 Netflix Travel Series: (TR) SOMEBODY FEED PHIL Season 7	<b>DoorStep Dental Day 16</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Weekly Trivia at the Bistro 1:00 Weekly Menu Meeting (DR) 1:10 Tea Tasting with Chef Celeste (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Albertson's 5:00 Netflix Mystery Series: THE SIGNAL (TR)	<b>Banana Day 17</b> 7:00 Monthly Signature Breakfast (DR) 10:00 Chair Dancing Fitness (B) 10:30 Our Weekly Dose of Trivia (B) 1:00 BINGO at the Activity Room 2:00 Poker Games with Larry (B) 3:00 Springtime Karaoke with Carol (B) *Serving Banana Splits* 5:00 Netflix Nature Series: LIFE in COLOR	<b>Monuments and Sites Day 18</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Tammie (B) 1:00 BINGO at the Activity Room 2:00 Fruit Smoothies with Danielle from Covenant Health (B) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Adventure Movies: The Rat Catcher (TR)	<b>National Garlic Day 19</b> 9:00 Coffee and News at the Bistro 10:00 Mindfulness Meditation (B) 1:00 BINGO in the Activity Room 2:00 Easy Amigurumi with Connie (B) 2:00 Scrabble Club with Roger (B) 3:00 Shopping with Roger to Smith's 5:00 Netflix Funny TV Series: RESIDENT ALIEN (TR)	<b>Record Store Day 20</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Weekly Bible Verse Sharing (B) 1:00 BINGO at the Activity Room 3:00 Happy Hour w/ Donna Lynne (B) *Serving Drinks & Snacks* 5:00 Hulu's Weekend Featured Series: SHOGUN- Episode Five & Six
<b>Kindergarten Day 21</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Large Word Find Puzzles (B) 2:00 Netflix Documentaries: The Mind Explained (TR) 3:00 RVing with Travelling Robert (B) 5:00 Netflix Classic Comedies: The Burbs (TR)	<b>Earth Day 22</b> 9:00 Walking Club with Roger (FE) 10:00 Chair Yoga LEAP Fitness YouTube (B) 1:00 Bingo with Heather from Enhabit Health (AR) 2:00 Let's Play Pip with Pat (B) 3:00 Nine Letter Puzzle (B) 4:00 MLB Regular Season Games (B) 5:00 Netflix Travel Series: (TR) SOMEBODY FEED PHIL Season 7	<b>Movie Theatre Day 23</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Weekly Trivia at the Bistro 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Smith's 5:00 Netflix Mystery Series: THE SIGNAL (TR)	<b>Spanish Language Day 24</b> 9:00 Coffee and News at the Bistro 10:00 Chair Dancing Fitness (B) 10:30 Our Weekly Dose of Trivia (B) 1:00 Monthly Loteria with Ericka (AR) 2:00 Poker Games with Larry (B) 3:00 Wine Down Wednesday at the Bistro *Serving Wine, Cheese & Crackers* 5:00 Netflix Nature Series: LIFE in COLOR	<b>New Orleans Jazz Fest 25</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Springtime Gardening with Carol (BP) 1:00 BINGO at the Activity Room 2:00 Let's Make Our Personal Pizza (CK) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Adventure Movies: The Wonderful Story of Henry Sugar and Three More (TR)	<b>Alien Day 26</b> 9:00 Coffee and News at the Bistro 10:00 Balance Training (LR) 11:00 Foodie Run to Crazy Buffet 2:00 Scrabble Club with Roger (B) 2:00 Easy Amigurumi with Connie (B) 3:00 Shopping at The Dollar Tree 5:00 Netflix Funny TV Series: RESIDENT ALIEN (TR)	<b>Babe Ruth Day 27</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Weekly Bible Verse Sharing (B) 1:00 BINGO at the Activity Room 2:30 Simple Manicures with Carol (AR) 3:00 Travel RVing with Robert (B) 5:00 Hulu's Weekend Featured Series: SHOGUN- Episode Seven & Eight
<b>Blueberry Pie Day 28</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Large Word Find Puzzles (B) 2:00 Netflix Documentaries: The Mind Explained (TR) 3:00 RVing with Travelling Robert (B) 5:00 Netflix Comedy Movie: Front Page (TR)	<b>International Dance Day 29</b> 9:00 Walking Club with Roger (FE) 10:00 Chair Yoga LEAP Fitness YouTube (B) 1:00 Bingo with Julie and Bryan Brighton Health (AR) 2:00 Let's Play Pip with Pat (B) 3:00 Nine Letter Puzzle (B) 4:00 MLB Regular Season Games (B) 5:00 Netflix Travel Series: (TR) SOMEBODY FEED PHIL Season 7	<b>National Raisin Day 30</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Weekly Trivia at the Bistro 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Island Pacific 5:00 Netflix Mystery Series: THE SIGNAL (TR)				L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FE = Front Entrance

**Heritage Springs Assisted Living Events** **All Activities Subject to Change by the Life Enrichment Director**